



## **Weekly Bulletin**

### **Sunday 16<sup>th</sup> November**

#### **Building Blocks**



When I used to lead lunch clubs in schools, one of my favourite games to play with Students was Jenga, the block building tower game, where you've to remove a block on your turn and add it to the top. The reason I liked it, was that I could make the game more difficult for myself by imposing rules on myself, without making it harder for the students, e.g. always take the lowest block available, only use one hand, etc.. I think I played a lot of Jenga, I got pretty good at it, so it was nice to still be able to keep the game interesting for myself!

Anyway, I think Jenga is a great analogy for how we interact with others. One negative or hurtful comment towards someone is all it takes for the tower to come tumbling down. And even if a person doesn't crumble, it can leave them full of holes. It can take a long time to build a person up again, and it has to be done, brick by brick. And though each brick may not make that much difference to a person's life, the tower may not become that much taller, but after a while, and if we work together, we can build each other up to be bigger and stronger than before.

James tells us in his letter he writes to "the twelve tribes of Israel": James 3:5-6<sup>5</sup> Likewise, the tongue is a small part of the body, but it makes great boasts. Consider what a great forest is set on fire by a small spark.<sup>6</sup> The tongue also is a fire, a world of evil among the parts of the body. It corrupts the whole body, sets the whole course of one's life on fire, and is itself set on fire by hell.

So, in the world of turmoil, we seem to find ourselves in. In a world that seems so full of words of hatred and violence towards each other, I ask you to join me in considering the words we use when we talk to others, and choose to use them for the good of each other, to build each other up, rather than to knock each other down.





**Penrith**

**10.30am** ~ Morning Communion – Rev Julia Reid  
Readings: James 2:14-26; 1 John 3:16-24

**Skelton**

**10.30am** ~ Morning Worship – Mrs Carolyn Dickinson

**Stainton**

**10.30am** ~ Morning Worship – Miss Kathleen Williamson

**Cottage Wood Centre**

**3pm** ~ Afternoon Worship – Rev Julia Reid

**Alston Moor**

**11am** ~ Morning Communion – Mr Dean Lawson

**Langwathby**

**11am** ~ Morning Communion – Rev Ros Watson

*There are alternative Anglican services available.*

*For details, please see the EEMC website: [www.eastofedenmc.org.uk](http://www.eastofedenmc.org.uk)*



## **Monday 17<sup>th</sup> November**

**9.25am** ~ Monday Walks – Meet outside PMC

**2pm** ~ Bible Fellowship – Skelton Methodist Church

**6pm** ~ Choral Group – Sandgate/PMC

**7pm** ~ Carols by Candlelight Rehearsal – Church/PMC

**7.30pm** ~ Zoom Prayer Meeting –

*All are welcome to join, please use the Meeting ID below,*

*Meeting ID: 955 474 1253*

*Password: 2YaB4F*

**7.30pm** ~ Penrith Music Club Concert – Church/PMC

## **Tuesday 18<sup>th</sup> November**

**10am** ~ Morning Communion – Rev Julia Reid – Church/PMC

**10am** ~ 'He Brews' Coffee Club – Gamblesby Methodist Chapel

**1.30pm** ~ Prayer Meeting – Church/PMC

**7pm** ~ Blencow HG – The Hollies, Blencow (*We meet twice monthly at 7pm on a Tuesday. Contact Steve on 07711 088448 for further details.*)

**7pm** ~ Omega House Group – Sunningdale, Stainton

**7.30pm** ~ Junior Youth Club – Ullswater/PMC

## **Wednesday 19<sup>th</sup> November**

**10am** ~ 3C's – Cottage Wood Centre

**1.30pm** ~ Wednesday Get Together - Skelton Methodist Church

**2pm** ~ Langwathby Community Fellowship – Langwathby Methodist Chapel

**7.30pm** ~ Living Room HG, contact Morgan for details

## **Thursday 20<sup>th</sup> November**

**10.15am** ~ Meeting Point – Langwathby Methodist Chapel

**2pm** ~ Parklands HG – Upper Link/PMC

**7.15pm** ~ Fellside HG (*Contact Ange at 07808 801229 for more details*)

**7.30pm** ~ Thornton HG – (*Contact Charlie for info at 07846 597163/cfthornton1@aol.com*)

## **Friday 21<sup>st</sup> November**

**12 noon** ~ Lunch Club – Ullswater/PMC

## **Sunday 23<sup>rd</sup> November**

**Penrith: 10.30am** Morning Worship – Mr Morgan Tebb-Roger

**Skelton: 10.30am** Members Service

**Stainton: 10.30am** Morning Worship – Rev Julia Reid

**Cottage Wood: 3pm** Afternoon Worship – Mr Dean Lawson

**Alston Moor: 11am** Morning Worship – Rev Mary Elliot

**Gamblesby: 10am** Little Acorns

**2pm** Afternoon Communion – Rev Ros Watson

**Kirkoswald: 10am** Morning Worship – Mrs Lois Morton

## Penrith Music Club – Prince Bishops Brass

**Monday 17<sup>th</sup> November at 7.30pm at PMC**

Hailed as the North East's premier brass ensemble, Prince Bishop's Brass will be making a welcome return to Penrith in the third of Penrith Music Club's current season of concerts. Based in Durham, they perform a wide range of music from Baroque and Renaissance to upbeat jazz and swing, bringing a wealth of musical experience to their performances.

The concert opens with a Fanfare by Dukas and includes music from the Renaissance and Baroque periods by Jeremiah Clarke, Giovanni Gabrieli and J.S.Bach, as well as arrangements of music from Aaron Copland's Rodeo and Leonard Bernstein's West Side Story. Two of the greatest pieces in the contemporary brass ensemble repertoire, Bramwell Tovey's toe-tapping Santa Barbara Sonata and Victor Ewald's Quintet, complete the programme.

Tickets are £20 in advance or at the door (£5 for students)

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### **Watch out, Christmas is just around the corner!**

As a church we want to celebrate that a tiny baby was brought into the world in desperate times with elements of poverty and violence, not too different to the state of the world today. That small child became the centre of our faith today.

As is our tradition we like to decorate the church in a way that brings joy and inspiration to our church family and the local community. We need some help to achieve this:

1. We need inspiration for a scheme that achieves all that we represent.
2. We need willing workers to help achieve this.

Please if you have any ideas and or you are motivated to help make the church an inspirational and welcoming space, to see us over Advent and the Christmas period.

Please speak to Anne MacDonald, Ruth Gardiner or Helen Brunskill if you feel you can help.



# Another Weigh to Shop



How zero waste shops work and why  
we need them.

A talk by Scott Jackson, the manager  
of Another Weigh, Penrith.

7.30pm, Friday 14<sup>th</sup> November.  
At the Quaker Meeting House,  
Penrith.



Visit our website  
for more info.  
[www.penrithact.org.uk](http://www.penrithact.org.uk)



Another Weigh

Book here



## Christmas Gift Bag Appeal

Can you give a financial donation to the CAP Eden  
District Christmas Appeal?

Give our clients a Christmas gift of vouchers for groceries, an  
Argos voucher for children's presents and Christmas treats

Donations will help support clients who are working with the debt centre

Giving Instructions: Bank transfers can be made to: Sort code 20-66-97  
Account No 83540006

Please use reference 'CAP Blessing 2025'

Cheques can be paid to Penrith Methodist Church General CAP account

PMC Church Office, Wordsworth St, Penrith, CA11 7QY



Deadline for donations Sunday 23<sup>rd</sup> November



# WE WELCOME ALL TO A VIGIL FOR PEACE



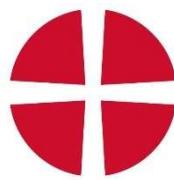
**SUNDAY 16<sup>TH</sup> NOV 2025 4.30pm**

FRIENDS MEETING HOUSE  
MEETING HOUSE LAND  
PENRITH CA11 7TR

We will meet in the Meeting House Garden  
with the Meeting House available if wet

Refreshments available afterwards

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## Advanced Safeguarding Course

There is an in-person Advanced Safeguarding Course at PMC on **Saturday 29<sup>th</sup> November**, from 10am until 3:30pm. Please remember you need to renew your advanced safeguarding within 4 years of your last Advanced certificate or you will need to begin again with Foundation level.

In-person courses are not very frequent, so please do book onto the course on the **29<sup>th</sup> November** if this is your preferred mode of training and your existing certificate is coming due for renewal...or you feel that Advanced Safeguarding is necessary for your role and you've already completed the Foundation course.

The booking link is : [NWED - Advanced Safeguarding Training | Eventbrite](https://www.eventbrite.co.uk/e/nwed-advanced-safeguarding-training-tickets-53007000007)



## LANGWATHBY COMMUNITY FELLOWSHIP

Wednesday 19<sup>th</sup> November at 2pm

*Christmas Crafts with Gordon Edgar*

*followed by refreshments*

**This is an Open Meeting – Everyone is welcome!**



## “Meeting Point”

**Come for Coffee & Conversation!**

Langwathby Chapel

from 10.15 – 11.45, Thursday, 20<sup>th</sup> November

**Visitors welcome!**

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**JOIN US FOR:**  
**A PRE-FESTIVAL EVENING**

20.11.25 | 7PM | STRICKLANDGATE CHURCH

**MEET THE TEAM | PRAY | EAT**

TO REGISTER, CONTACT DAVID AT:  
[REVDLDAVIDNEWLOVE@GMAIL.COM](mailto:REVDLDAVIDNEWLOVE@GMAIL.COM)

**The Methodist Church**

A team from around the Connexion and some from our Circuit will be hosting a space at the Kendal Mountain Festival (21st-23rd November). We are creating space for you to meet some of the team, pray for the festival and eat together the night before. It will be an opportunity for us to hear about how we can engage at festivals and shows and start to think about where else we can do this in Cumbria. Please get in touch with David if you would like to join us.



### Carols by Candlelight - "The Light We Carry"

Would you like to be part of this year's *Carols by Candlelight*?

Our Christmas service, "**The Light We Carry**," will be held on **Friday, 12 December at 7pm** at Penrith Methodist Church — a beautiful evening of music, reflection, and community.

Everyone is welcome to join the choir — **no matter your vocal ability!**  
We'll be practicing on **Monday evenings, 7-8pm, starting in November.**

Come and share in the joy of the season as we celebrate the Light that shines in all of us.

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### Christmas is Coming

On Friday 5th December the flower team are meeting at 6pm to decorate the Church for Christmas and would welcome any help to transform our church.

No flower arranging skills required only a willingness to take part.

Please come along you will be most welcome.

The ministry of flowers has been a very important part of our Church's outreach. Following the beautiful flower arrangements being enjoyed by our congregation on Sundays and Tuesdays the flowers are distributed to those who are ill, bereaved or celebrating some event.

However we are very short of volunteers to help give out the flowers and would greatly appreciate some help with this task.

We generally work the rota on a monthly basis but if anyone is willing to help in any way we would be most grateful.

For further details please contact Anne or Ruth.



## Thank You!

A big THANK YOU to all who supported the Christmas Coffee Morning in whatever way – baking, making cards and gifts, helping on stalls and coming to share in the happy and successful event, enjoying refreshments, sharing fellowship with friends and supporting the work at PMC and Fair Trade.

So far the profits are over £500 – a wonderful amount.

Again - many thanks.

*Heather*



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### Easy Eco Tip – November:

#### **Measure your carbon footprint.**

Take an audit of your individual or household carbon footprint and repeat each year to see if you can reduce it! There are lots of ways to do this, from switching energy suppliers to changes in your diet. Some great tools to use are available, for example the carbon calculators provided by Climate Stewards at [www.climatestewards.org/carboncalculators](http://www.climatestewards.org/carboncalculators), and Creation Care [www.creationcare.org.uk](http://www.creationcare.org.uk), offers a specific resource for households giving ideas and helping you track your progress. As you look at different areas of your life, offer each area or action to God as an offering.



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## Ukraine

In spite of hopes and promises, Ukraine still desperately needs our help. Some of the urgent and ongoing needs are:

- Soap
- Shampoo
- Toothpaste
- Toothbrushes
- Paracetamol
- Washing Powder
- Nappies for babies
- Sanitary Towels
- As always, CANDLES (Preferably plain wax ones, either new or partly used)



If you can give just one of these items you will be making someone's life a little bit easier.

Many thanks.

## Thought for the week...



## Contact Details:

**Circuit Superintendent Minister:** **Rev David Newlove:** 07989 198487  
or email: [revdavidnewlove@gmail.com](mailto:revdavidnewlove@gmail.com)

### Ministers in Pastoral Charge:

**Rev Julia Reid:** 07483 932647 or email: [julia.reid@methodist.org.uk](mailto:julia.reid@methodist.org.uk)  
**Rev Ros Watson:** 07923 044709 or email: [ros.watson@methodist.org.uk](mailto:ros.watson@methodist.org.uk)

**Pioneer Enabler:** **Morgan Tebb-Roger:** 07949 156051  
or email: [outreach@penrithmethodist.co.uk](mailto:outreach@penrithmethodist.co.uk)

**East Fellside Local Lay-Pastor:** **Celia Ramnath:** 01768 639971  
or email: [celia.ramnath@cumbriamethodists.org.uk](mailto:celia.ramnath@cumbriamethodists.org.uk)

**Circuit Pastoral Worker:** **Dean Lawson:** 07897 736024  
or email: [laypastor@penrithmethodist.co.uk](mailto:laypastor@penrithmethodist.co.uk)

**Circuit Office:** 01768 862787 or email: [admin@penrithmethodist.co.uk](mailto:admin@penrithmethodist.co.uk)  
(Open 9am - 1pm, Monday to Friday)

**Circuit Operations and Administrative Manager:** **Sarah Mulheron-Summers**  
**Circuit Administrative Assistant:** **Niamh Ryan**  
**Premises Manager:** **Lindsay Wilson**

**Eden Debt Centre Manager (CAP):** Jen Dixon: 07799 271710  
or email: [jendixon@capuk.org](mailto:jendixon@capuk.org)  
**Debt Coach:** Jo Varley: 07464 939138  
or email: [jovarley@capuk.org](mailto:jovarley@capuk.org)

**Cottage Wood Centre - Please send a request to join our Facebook group.**

**East of Eden Mission Community Website:** [www.eastofedenmc.org.uk](http://www.eastofedenmc.org.uk)

**PMC Website:** [www.penrithmethodist.co.uk](http://www.penrithmethodist.co.uk)

**Find our Sunday services on YouTube**

**Follow us on Twitter @PMCmethodists and on Facebook**

**Let's stay connected with one another!**

