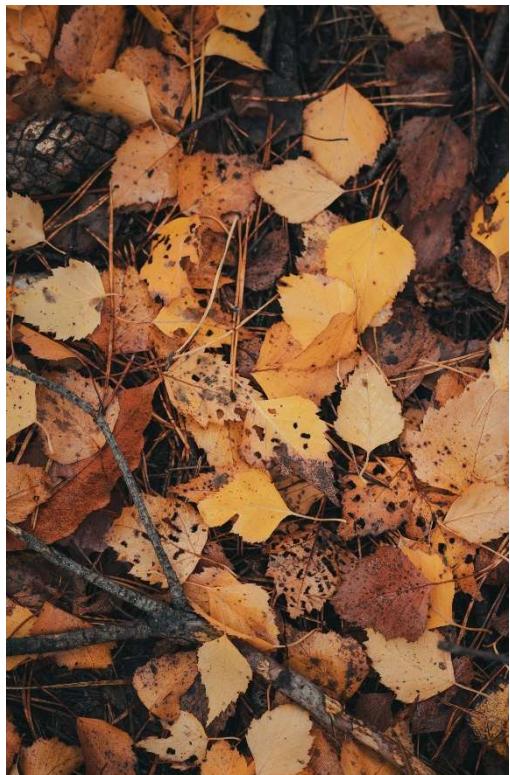


Weekly Bulletin

Sunday 12th October

Changing Seasons



*A symphony of yellow, bronze and copper hues,
it's nature's great festival on the back of a
harvest full moon.*

*We are called to gather and appreciate life's
gifts,
routines now revitalized; our rhythms must
shift.*

*The promise of change swirls through crisp air,
an apt reminder, change is a truth by which we
can swear.*

*Nature moves us through the seasons of time,
each one with a unique offering to embrace
being alive.*

*Transformation is beautiful,
being here in the world is a gift.
Celebrate this new season and receive the
bounty of fall,
bask in this moment, rejoice and embrace it all.*

This poem by Emily Madill is a beautiful summary of Autumn and invites us to reflect on how we are constantly changing. Constantly transforming. And how we are called to enjoy the gifts of harvest.

Personally, I am reminded that no harvest is worth having if it isn't shared with others. Food and stories shared round a table aren't worth sharing if it's not done as a group. Jesus was great at sharing food with others. On more than one occasion this was with a huge crowd who had very little to eat. He would sit with the marginalised and listen to the stories of those who were hurting and tired. He would then offer up his own stories in order to lift people up, share joy, or teach a lesson. I hope in this season of harvest, we can seize the opportunity to share what we have with those less fortunate than ourselves and be blessed by the stories they bring to the table.

Morgan Tebb-Roger



Penrith

10.30am ~ Healing Service – Rev Gillian Belford
Readings: Mark 1:26-42 & Acts 12:1-17 NIV

Skelton

10.30am ~ Morning Communion – Rev Andrew Callaway

Stainton

10.30am ~ United Service at Dacre CofE

Cottage Wood Centre

5pm ~ Cumbria Harvest Festival at St Andrews (Penrith)

Patterdale

10.30am ~ Morning Worship – Mrs Carolyn Dickinson

Renwick

5pm ~ Early Evening Worship – Celia Ramnath

Alston Moor

11am ~ Local Arrangement

Gambleby

10am ~ Little Acorns
3pm ~ United Harvest Festival Service at Addingham (3pm Tea & 4pm Service)

Kirkoswald

10am ~ Morning Worship – Rev Mary Elliot

There are alternative Anglican services available.

For details, please see the EEMC website: www.eastofedenmc.org.uk

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### Advance Notice

This Sunday, October 12<sup>th</sup>, the 10.30am act of worship at PMC will be a healing service.

The theme is **PRAYER CHANGES THINGS**.

# Weekly Diary

## Monday 13<sup>th</sup> October

**9.25am** ~ Monday Walks – Meet outside PMC

**7.30pm** ~ Penrith Music Club Concert – Church/PMC

**7.30pm** ~ Zoom Prayer Meeting –

*All are welcome to join, please use the Meeting ID below,*

*Meeting ID: 955 474 1253*

*Password: 2YaB4F*

## Tuesday 14<sup>th</sup> October

**10am** ~ 'He Brews' Coffee Club – Gamblesby Methodist Chapel

**10am** ~ Morning Communion – Rev Gillian Belford – Church/PMC

**7pm** ~ Blencow HG – The Hollies, Blencow (*We meet twice monthly at 7pm on a Tuesday. Contact Steve on 07711 088448 for further details.*)

**7pm** ~ Omega House Group – Sunningdale, Stainton

**7.30pm** ~ Junior Youth Club – Ullswater/PMC

## Wednesday 15<sup>th</sup> October

**10am** ~ 3Cs – Cottage Wood Centre

**1.30pm** ~ Wednesday Get Together - Skelton Methodist Church

**2pm** ~ Langwathby Community Fellowship – Langwathby Methodist Chapel

**7.30pm** ~ Living Room HG, contact Morgan for details

## Thursday 16<sup>th</sup> October

**10.15am** ~ Meeting Point – Langwathby Methodist Chapel

**2pm** ~ Parklands HG – Upper Link/PMC

## Friday 17<sup>th</sup> October

**11am** ~ Funeral Service – Church/PMC

**12 noon** ~ Lunch Club – Ullswater/PMC

**7pm** ~ PMC Church Council Meeting – Sandgate/PMC

## Saturday 18<sup>th</sup> October

**7.30pm** ~ Kendal Concert Band Autumn Concert – Church/PMC

## Sunday 19<sup>th</sup> October

**Penrith: 10.30am** Morning Communion – Rev Julia Reid

**Skelton: 10.30am** Morning Worship – Mr Michael Boone

**Stainton: 10.30am** Morning Worship – Ian Newton

**Cottage Wood: 5pm** Harvest Festival Service – Rev Dr Allison Fenton

**Alston Moor: 11am** Morning Worship – Rev Ros Watson

**Langwathby: 11am** Morning Worship - Mrs Carolyn Dickinson



## Happy Birthday!

We at PMC would like to offer our best wishes to Roger Morton, who celebrated his 80<sup>th</sup> birthday on the 8<sup>th</sup> of October.

We hope you had a great day Roger!

## Volunteers needed



Our lovely building here at PMC relies on a team of volunteers alongside the use of professionals where needed to keep it running smoothly and safely. We would love you to give prayerful thought as to whether keeping our building fit for the community we serve is something you feel called to help with. In particular we currently need a person or team to be our Health & Safety Officer, Fire Officer and manage the First Aid boxes.

If Health & Safety isn't your thing but you are interested in contributing to the Property Team in another way, we would be delighted to hear from you.

Please have a word with Rev Julia or Don Agus.

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Penrith Music Club – Cristian de Sá (violin) and John Lenehan (piano)

Monday 13th October at 7.30pm at PMC

Considered as one the great violin stars of the future, the young British violinist Cristian de Sá will be giving the second recital of Penrith Music Club's new season.

Cristian's programme will include sonatas for violin and piano by the 18th century composer Leclair, Brahms and Ravel as well as arrangements of Saint-Saëns' *Danse Macabre* and Debussy's *Prélude à l'après-midi d'un faune* and *Minstrels*. Fauré's gentle *Berceuse* and Ravel's spectacular *Tzigane*, inspired by Hungarian gypsy music, complete the programme. John Lenehan, one of Britain's most accomplished accompanists, will be pianist for what promises to be another excellent concert.

Tickets are £20 in advance or at the door (£5 for students)





Operation Christmas Child

Operation Christmas Child shoebox packing and coffee morning will be here at PMC on Saturday 11th October from 10.00 am. All are welcome to come and help or watch while having coffee!

Finish your knitting of teddies, glove puppets, hats, mitts and scarves.

Look for small toys, cars, soft toys, balls, crayons, **sharpened** pencils, pens, rubbers, colouring books, paper, playing cards, flannels, soap, combs, toothbrushes, socks, t-shirts etc

There are leaflets in Reception to guide you if you need ideas or if you want to do your own box.

Remember no liquids, sweets, toothpaste, war related items or damaged items.

We are always grateful to receive donations towards transport costs as well.

The deadline to complete boxes is mid-November.

Thank you - Judith Joyce

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## *Cumbria Harvest Festival*

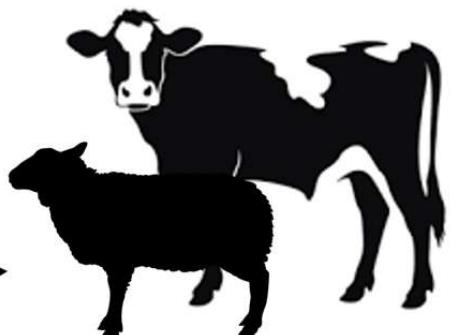
*Sunday 12<sup>th</sup> October 2025*

*2:30pm*

*At St Andrew's Church, Penrith*



*Celebrating the 30<sup>th</sup>  
Anniversary of the  
Farming Community  
Network*





**LANGWATHBY COMMUNITY FELLOWSHIP**  
**Wednesday 15<sup>th</sup> October at 2pm**  
***Safety in the home with Cumbria Fire Brigade***  
***followed by refreshments***  
**This is an Open Meeting – Everyone is welcome!**

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“Meeting Point”
Come for Coffee & Conversation!
from 10.15, Thursday, 16th October
Visitors welcome!

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### **Church Council Meeting**

Please note that our next PMC Church Council Meeting will be taking place on **Friday 17<sup>th</sup> October at 7pm** in the Sandgate room (**not** 7.30pm as usual).

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Wedding Notice

Charlotte Stobbs & Michael Warnes invite the church family to their marriage service on **25th October 2025** at **12:30pm**. Please join them from the balcony.





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### World Day of Prayer

For several years a Preparation Day for the annual World Day of Prayer has been arranged for Branch Secretaries who live in Cumbria or nearby. We have found that being with others for such a day is an encouragement to a deeper engagement with the service and the movement. Maureen Colbert, the Northern Region Co-ordinator, will give us all the latest news from the National Committee. The Preparation Day for next year's service will take place on **Tuesday 21 October 2025** from **10.00 – 15.00 hours at Langwathby Methodist Church, Langwathby, Penrith, Cumbria, CA10 1NB**.

Our sisters from Nigeria have spent the last few years developing the theme: "I will give you rest, come" based on Matthew 11:28. The 2026 service is to be held on Friday 6 March. At our Preparation Day a limited range of resources will be available to buy. Please contact Mary Elliot ([maryeinbox@gmail.com](mailto:maryeinbox@gmail.com)) for more details and to book a place.



JOIN US FOR OUR DEBUT PERFORMANCE  
WITH SOMETHING FOR EVERYONE INCLUDING:  
TRADITIONAL, MUSICAL THEATRE AND POPULAR MUSIC

# THE FORSAMLING SINGERS

FRIDAY 24TH OCTOBER 2025

7:30PM

GAMBLESBY METHODIST CHURCH

ENTRY VIA DONATION - SUGGESTED £5  
IN AID OF THE GREAT NORTH AIR AMBULANCE

Let's do **LUNCH**  
**SUNDAY 26<sup>TH</sup> OCTOBER**

Following the PMC Service



Serving Soup and Crumble following the  
Harvest Service.

Please sign up in the glass house and let  
Ange know about any special dietary  
requirements at 07808 801229

If you can provide a crumble, please let  
us know.

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Fair Trade Coffee Morning

Join us on
Saturday 8th November

10am-12pm
at Penrith Methodist Church

Fair Trade

Cake Stall

Victoria's Stall

Christmas Cards

Christine Milner's Cards

Goods and Food from Oxfam



Carlisle Refuge

A gentle reminder, Carlisle Refuge will be sending their van to PMC on **Monday 20th October**, expected time of arrival 10am.

I just wanted to give you some background to the work of the refuge and their position regarding funding.

The Refuge is there to support anyone who finds themselves homeless and is a charity operating in a building provided by Cumberland Local Council, previously Carlisle City Council. They work hand in hand with CLC to rehouse anyone who is ready to be rehomed. Although the Council provides the houses/flats etc., they do not provide any furnishings. The Refuge is heavily reliant on gifts of household items in new or as new condition.

If you can help in any way they are looking for:

- Single bed linen
- Towels
- Kitchen Utensils
- Pots and Pans
- Crockery and Cutlery



It is likely that a lot of homeless people turn up at the Refuge with only the Clothes they are wearing, so the following items are also very much appreciated:

- Warm clothes for Men, Ladies and children - these should be clean and in good condition in sealed bags, labelled with who they are suitable (e.g. boy 4 to 5 y/o)
- Small items of furniture, bikes, toys, babies' cots, push chairs etc.

As Christmas is in the not-too-distant future it would also be lovely to gift and wrap small gifts again - please say who they would be suitable for (Woman, Man, Girl, Boy or Baby). Gifts might be toiletries, sweets, small toys etc.

Finally the Refuge have set up a fund to help with any aspect of education in memory of our dear friend and previous organisation of these collections, Keith Scott. If you would like to give a monetary donation, please hand it to me either at the Sunday Morning service the day before or on the day of the collection.

Please keep any donations until the day before collection or the day. If you have difficulty with this, please contact Anne MacDonald on 07827530799 to arrange an alternative. Storing items at the church is difficult and could present a fire hazard.

Finally, these people become homeless for very many reasons and often through no fault of their own. Please give generously and pray for the work of the refuge and the plight of those in need of its services.

Thank you. Anne



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WEDNESDAY 29TH OCTOBER

11AM - 12NOON - SESSION

12NOON - 1PM - LUNCH



JOIN THE GYMNASTICS FUN!

AT NORTH LAKES
GYMNASTICS

BUSINESS PARK, MYERS LN, PENRITH CA11 9DP

BOOKING IS ESSENTIAL AS PLACES ARE
LIMITED

EMAIL ADMIN@PENRITHMETHODIST.CO.UK

Coffee's brewing crisis

The impact of climate change on your latte and why Fairtrade is more important than ever.

A talk by Joe Human

with Susan Beale of Caldbeck Fairtrade Group

7.30pm 31st October 2025
Quaker Meeting House, Penrith CA11 7TR

With a view to forming a Penrith Fairtrade group



Book your free ticket here:
<https://www.trybooking.com/uk/FIRP>



The Christians Against Poverty Eden debt centre celebrates its ten year anniversary!

Everyone is welcome to join us as we look back and celebrate ten years of helping local people become debt free.



Thursday 13th November, 1pm - 2.30pm



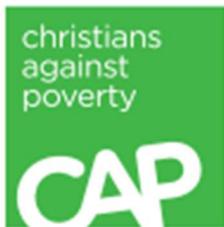
The Rooms Penrith, Penrith Parish Centre, St Andrew's Place, Cumbria, CA11 7XX



Contact: **Jen Dixon**, Debt Centre Manager
jendixon@capuk.org

A light buffet and refreshments will be served
Please **RSVP** by **Monday 3rd November**

This invite is open to anyone who has been involved in the work of the debt centre in the past, currently or is interested in finding out more for the future.





Alpha

Alpha starts again **2nd October** in a home for the first time, Chris and June's, Tea Rose Cottage Edenhall CA11 8SX 7-9pm

If you or someone you know have questions, doubts, are just curious or just need refreshing then come along! Contact Chris on 07748988033 or chris.swift443@btinternet.com

Numbers limited!

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## Easy Eco Tip – October:

### **Taste the difference!**

Local and seasonal food not only tastes great but is better for the planet too. Think about incorporating locally grown produce into your diet and shopping list throughout the seasons, as it is harvested at its peak ripeness ensuring superior flavour, compared to imported alternatives that have travelled thousands of miles. If saying grace before a meal is a regular practice in your household, include giving thanks for your local food producers this month.

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Ukraine

In spite of hopes and promises, Ukraine still desperately needs our help. Some of the urgent and ongoing needs are:

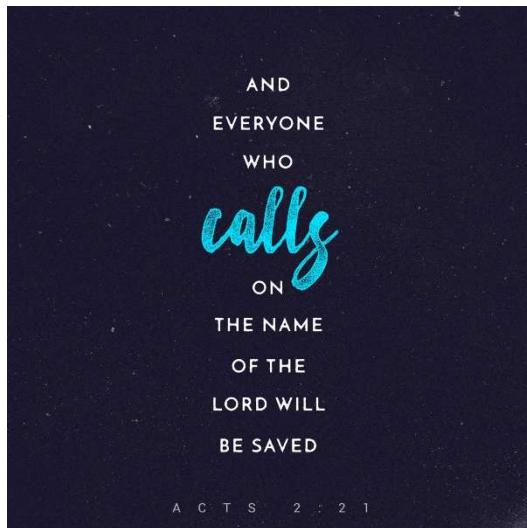
- Soap
- Toothpaste
- Paracetamol
- Nappies for babies
- As always, CANDLES (Preferably plain wax ones, either new or partly used)
- Shampoo
- Toothbrushes
- Washing Powder
- Sanitary Towels

If you can give just one of these items you will be making someone's life a little bit easier.

Many thanks.



Thought for the week...



Contact Details:

Circuit Superintendent Minister: Rev David Newlove: 07989 198487

or email: revdavidnewlove@gmail.com

Ministers in Pastoral Charge:

Rev Julia Reid: 07483 932647 or email: julia.reid@methodist.org.uk

Rev Ros Watson: 07923 044709 or email: ros.watson@methodist.org.uk

Pioneer Enabler: Morgan Tebb-Roger: 07949 156051

or email: outreach@penrithmethodist.co.uk

East Fellside Local Lay-Pastor: Celia Ramnath: 01768 639971

or email: celia.ramnath@cumbriamethodists.org.uk

Circuit Pastoral Worker: Dean Lawson: 07897 736024

or email: laypastor@penrithmethodist.co.uk

Circuit Office: 01768 862787 or email: admin@penrithmethodist.co.uk

(Open 9am - 1pm, Monday to Friday)

Circuit Operations and Administrative Manager: Sarah Mulheron-Summers

Circuit Administrative Assistant: Niamh Ryan

Premises Manager: Lindsay Wilson

Eden Debt Centre Manager (CAP): Jen Dixon: 07799 271710

or email: jendixon@capuk.org

Debt Coach: Jo Varley: 07464 939138

or email: jovarley@capuk.org

Cottage Wood Centre - Please send a request to join our Facebook group.

East of Eden Mission Community Website: www.eastofedenmc.org.uk

PMC Website: www.penrithmethodist.co.uk

Find our Sunday services on YouTube

Follow us on Twitter @PMCmethodists and on Facebook

Let's stay connected with one another!

