

Sunday 6th September

~~~~~



### **Sunday 6<sup>th</sup> September**

**Penrith:** 10.30am – Mrs Carolyn Dickinson

**Skelton:** 10.30am – Rev Julia Reid

**Stainton:** 10.30am – Mr Dean Lawson

**Cottage Wood Centre:** 5pm – Rev Julia Reid

### **Tuesday 8<sup>th</sup> September**

**Penrith:** 10am – Mr Dean Lawson

### **Thursday 10<sup>th</sup> September**

**Woodlands:** 3pm – Mr Lawrence Tomlinson

### **Sunday 13<sup>th</sup> September**

**Penrith:** 10.30am – Mr Michael Boone

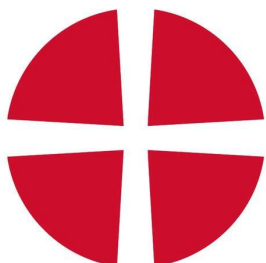
**Skelton:** 10.30am – Rev David Milner

**Stainton:** 10.30am – Rev Julia Reid

**Cottage Wood Centre:** 5pm – Miss Kathleen Williamson

**Patterdale:** 10.30am – Mr Dean Lawson

~~~~~



Reflection/Circuit 'Worship at Home' Weekly Resource

To find this week's Circuit Resource booklet, we invite you to follow this link: <https://www.cumbriamethodists.org.uk/worship-downloads.html> to the Cumbria Circuit website.



Monday 7th September

9.25am ~ Monday Walks – Meet outside PMC

2pm ~ All Together Fellowship – Church/PMC

7.30pm ~ Zoom Prayer Meeting

Tuesday 8th September

1.30pm ~ Prayer Meeting – Church/PMC

7pm ~ Blencow HG – The Hollies, Blencow (*We meet twice monthly at 7pm on a Tuesday. Contact Steve for further details.*)

Wednesday 9th September

10am ~ 3Cs – Cottage Wood Centre

1.30pm ~ Wednesday Get Together - Skelton Methodist Church

7.30pm ~ Living Room HG

Thursday 10th September

1.30pm ~ Take Tea Out – Cottage Wood Centre (*Contact Sheila Mallinson to book*)

Friday 11th September

12 noon ~ Lunch Club – Ullswater/PMC

~~~~~

### **Choral Group**

The PMC Choral Group will restart on Monday 7<sup>th</sup> September at 6pm.

All who enjoy singing are very welcome to come and share in an hour of music making.

-Heather



~~~~~

Volunteers Needed

Eden CAP Debt Centre @ PMC are looking for people from local churches to join our team of volunteers. We have clients in and around the Eden area who have asked for our help but we are in need of people who would be up for doing visits with us.

Please get in touch if...

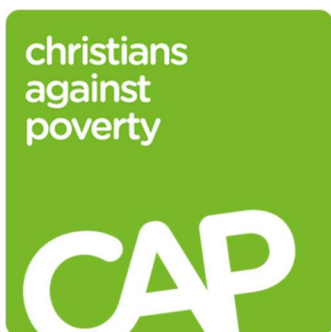
a) you want to know more about CAP and the work the debt centre does

b) you are interested in volunteering with us

Please contact Jen:

jendixon@capuk.org

07799 271710



Small coins for All We Can

The total raised in the last financial year was £250. Please continue to support the work of All We Can by collecting your small coins.

Thank you. Judith Joyce



~~~~~

### **4F**



Another summer break over and a fantastic time had by all at 4F. A sincere thank you to anyone who has been involved in providing a safe space for families on four Tuesdays of the school holidays. Those who provided, prepared and served delicious and varied lunches. Those who provided and created craft activities (often on a theme). Those who provided fun and exciting physical activities, Action Ants, Gareth Brolly and the team in general.

The families were very appreciative of all that took place. All made possible by a generous donation from Penrith Lions, good housekeeping and a great deal of care and prayer.

~~~~~

Baby Loss Awareness Week (9th to 15th October)

Penrith Methodist Church will be open on Friday 9th October (revised from Wednesday 14th as it says on the plan) so that anyone affected by Baby Loss Awareness week has a space to come and pause, reflect, pray or simply have a safe space to be. There will be 'reflection stations' set up to give people the opportunity to perhaps light a candle and/or fill in a card and hang it on a prayer tree, etc. Rev Julia will be on-site, but needs at least one other person to keep the church open safely and possibly to sit with anyone who needs that.

If you are able/willing to volunteer, please let Julia or Kath know and we will draw up a rota to ensure there will always be two people available and from that determine our open hours before we publicise this locally.

Thank you.





Sponsored Walk

Ian White, who has Parkinson's, is undertaking a sponsored walk on Sunday 6th September, to raise funds for the employment of additional specialist nurses.

A Just Giving page has been set up on <https://events.parkinsons.org.uk/fundraiser/s/ianwhite44553>, and any donations would be most welcome.

~~~~~



You are very welcome to our next **"All Together Fellowship"** on **Monday September 7th** at **2pm in Penrith Methodist Church.**

Our gathering will as always begin with a short act of worship, and following this there will be a talk by **Scott Jackson.**

There's **"Another Way"** with **"Another Weigh"**

Scott is the Manager of the shop in New Squares, Penrith, and will tell us a bit of the history of the shop and the charity **"Another Way"**, both 7½ years old.



Scott will explain how easy it is to go **"Zero Waste"**. He will suggest ways of switching to a more sustainable approach to shopping.



Cutting out single use plastic need not be a chore. Refilling your washing-up liquid bottle could be the start of an environmentally friendly habit.



After the presentation, there will be, as usual, opportunities to meet others, have a good chat and enjoy drinks and homemade cakes.

Our next **"All Together Fellowship"** is on **Monday October 5th, 2026.** Jackie Dunne of **"Dunnewoods Forestry Consultancy"**, Morland, will give a presentation highlighting the importance of trees and woodland management.

Details of all our gatherings are in the July to December programme.

John & Margaret

## Great North Run

Isabella Sharrock is once again doing the Great North Run on 13<sup>th</sup> September 2026. She is returning to Smile Train as her chosen charity this year. Smile Train empowers medical professionals with training, funding and resources to provide free surgery and comprehensive cleft care to children globally.

The charity changes lives and Isabella wants to raise awareness of its wonderful work. If you wish to donate please visit Isabella's just giving page or give it to Kerrie or David Sharrock – many thanks.

[https://www.justgiving.com/page/isabella-sharrock-7?utm\\_medium=FR&utm\\_source=EM](https://www.justgiving.com/page/isabella-sharrock-7?utm_medium=FR&utm_source=EM)



~~~~~

PMC Social Justice



PMC Social justice Group meets on the 3rd Tuesday of the month, from September:

Tuesday 15th September, 7pm

Tuesday 20th October, 7pm

Tuesday 17th November, 7pm

Tuesday 15th December, 7pm

Tuesday 19th January, 7pm

The location for meetings will be at Anne MacDonald's house...please ask if you don't know where that is. Come and join us as we set our priorities and actions as a Justice Seeking Church.

~~~~~

## **A CHRISTMAS CELEBRATION FROM THE GLASSHOUSE INTERNATIONAL CENTRE FOR MUSIC**

### **A Songs of Praise Special Event.**

Join Aled Jones and some very special guests at the iconic Glasshouse for a spectacular Christmas concert. Bring your singing voice and Christmas jumper for an evening of classic carols and traditional hymns.

#### **WHEN:**

**Tuesday 6th October 2026 – start at 19:00**

**Doors open at 18:00**

Age restriction: there is no minimum age for entry, all ages are warmly welcomed, but children aged 17 and under should be supervised by a responsible adult at all times.

#### **WHERE:**

The Glasshouse International Centre for Music, St Mary's Square, Gateshead Quays, Gateshead, NE8 2JR

[https://lostintv.com/tv-show?id=1453&utm\\_source=outreach&utm\\_medium=email&utm\\_campaign=newcastle\\_sop\\_2026](https://lostintv.com/tv-show?id=1453&utm_source=outreach&utm_medium=email&utm_campaign=newcastle_sop_2026)



## Teams4U Shoeboxes

Our communal box packing and coffee morning will be **on Saturday 17th October** from **10.00 am**. Our new charity, T4U, is UK based and sends boxes to Ukraine, Moldova, Georgia, Bosnia and Romania. They work with 'in country' partners like the Red Cross.

Items to pack include toothpaste and toothbrush, hair accessories/brush/comb, soap, flannel, stationery items, playing cards, small cars, small balls, sweets (use by date from June 2027), hats, gloves, scarves, soft toys, yo-yos, small puzzles etc etc. Please join us if you can. We are always grateful to receive donations towards transport costs.

Thank you, Judith Joyce.



~~~~~

Food Bank Notice

Please note that the following items are currently needed by the Food Bank – if you are able to donate at all, they would be very grateful:



- Tinned rice pudding
- Tin/carton or pkt custard
- Tinned fruit
- Beans and sausage
- Tinned mince, stews or chicken meals
- Pkt noodles
- Pkt pasta in sauce
- Jams
- Tin peas, carrots or sweetcorn
- Male deodorants
- Hair conditioner
- Washing up liquid

~~~~~

## NWED Newsletter

If you would like to find out more about what is going on in the greater district, we encourage you to sign up to the North West England District Newsletter – you can do so following these steps:

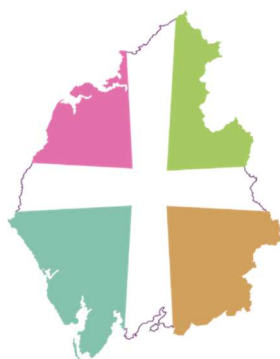
1. Go to [www.nwedmethodists.org.uk](http://www.nwedmethodists.org.uk)
2. Follow the “Join our mailing list” link
3. Input your details and enjoy!



~~~~~

Cumbria Circuit News!!

Please sign up to the monthly Cumbria Circuit newsletter to get all the news from around the Cumbria Circuit : <https://cumbriamethodists.us17.list-manage.com/subscribe?u=1adb68eefa5e5f77f766477b&id=ba945e09e2>



Easy Eco Tip – September:

The **Season of Creation** (1 September-4 October) is dedicated to God as the Creator and sustainer of all life. Join A Rocha UK's Season of Creation prayer and reflection webinar on Wednesday 2 September to start this season with others.

During this period of the church calendar, many churches celebrate Harvest, thanking God for his provision through the land and the food that it produces. If you are part of a church or community, suggest that a service or gathering has a Season of Creation focus. Prayers, worship, teaching and the offering could focus on creation. Could there be an activity with a creation focus too?



Explore more Season of Creation resources at:
www.arocha.org.uk/what-we-do/season-of-creation

~~~~~



**Cumbria Aid Ukraine is a volunteer group based at  
“ The Pot Place Garden Centre “ near Penrith.  
We serve as a collection point in Cumbria for donated  
humanitarian aid, which we then transport to Ukraine.**

**We at Penrith Methodist Church are continuing to ask for donations,  
and these will be taken to “ The Pot Place “ on a regular basis.**

**Ukraine continues to desperately need assistance,  
and our support helps send warmth, care and hope.**

**PLEASE CAN YOU HELP BY DONATING ANY OF THE FOLLOWING :-**

**Nappies (all sizes). Baby and toddler's clothing.  
Milk formula, paracetamol ( but no other form of medication )  
Soap, toothpaste, shampoo, wipes, etc. Toothbrushes, Sanitary towels.  
Domestic cleaning products, bleach, washing powder and liquids.  
Long life food, pasta, rice, tins, dried ready meals like pot noodles, etc.  
Candles ( preferably plain wax ones, either new or partially used )**

**PLEASE WILL YOU LEAVE ANY DONATIONS  
IN THE LABELLED BOX IN THE GLASS HOUSE**

**THANK YOU**

## Thought for the week...



### Staff Details for Penrith Area:

#### Minister in Pastoral Charge:

**Rev Julia Reid:** 07483 932647 or email: [julia.reid@methodist.org.uk](mailto:julia.reid@methodist.org.uk)

**Local Lay Pastor: Dean Lawson:** 07897 736024

or email: [dean.lawson@cumbriamethodists.org.uk](mailto:dean.lawson@cumbriamethodists.org.uk)

**PMC Office:** 01768 862787 or email: [admin@penrithmethodist.co.uk](mailto:admin@penrithmethodist.co.uk)

(Open 9am - 1pm: Tuesday, Thursday & Friday)

**Administrative Assistant: Niamh Ryan**

**Premises Manager: Lindsay Wilson**

**Eden District CAP Manager:** Jen Dixon: 07799 271710

or email: [jendixon@capuk.org](mailto:jendixon@capuk.org)

**Debt Coach:** Jo Varley: 07464 939138

or email: [jovarley@capuk.org](mailto:jovarley@capuk.org)

For contact details of key Circuit staff, please see our area plan.

**Cottage Wood Centre - Please send a request to join our Facebook group.**

**PMC Website:** [www.penrithmethodist.co.uk](http://www.penrithmethodist.co.uk)

**Cumbria Circuit Website:** <http://www.cumbriamethodists.org.uk/>

**NWED Website:** <https://nwedmethodists.org.uk/>

**Methodist Church Website:** <http://www.methodist.org.uk/>

**Find our Sunday services on YouTube**

**Follow us on Facebook**