



Sunday 23rd August

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### Sunday 23<sup>rd</sup> August

**Penrith:** 10.30am – Rev Julia Reid

**Skelton:** 10.30am – Ian Newton

**Stainton:** 10.30am – Mr Dean Lawson

**Cottage Wood Centre:** 5pm – Rev Julia Reid

### Tuesday 25<sup>th</sup> August

**Penrith:** 10am – Miss Kathleen Williamson

### Thursday 27<sup>th</sup> August

**Woodlands:** 3pm – Mr Dean Lawson

### Sunday 30<sup>th</sup> August

**Penrith:** 10.30am – Mr Dean Lawson

7pm - Encounter

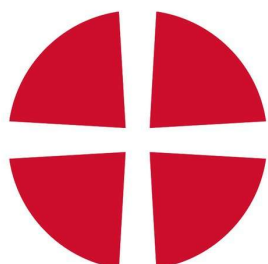
**Skelton:** 10.30am – Mr Lawrence Tomlinson

**Stainton:** 10.30am – Mr Michael Boone

**Cottage Wood Centre:** 5pm – Local Arrangement

**Patterdale:** 10.30am – Rev Julia Reid

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Reflection/Circuit 'Worship at Home' Weekly Resource

To find this week's Circuit Resource booklet, we invite you to follow this link: <https://www.cumbriamethodists.org.uk/worship-downloads.html> to the Cumbria Circuit website.



Monday 24th August

9.25am ~ Monday Walks – Meet outside PMC

7.30pm ~ Zoom Prayer Meeting

Tuesday 25th August

11am ~ 4F – Ullswater/PMC

1.30pm ~ Prayer Meeting – Church/PMC

7pm ~ Blencow HG – The Hollies, Blencow (*We meet twice monthly at 7pm on a Tuesday. Contact Steve for further details.*)

Wednesday 26th August

1.30pm ~ Wednesday Get Together - Skelton Methodist Church

7.30pm ~ Living Room HG

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The **Methodist** Church 

## **Missional Use of Property Consultation**

The 2026 Conference received a report on the [Missional Use of Property](#). During the conference helpful feedback was received from Conference members. As this work continues those responsible for the work are keen to continuing to listen and learn from across the connexion. As part of this listening there will be three opportunities to attend an online consultation event in the autumn. These will be on Zoom at the following times:

- 16 November 2026, 2pm to 4pm
- 17 November 2026, 7pm to 9pm
- 26 November 2026, 2pm to 4pm

Attendance at these sessions can be booked through Eventbrite [here](#):

<https://www.eventbrite.co.uk/e/missional-use-of-property-online-consultation-tickets-1993906084774?aff=oddtcreator>

If you feel you have thoughts on this work, please do sign up for one of the consultation events.

Please also share these events with those in your circuit and churches who might be interested.

If you have any queries about this work or the consultation events please contact [Revd David Goodall](#), Director of Growing Churches.



### **Circuit Office at Penrith Methodist Church – a message from Rev Julia**

You may have noticed that work is underway this week to uncover the treasures hidden on the shelves and in the various cupboard in the Circuit office at Penrith and to refit the office space and give everything a spruce-up. It has, of course, always been the Circuit Office, but historically there has inevitably been a blurring of any division between PMC and Penrith Circuit, latterly East Cumbria Circuit, plus the office has spilled into what was the Minister's vestry. We are now part of the larger Cumbria Circuit, with the space still needed as one of the Circuit Offices for some, but not all, of the Circuit Staff (including Niamh, who works for PMC as part of our arrangement to purchase 8.5 hours a week of her time from the Circuit, plus other Circuit staff such as Sarah, other admin staff, Rev Julia, Rev David Newlove, Dean Lawson, Allan Armstrong, and Su Davis – all of whom may at times make use of the office space as well as working from home and other locations). The Circuit is funding a refurbishment of the office to make the most of the space and to provide appropriate and secure storage for the future, as well as improved working conditions for the staff, under the supervision and contribution from the Penrith Property team, especially Don, Mike, Bryan and Ian.

The first stage of uncovering the treasures and refitting has been the decanting of all the contents into the Tarn Room, with Niamh working in the Beacon room for the next few weeks. Over that time Rev Julia and others, including Ange, Mike, Dean and Gareth C. (who have volunteered to help), will be sorting the contents into what is Circuit and what is PMC, and then sorting the PMC contents into those items which are needed in the refurbished office, those which are to be stored in easily accessible storage, those which need archiving appropriately, those which need to be on display so that everyone can benefit from them, and those which are no longer needed. Please be assured that this is not an exercise to 'bin everything' but rather to make sure that we take the time to save now what has been placed at the back of cupboards before they are beyond saving (and, yes, to bin some things which are well past their use-by date).

Please do bear with us while this sorting and refitting takes place. And please continue to use the post-box outside the office area to leave items for the office staff, in a clearly marked envelope, so the staff know what to do with the contents.



## Sponsored Walk

Ian White, who has Parkinson's, is undertaking a sponsored walk on Sunday 6<sup>th</sup> September, to raise funds for the employment of additional specialist nurses.

A Just Giving page has been set up on <https://events.parkinsons.org.uk/fundraiser/s/ianwhite44553>, and any donations would be most welcome.

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You are very welcome to our next **"All Together Fellowship"** on **Monday September 7th** at **2pm in Penrith Methodist Church.**

Our gathering will as always begin with a short act of worship, and following this there will be a talk by **Scott Jackson.**

There's **"Another Way"** with **"Another Weigh"**

Scott is the Manager of the shop in New Squares, Penrith, and will tell us a bit of the history of the shop and the charity **"Another Way"**, both 7½ years old.



Scott will explain how easy it is to go **"Zero Waste"**. He will suggest ways of switching to a more sustainable approach to shopping.



Cutting out single use plastic need not be a chore. Refilling your washing-up liquid bottle could be the start of an environmentally friendly habit.



After the presentation, there will be, as usual, opportunities to meet others, have a good chat and enjoy drinks and homemade cakes.

Our next **"All Together Fellowship"** is on **Monday October 5th, 2026.** Jackie Dunne of **"Dunnewoods Forestry Consultancy"**, Morland, will give a presentation highlighting the importance of trees and woodland management.

Details of all our gatherings are in the July to December programme.

John & Margaret

Great North Run

Isabella Sharrock is once again doing the Great North Run on 13th September 2026. She is returning to Smile Train as her chosen charity this year. Smile Train empowers medical professionals with training, funding and resources to provide free surgery and comprehensive cleft care to children globally.

The charity changes lives and Isabella wants to raise awareness of its wonderful work. If you wish to donate please visit Isabella's just giving page or give it to Kerrie or David Sharrock – many thanks.

https://www.justgiving.com/page/isabella-sharrock-7?utm_medium=FR&utm_source=EM



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## PMC Social Justice



**PMC Social justice Group** meets on the 3<sup>rd</sup> Tuesday of the month, from September:

Tuesday 15<sup>th</sup> September, 7pm

Tuesday 20<sup>th</sup> October, 7pm

Tuesday 17<sup>th</sup> November, 7pm

Tuesday 15<sup>th</sup> December, 7pm

Tuesday 19<sup>th</sup> January, 7pm

The location for meetings will be at Anne MacDonald's house...please ask if you don't know where that is. Come and join us as we set our priorities and actions as a Justice Seeking Church.

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A CHRISTMAS CELEBRATION FROM THE GLASSHOUSE INTERNATIONAL CENTRE FOR MUSIC

A Songs of Praise Special Event.

Join Aled Jones and some very special guests at the iconic Glasshouse for a spectacular Christmas concert. Bring your singing voice and Christmas jumper for an evening of classic carols and traditional hymns.

WHEN:

Tuesday 6th October 2026 – start at 19:00

Doors open at 18:00

Age restriction: there is no minimum age for entry, all ages are warmly welcomed, but children aged 17 and under should be supervised by a responsible adult at all times.

WHERE:

The Glasshouse International Centre for Music, St Mary's Square, Gateshead Quays, Gateshead, NE8 2JR

https://lostintv.com/tv-show?id=1453&utm_source=outreach&utm_medium=email&utm_campaign=newcastle_sop_2026



Teams4U Shoeboxes

Thank you for all the contents for boxes and empty boxes left recently. Our communal packing morning is on Saturday October 17th. More details later.



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## **Food Bank Notice**

Please note that the following items are currently needed by the Food Bank – if you are able to donate at all, they would be very grateful:



- Tinned rice pudding
- Tin/carton or pkt custard
- Tinned fruit
- Beans and sausage
- Tinned mince, stews or chicken meals
- Pkt noodles
- Pkt pasta in sauce
- Jams
- Tin peas, carrots or sweetcorn
- Male deodorants
- Hair conditioner
- Washing up liquid

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NWED Newsletter

If you would like to find out more about what is going on in the greater district, we encourage you to sign up to the North West England District Newsletter – you can do so following these steps:

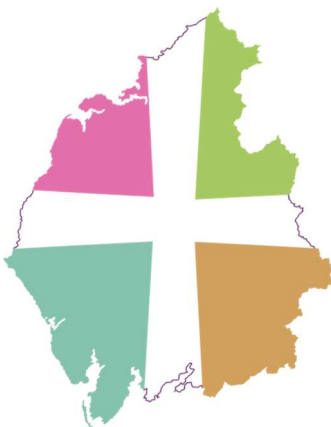
1. Go to www.nwedmethodists.org.uk
2. Follow the “Join our mailing list” link
3. Input your details and enjoy!



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## **Cumbria Circuit News!!**

Please sign up to the monthly Cumbria Circuit newsletter to get all the news from around the Cumbria Circuit : <https://cumbriamethodists.us17.list-manage.com/subscribe?u=1adb68eefa5e5f77f766477bb&id=ba945e09e2>



## Easy Eco Tip – August:

**Looking after wildlife in the heat.** Times of drought and dryness can be dangerous for wildlife. Provide water for birds and insects

- put a dish of water out to help wildlife stay hydrated. Insects, small mammals, birds, and even badgers, foxes, and deer could benefit.



A stone in a plant saucer helps bees to perch and drink without drowning. These small actions make a big difference and are just some of the ways we can live out our calling to care for God's creation. See our blog on looking after wildlife in the heat for more warm weather

eco tips:

<https://arocha.org.uk/looking-after-wildlife-in-the-heat/>

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**Cumbria Aid Ukraine is a volunteer group based at
“ The Pot Place Garden Centre “ near Penrith.
We serve as a collection point in Cumbria for donated
humanitarian aid, which we then transport to Ukraine.**

**We at Penrith Methodist Church are continuing to ask for donations,
and these will be taken to “ The Pot Place “ on a regular basis.**

**Ukraine continues to desperately need assistance,
and our support helps send warmth, care and hope.**

PLEASE CAN YOU HELP BY DONATING ANY OF THE FOLLOWING :-

**Nappies (all sizes). Baby and toddler's clothing.
Milk formula, paracetamol (but no other form of medication)
Soap, toothpaste, shampoo, wipes, etc. Toothbrushes, Sanitary towels.
Domestic cleaning products, bleach, washing powder and liquids.
Long life food, pasta, rice, tins, dried ready meals like pot noodles, etc.
Candles (preferably plain wax ones, either new or partially used)**

**PLEASE WILL YOU LEAVE ANY DONATIONS
IN THE LABELLED BOX IN THE GLASS HOUSE**

THANK YOU

Thought for the week...



Staff Details for Penrith Area:

Minister in Pastoral Charge:

Rev Julia Reid: 07483 932647 or email: julia.reid@methodist.org.uk

Local Lay Pastor: Dean Lawson: 07897 736024

or email: dean.lawson@cumbriamethodists.org.uk

PMC Office: 01768 862787 or email: admin@penrithmethodist.co.uk

(Open 9am - 1pm: Tuesday, Thursday & Friday)

Administrative Assistant: Niamh Ryan

Premises Manager: Lindsay Wilson

Eden District CAP Manager: Jen Dixon: 07799 271710

or email: jendixon@capuk.org

Debt Coach: Jo Varley: 07464 939138

or email: jovarley@capuk.org

For contact details of key Circuit staff, please see our area plan.

Cottage Wood Centre - Please send a request to join our Facebook group.

PMC Website: www.penrithmethodist.co.uk

Cumbria Circuit Website: <http://www.cumbriamethodists.org.uk/>

NWED Website: <https://nwedmethodists.org.uk/>

Methodist Church Website: <http://www.methodist.org.uk/>

Find our Sunday services on YouTube

Follow us on Facebook