



Weekly Bulletin

Sunday 2nd November

The Grace



Have you ever wondered where the practice of 'saying the grace' together came from? It's one of those things we've inherited and, presumably, most of us enjoy doing. Although it's something that many Methodist congregations or meetings do, we shouldn't assume that other expressions of church would be familiar with it. It can

also be awkward for people new to church (or from another tradition) if they have no idea what 'the grace' is – and could be confused with the other 'saying grace' we might do before a communal meal.

There's another pitfall. Such familiar words can lose their meaning and so they are definitely worth meditating on. John Wesley's bible notes on the passage from which 'the grace' is based, 2 Corinthians 13:14, says "let us study it more and more, that we may value it proportionably; that we may either deliver or receive it with a becoming reverence, with eyes and hearts lifted up to God". It's also clear from his notes that Wesley disapproved of those who 'got into postures of remove' before the end of the saying!

So what is your understanding of 'the grace of our Lord Jesus Christ'? That alone has a theological depth we'd never get to the bottom of and 'the love of God' likewise. Thankfully, we have been gifted insights into this grace and love in the parables, especially the undeserving Prodigal Son who is unexpectedly received with joy by his father.

Then what do you make of 'the fellowship of the Holy Spirit'? I suspect we'll all have different experiences of the Spirit's presence but a shared joy of knowing something of the 'leading beside quiet waters' and comforting closeness described in Psalm 23.



What an encouragement for the church at Corinth to hear aloud these blessings of Paul's closing words to them. It's a different study to look at the various

scriptures, of which this is just one, that we use as Benedictions in worship. But when we say it to one another it's a prayer as well as a declaration and maybe we are called, in part, to be an answer to that prayer: the grace, the love, the fellowship.

Shane McNicol

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**Penrith**

**10.30am** ~ Morning Worship – Rev Julia Reid  
Readings: Psalm 32:1-7 & Luke 19:1-10

**Skelton**

**10.30am** ~ United Service at Stainton

**Stainton**

**10.30am** ~ Morning Communion – Rev Gillian Belford

**Cottage Wood Centre**

**10.30am** ~ United Service at Stainton

**Nenthead**

**5pm** ~ Pennine Praise

**Alston Moor**

**11am** ~ Local Arrangement

**Gambleby**

**10am** ~ Little Acorns

**Langwathby**

**11am** ~ Morning Worship – Mrs Lois Morton

***There are alternative Anglican services available.***

***For details, please see the EEMC website: [www.eastofedenmc.org.uk](http://www.eastofedenmc.org.uk)***



## Monday 3<sup>rd</sup> November

**9.25am** ~ Monday Walks – Meet outside PMC

**2pm** ~ All Together Fellowship – Church/PMC

**6pm** ~ Choral Group – Sandgate/PMC

**7.30pm** ~ Zoom Prayer Meeting –

*All are welcome to join, please use the Meeting ID below,*

*Meeting ID: 955 474 1253*

*Password: 2YaB4F*

## Tuesday 4<sup>th</sup> November

**10am** ~ Morning Worship – Miss Kathleen Williamson – Church/PMC

**10am** ~ 'He Brews' Coffee Club – Gamblesby Methodist Chapel

**1.30pm** ~ Prayer Meeting – Church/PMC

**7pm** ~ Blencow HG – The Hollies, Blencow (*We meet twice monthly at 7pm on a Tuesday. Contact Steve on 07711 088448 for further details.*)

**7pm** ~ Omega House Group – Sunningdale, Stainton

**7.30pm** ~ Junior Youth Club – Ullswater/PMC

## Wednesday 5<sup>th</sup> November

**10am** ~ 3C's – Cottage Wood Centre

**10am** ~ Coffee Morning – Skelton Methodist Church

**1.30pm** ~ Wednesday Get Together - Skelton Methodist Church

**7pm – 8pm** ~ Cottage Wood Monthly Prayer Time - *We are continuing to pray at home, and all are welcome to take part for any or all of the hour.*

**7.30pm** ~ Living Room HG, contact Morgan for details

## Thursday 6<sup>th</sup> November

**10.30am** ~ Oasis – Langwathby Methodist Chapel

**7.30pm** ~ Thornton HG – 34, Carleton Meadows, Penrith, CA11 8UR

## Friday 7<sup>th</sup> November

**12 noon** ~ Lunch Club – Ullswater/PMC

## Saturday 8<sup>th</sup> November

**10am** ~ Fairtrade Coffee Morning – Ullswater/PMC

## Sunday 9<sup>th</sup> November

**Penrith: 10.30am** Morning Worship – Mr Michael Boone

**Skelton: 10.30am** Morning Worship – Rev Julia Reid

**Stainton: 10.30am** Local Arrangement

**Cottage Wood: 3pm** Afternoon Worship – Ian Newton

**Patterdale: 10.30am** Morning Worship – Rev Andrew Callaway

**Renwick: 5pm** Early Evening Worship – Jim Butterworth

**Alston Moor: 10.45am** Service at St. Augustine's

**Gamblesby: 2pm** Remembrance Service

**Kirkoswald: 10am** United Service with Anglicans

## World Day of Prayer Preparation Day

About ten years ago a couple of women here in Cumbria decided to offer our county as a more local place for the Preparation Day for the Women's World Day of Prayer (as it was then), instead of organisers having to travel greater distances to neighbouring counties.

This year on **21st October**, Rev. Mary Elliot and Hazel Scott Bowes again organised the day for representative groups from churches from different parts of Cumbria at Langwathby to meet with Margaret Clark and Audrey Ecclestone, two members of the WDP National Committee who helped guide us through the material prepared by the women of Nigeria for 26's service in March.

A very lively, informative and challenging day was enjoyed with resources for sale supplied by the WDP, a thoughtful Bible study, and songs reflecting the theme of 'I will give you rest....Come', including a traditional Igbo chorus accompanied by drumming. As usual, Helen Armstrong was our talented musician, and Katherine and Lizzie from Alston provided delicious refreshments throughout the day to supplement our packed lunches.

It was very encouraging to welcome women **from a variety of church traditions** who had never attended such a preparation day before, but went away feeling better equipped and enthusiastic to organise their own local World Day of Prayer service on March 6th 2026.





You are very welcome to our next "All Together Fellowship"  
on Monday November 3rd at 2pm in Penrith Methodist Church.

Our gathering will as always begin with a short act of worship, and following this there will be a talk and visual presentation by Dickon Chaplin-Brice.



Dickon has called his talk "Granite from Threlkeld "



The quarry and museum are dedicated to the 'dark and dirty' side of the Lake District. Having been involved with this venture for some 17 years, Dickon will tell us about his experiences, and share his passion for Lakeland's history and industrial heritage.



After the presentation, there will be, as usual, opportunities to meet others, have a good chat and enjoy drinks and homemade cakes.

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Our final "All Together Fellowship "of 2025 is on  
**MONDAY, DECEMBER 8th, at 2pm in Church.**

Come and join us, and enjoy an afternoon of Christmas cheer.  
There will be readings, poems, carol singing, etc, and a surprise presentation.  
Plus: - Festive refreshments to conclude proceedings.

John & Margaret



# Fair Trade Coffee Morning

Join us on  
**Saturday 8<sup>th</sup> November**  
10am-12pm  
at Penrith Methodist Church

## Fair Trade

Cake Stall

Victoria's Stall

Christmas Cards

Christine Milner's Cards

Goods and Food from Oxfam

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Fellside HG

We are watching/ discussing Chariots of Fire in sections:

Thursday 20th November at 7.15pm

Please ring Mike 07511089321 or Ange 07808801229 for venue details.



WE WELCOME ALL TO A VIGIL FOR PEACE



SUNDAY 16TH NOV 2025 4.30pm

FRIENDS MEETING HOUSE
MEETING HOUSE LAND
PENRITH CA11 7TR

We will meet in the Meeting House Garden
with the Meeting House available if wet

Refreshments available afterwards

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## Christmas Gift Bag Appeal

**Can you give a financial donation to the CAP Eden District Christmas Appeal?**

**Give our clients a Christmas gift of vouchers for groceries, an Argos voucher for children's presents and Christmas treats**

**Donations will help support clients who are working with the debt centre**

**Giving Instructions: Bank transfers can be made to: Sort code 20-66-97  
Account No 83540006**

**Please use reference 'CAP Blessing 2025'**

**Cheques can be paid to Penrith Methodist Church General CAP account**

**PMC Church Office, Wordsworth St, Penrith, CA11 7QY**



**Deadline for donations Sunday 23<sup>rd</sup> November**



### Carols by Candlelight – “The Light We Carry”

Would you like to be part of this year's *Carols by Candlelight*?

Our Christmas service, **“The Light We Carry,”** will be held on **Friday, 12 December at 7pm** — a beautiful evening of music, reflection, and community.

Everyone is welcome to join the choir — **no matter your vocal ability!**  
We'll be practicing on **Monday evenings, 7-8pm, starting in November.**

Come and share in the joy of the season as we celebrate the Light that shines in all of us.

## Shoebox Packing

Thank you to everyone who helped to pack 40 boxes at our communal get together. Thank you also for the bags of lovely items left beforehand, brought on the day or given since. We have donations to cover the transport costs too which is amazing. Thank you.

If you are doing your own box, please return to PMC by **Sunday 9th November**.



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The Christians Against Poverty Eden debt centre celebrates its ten year anniversary!

Everyone is welcome to join us as we look back and celebrate ten years of helping local people become debt free.



Thursday 13th November, 1pm - 2.30pm



The Rooms Penrith, Penrith Parish Centre, St Andrew's Place, Cumbria, CA11 7XX



Contact: Jen Dixon, Debt Centre Manager
jendixon@capuk.org

A light buffet and refreshments will be served
Please **RSVP** by **Monday 3rd November**

This invite is open to anyone who has been involved in the work of the debt centre in the past, currently or is interested in finding out more for the future.





NWED Newsletter

If you would like to find out more about what is going on in the greater district, we encourage you to sign up to the North West England District Newsletter – you can do so following these steps:

1. Go to www.nwedmethodists.org.uk
2. Follow the “Join our mailing list” link
3. Input your details and enjoy!

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### **Easy Eco Tip – November:**

#### **Measure your carbon footprint.**

Take an audit of your individual or household carbon footprint and repeat each year to see if you can reduce it! There are lots of ways to do this, from switching energy suppliers to changes in your diet. Some great tools to use are available, for example the carbon calculators provided by Climate Stewards at [www.climatestewards.org/carboncalculators](http://www.climatestewards.org/carboncalculators), and Creation Care [www.creationcare.org.uk](http://www.creationcare.org.uk), offers a specific resource for households giving ideas and helping you track your progress. As you look at different areas of your life, offer each area or action to God as an offering.



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Ukraine

In spite of hopes and promises, Ukraine still desperately needs our help. Some of the urgent and ongoing needs are:

- Soap
- Shampoo
- Toothpaste
- Toothbrushes
- Paracetamol
- Washing Powder
- Nappies for babies
- Sanitary Towels
- As always, CANDLES (Preferably plain wax ones, either new or partly used)



If you can give just one of these items you will be making someone's life a little bit easier.

Many thanks.

Thought for the week...



Contact Details:

Circuit Superintendent Minister: Rev David Newlove: 07989 198487

or email: revdavidnewlove@gmail.com

Ministers in Pastoral Charge:

Rev Julia Reid: 07483 932647 or email: julia.reid@methodist.org.uk

Rev Ros Watson: 07923 044709 or email: ros.watson@methodist.org.uk

Pioneer Enabler: Morgan Tebb-Roger: 07949 156051

or email: outreach@penrithmethodist.co.uk

East Fellside Local Lay-Pastor: Celia Ramnath: 01768 639971

or email: celia.ramnath@cumbriamethodists.org.uk

Circuit Pastoral Worker: Dean Lawson: 07897 736024

or email: laypastor@penrithmethodist.co.uk

Circuit Office: 01768 862787 or email: admin@penrithmethodist.co.uk

(Open 9am - 1pm, Monday to Friday)

Circuit Operations and Administrative Manager: Sarah Mulheron-Summers

Circuit Administrative Assistant: Niamh Ryan

Premises Manager: Lindsay Wilson

Eden Debt Centre Manager (CAP): Jen Dixon: 07799 271710

or email: jendixon@capuk.org

Debt Coach: Jo Varley: 07464 939138

or email: jovarley@capuk.org

Cottage Wood Centre - Please send a request to join our Facebook group.

East of Eden Mission Community Website: www.eastofedenmc.org.uk

PMC Website: www.penrithmethodist.co.uk

Find our Sunday services on YouTube

Follow us on Twitter @PMCmethodists and on Facebook

Let's stay connected with one another!

