



Cumbria Methodist Penrith Area Circuit

Sunday 26th July

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### Sunday 26<sup>th</sup> July

**Penrith:** 10.30am – Mr Michael Boone  
7pm - Encounter

**Skelton:** 10.30am – Rev Julia Reid

**Stainton:** 10.30am – Rev David Milner

**Cottage Wood Centre:** 5pm – Mrs Lois Morton

### Tuesday 28<sup>th</sup> July

**Penrith:** 10am – Rev Gillian Belford

### Sunday 2<sup>nd</sup> August

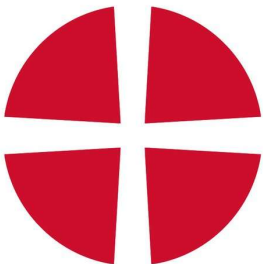
**Penrith:** 10.30am – Local Arrangement

**Skelton:** 10.30am – Service at Stainton

**Stainton:** 10.30am – Rev Julia Reid

**Cottage Wood Centre:** 10.30am – Service at Stainton

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Reflection/Circuit 'Worship at Home' Weekly Resource

To find this week's Circuit Resource booklet, we invite you to follow this link: <https://www.cumbriamethodists.org.uk/worship-downloads.html> to the Cumbria Circuit website.



Monday 27th July

9.25am ~ Monday Walks – Meet outside PMC

7.30pm ~ Zoom Prayer Meeting

Tuesday 28th July

1.30pm ~ Prayer Meeting – Church/PMC

11am ~ 4F – Ullswater/PMC

7pm ~ Blencow HG – The Hollies, Blencow (*We meet twice monthly at 7pm on a Tuesday. Contact Steve for further details.*)

7pm ~ Omega HG

Wednesday 29th July

1.30pm ~ Wednesday Get Together - Skelton Methodist Church

7.30pm ~ Living Room HG

Thursday 30th July

7.30pm ~ Thornton HG (*Contact Charlie for details*)

Friday 31st July

12 noon ~ Lunch Club – Ullswater/PMC

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### **Prayer Handbook 2026/27**

'Sorrow - Joy', the new Prayer Handbook, will be available to order until 2nd August on the list in Reception. The new handbook is inspired by John 16 v20 and is a resource shared by Methodists throughout the world. It contains prayers for every day of the year, each day linking with different Christians at home and abroad. A large print edition is available if required.

The price is £4.50 per copy for a bulk order.

Best wishes - Judith Joyce

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CUMBRIA METHODIST WOMEN IN BRITAIN



‘Happy Birthday to Pooh’ (or the Ecclesiology of The 100 Aker Wood..)

with
Rev. David Milner



Stainton Methodist Church

Tuesday 11th August
14:00 – 16:30

Coffee/Tea
and cake provided



Donations to CAP (Christians against Poverty)

Stainton Methodist Church is just off Junction 40
of M6 in Stainton village
Postcode –CA11 0EA
Roadside parking

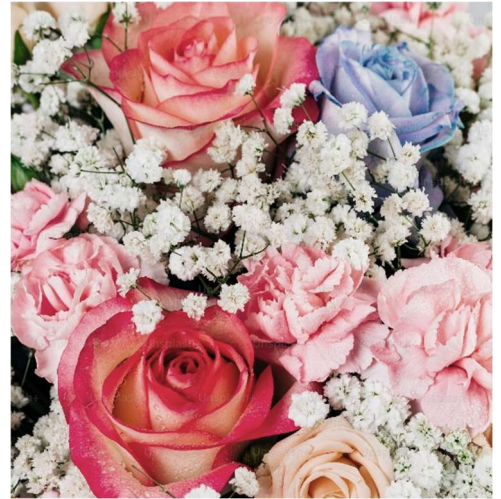


Thank You

Bryan, Ruth, David and the whole family would like to express their deep gratitude for all the card's, flowers, messages and visits during the sudden shock and untimely death of Helen.

Most of all thank you for your prayers and all who supported us at the funeral it was very much appreciated.

The Gardiner family.



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## **Circuit News**

Dear all,

Sadly, we heard recently of the death of one of our Supernumeraries, Rev Ruth Kershaw. Ruth entered Circuit in 1990, being stationed to Langwathby for some time and on sitting down, she lived in Penrith and then latterly Brampton. Here she continued her ministry and support for the local community.

Funeral details will be published shortly, for now please hold Ruth's family and friends in your prayers.

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Great North Run

Isabella Sharrock is once again doing the Great North Run on 13th September 2026. She is returning to Smile Train as her chosen charity this year. Smile Train empowers medical professionals with training, funding and resources to provide free surgery and comprehensive cleft care to children globally.

The charity changes lives and Isabella wants to raise awareness of its wonderful work. If you wish to donate please visit Isabella's just giving page or give it to Kerrie or David Sharrock – many thanks.

https://www.justgiving.com/page/isabella-sharrock-7?utm_medium=FR&utm_source=EM





Kendal Mountain Festival

The Methodist Church is once more at Kendal Mountain Festival which is being held Friday 20th - Sunday 22nd November. We are looking to have a team of around 10-15, a small but perfectly formed team, so **completing an application doesn't guarantee a space.**

A few notes on volunteer criteria;

- Volunteers should be able to serve the full duration of the festival. They should also all be able to attend the Thursday evening (19th November) volunteer briefing in Kendal.
- Volunteers should ideally be from a Methodist community, they are required to have a Methodist reference.
- Volunteers should have a DBS and have completed MCB safeguarding training. This can be arranged with enough notice.
- Volunteers should be from the Cumbria circuit. Exceptions, volunteers could be from the North West District or serving on team because of a connection with the theme.

Application link - [Volunteer with us at Festivals and Events - The Methodist Church](#)

The welcome event on the Thursday evening will hopefully be a time of sharing stories and praying for the Festival and everyone from around the circuit and especially our ecumenical friends are welcome.

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## **Food Bank Notice**

Please note that the following items are currently needed by the Food Bank – if you are able to donate at all, they would be very grateful:



- |                                        |                                  |
|----------------------------------------|----------------------------------|
| • Tinned rice pudding                  | • Pkt pasta in sauce             |
| • Tin/carton or pkt custard            | • Jams                           |
| • Tinned fruit                         | • Tin peas, carrots or sweetcorn |
| • Beans and sausage                    | • Male deodorants                |
| • Tinned mince, stews or chicken meals | • Hair conditioner               |
| • Pkt noodles                          | • Washing up liquid              |

## Need a laptop for your church work? We've made it simple.

Choosing a laptop can feel confusing, especially if computers aren't really your thing. We've made it easier.

We've partnered with a trusted UK company called **Scan Computers** to help you get a good laptop at a fair price — without the stress.

Rather than choosing from hundreds of options, we've asked Scan to suggest just **one or two laptops** that work well for church roles. If you already know what you need, or you're looking for something a little different, you can ask them for a package to suit you. Your contract and support is directly with Scan and they will manage your order.

This service is open to **everyone** in the Methodist community — including ministers, church officers and volunteers.

To find out more or request a quote, click the link: <https://www.methodist.org.uk/for-churches/laptop-advice-and-quote-service/>

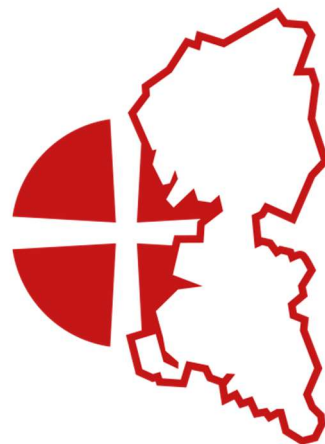
*With warm wishes, The Methodist Connexional Team*

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NWED Newsletter

If you would like to find out more about what is going on in the greater district, we encourage you to sign up to the North West England District Newsletter – you can do so following these steps:

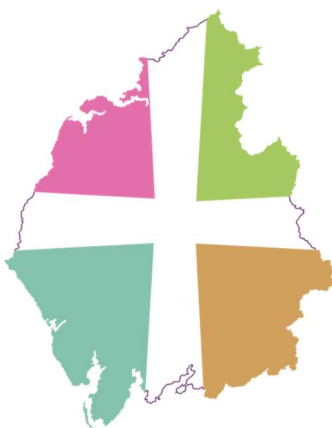
1. Go to www.nwedmethodists.org.uk
2. Follow the “Join our mailing list” link
3. Input your details and enjoy!



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### Cumbria Circuit News!!

Please sign up to the monthly Cumbria Circuit newsletter to get all the news from around the Cumbria Circuit : <https://cumbriamethodists.us17.list-manage.com/subscribe?u=1adb68eefa5e5f77f766477b&id=ba945e09e2>



## **Easy Eco Tip – July:**

It's **Plastic Free July** and this year we're thinking about laundry, a top source of microplastic pollution. Fibres from synthetic clothes (polyester, nylon, and acrylic for example) shed tiny fibres during washing and drying. These enter the sewage systems and are hard to filter out. Use a microfibre bag or ball to catch the fibres. Learn more about reducing plastic pollution in the laundry process at [www.plasticfreejuly.org/get-involved/what-you-can-do/plastic-free-laundry/](http://www.plasticfreejuly.org/get-involved/what-you-can-do/plastic-free-laundry/) and more about this year's campaign at [www.plasticfreejuly.org](http://www.plasticfreejuly.org).



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**Cumbria Aid Ukraine is a volunteer group based at
“ The Pot Place Garden Centre “ near Penrith.
We serve as a collection point in Cumbria for donated
humanitarian aid, which we then transport to Ukraine.**

**We at Penrith Methodist Church are continuing to ask for donations,
and these will be taken to “ The Pot Place “ on a regular basis.**

**Ukraine continues to desperately need assistance,
and our support helps send warmth, care and hope.**

PLEASE CAN YOU HELP BY DONATING ANY OF THE FOLLOWING :-

**Nappies (all sizes). Baby and toddler's clothing.
Milk formula, paracetamol (but no other form of medication)
Soap, toothpaste, shampoo, wipes, etc. Toothbrushes, Sanitary towels.
Domestic cleaning products, bleach, washing powder and liquids.
Long life food, pasta, rice, tins, dried ready meals like pot noodles, etc.
Candles (preferably plain wax ones, either new or partially used)**

**PLEASE WILL YOU LEAVE ANY DONATIONS
IN THE LABELLED BOX IN THE GLASS HOUSE**

THANK YOU

Thought for the week...



Staff Details for Penrith Area:

Minister in Pastoral Charge:

Rev Julia Reid: 07483 932647 or email: julia.reid@methodist.org.uk

Local Lay Pastor: Dean Lawson: 07897 736024

or email: dean.lawson@cumbriamethodists.org.uk

PMC Office: 01768 862787 or email: admin@penrithmethodist.co.uk

(Open 9am - 1pm: Tuesday, Thursday & Friday)

Administrative Assistant: Niamh Ryan

Premises Manager: Lindsay Wilson

Eden District CAP Manager: Jen Dixon: 07799 271710

or email: jendixon@capuk.org

Debt Coach: Jo Varley: 07464 939138

or email: jovarley@capuk.org

For contact details of key Circuit staff, please see our area plan.

Cottage Wood Centre - Please send a request to join our Facebook group.

PMC Website: www.penrithmethodist.co.uk

Cumbria Circuit Website: <http://www.cumbriamethodists.org.uk/>

NWED Website: <https://nwedmethodists.org.uk/>

Methodist Church Website: <http://www.methodist.org.uk/>

Find our Sunday services on YouTube

Follow us on Facebook