

Weekly Bulletin

Sunday 28th September

Frustrations



How many of us face frustrations in life? Probably all of us. This last 3 weeks seem to have caused us more frustrations than usual.

I had a new Bank Card and had problems changing the PIN details. There was a new procedure to book a blood test – only open certain hours and I was outside the time

frame – the correct referral had not happened involving several more phone calls – eventually sorted. No parking anywhere for a medical appointment, eventually parked at a distance with a long walk which my legs did not appreciate. My Computer ‘lost’ a lot of financial data entered on a schedule. An object which was always kept in a specific place just disappeared. I felt like screaming!!

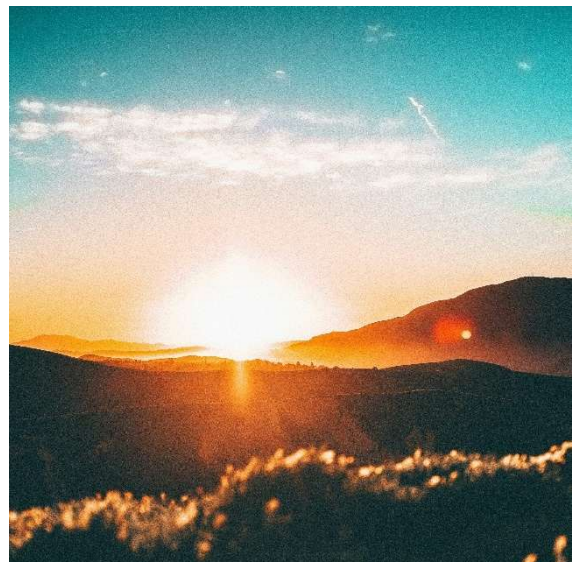
These things involved either inanimate objects or circumstances beyond my control. You probably relate to my frustration!

The question is what do we do about such things? We can complain, we might ‘grin and bare it’ or we can just accept that this is ‘life’. I am sure that my frustrations are nothing like as serious as many in our world who feel helpless in their own situations.

As Christians we know that God knows what we experience and he knows our responses. Instead of ‘screaming’ he wants us to turn to him and hand over the position, trusting in his will and guidance. Yet sometimes in the heat of the moment we forget this. An old Chorus should give us encouragement:

*All your anxiety, all your care, bring to the
Mercy Seat, leave it there.*

*Never a burden he cannot bear, never a
friend like Jesus.*



*Jesus our Saviour will see us through, he will be with us whate're we do
Only believe and you'll prove him true, never a friend like Jesus.*

Lois Morton

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**Penrith**

**10.30am** ~ Morning Communion – Rev Julia Reid

Reading: Luke 16:19-31

**7pm** ~ Encounter

**Skelton**

**10.30am** ~ Morning Worship – Mr Lawrence Tomlinson

**Stainton**

**10.30am** ~ Harvest Festival Service – Mr Dean Lawson

**Cottage Wood Centre**

**5pm** ~ Early Evening Worship – Rev Julia Reid

**Alston Moor**

**11am** ~ Morning Communion – Rev Mary Elliot

**Gamblesby**

**2pm** ~ Harvest Festival Service – Mr Morgan Tebb-Roger

**Kirkoswald**

**10am** ~ Harvest Festival Service – Rev Ros Watson

***There are alternative Anglican services available.***

***For details, please see the EEMC website: [www.eastofedenmc.org.uk](http://www.eastofedenmc.org.uk)***

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Annual Pastoral Meeting

Monday 29th September at 7.30pm in the Ullswater Room at PMC.

This annual meeting is for anyone who is a Pastoral contact person or small group leader and for anyone interested in getting involved in PMCs Pastoral work.

We will review last year's pastoral work, lists and distribution of memberships cards.

Ange
07808801229



Weekly Diary

Monday 29th September

9.25am ~ Monday Walks – Meet outside PMC

7pm ~ Worship Group Quarterly Practice – Church/PMC

7.30pm ~ Zoom Prayer Meeting –

All are welcome to join, please use the Meeting ID below,

Meeting ID: 955 474 1253

Password: 2YaB4F

7.30pm ~ Annual Pastoral Meeting – Ullswater/PMC

Tuesday 30th September

10am ~ 'He Brews' Coffee Club – Gamblesby Methodist Chapel

10am ~ Morning Worship – Rev Julia Reid – Church/PMC

7pm ~ Blencow HG – The Hollies, Blencow (*We meet twice monthly at 7pm on a Tuesday. Contact Steve on 07711 088448 for further details.*)

7pm ~ Omega House Group – Sunningdale, Stainton

7.30pm ~ Junior Youth Club – Ullswater/PMC

Wednesday 1st October

10am ~ 3Cs – Cottage Wood Centre

10am ~ Coffee Morning – Skelton Methodist Church

1.30pm ~ Wednesday Get Together - Skelton Methodist Church

7pm – 8pm ~ Cottage Wood Monthly Prayer Time - *We are continuing to pray at home, and all are welcome to take part for any or all of the hour.*

7.30pm ~ Living Room HG, contact Morgan for details

Thursday 2nd October

10.30am ~ Oasis – Langwathby Methodist Chapel

2pm ~ Parklands HG – Upper Link

Friday 3rd October

12 noon ~ Lunch Club – Ullswater/PMC

Sunday 5th October

Penrith: 10.30am

Morning Worship – Mr Michael Boone

Skelton: 10.30am

Morning Worship – Miss Kathleen Williamson

Stainton: 10.30am

Morning Worship – Mrs Lois Morton

Cottage Wood: 5pm

Members Service

Nenthead: 5pm

Pennine Praise

Alston Moor: 11am

Morning Worship – Celia Ramnath

Langwathby: 11am

Harvest Festival Service – Mr Lawrence Tomlinson

5pm

Taize

Refresh your wardrobe for less!

Clothes Swap

**Penrith Parish Rooms,
St Andrew's Church Yard
Saturday 27th September 2025
Entry £3**

**10am
to
11am**

Drop off up to 10 excellent
quality, washed pieces of
clothing or accessories to swap.

**11am
to
2pm**

Choose up to six gorgeous new
pieces of clothing or accessories
to take home, wear and love!

**Cumbria
Clothing
Collective**

Please only bring clothes
you'd be proud to give to
a friend - nothing damaged,
worn out or dirty!

More details...



To drop clothes before the swap email gail@cumbriaclothingcollective.co.uk

www.cumbriaclothingcollective.co.uk

Fair Trade Christmas Cards

There are leaflets showing the cards available in the right-hand leaflet rack outside the glasshouse. If you would like to order some please return the leaflet and order to Heather Tomlinson's pigeonhole. Cards will also be at the Christmas Fair Trade Coffee Morning on Saturday 8th November.

Many Thanks.



GAMBLESBY METHODIST CHAPEL



The Members and Little Acorns invite you to join them on

Sunday 28th September
at 2pm

Led by Morgan Tebb-Roger

We particularly invite local farmers to give
thanks for this year's Harvest.

Please bring tins to be donated to Food Bank
or produce to sell.

Service followed by light refreshments



You are invited to the
Family
HARVEST FESTIVAL
At Kirkoswald Methodist Chapel

Sunday 28th September at 10am
Café Style worship led by
Revd Ros Watson

Kirkoswald School children taking part

Gifts for the Salvation Army Food Bank,

The Methodist Church and The Church of England

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**🎵 Interested in joining the Worship Group?**  
**We'd love to welcome new members!**

Come along on **Monday, 29th September** at **7pm**  
in the church for an evening to play, pray, and  
practice—and probably a bit of a jam session too.  
Whether you sing, play an instrument, or just want  
to explore being part of the team, all are welcome!

If you're keen but can't make it that evening, please  
contact the church office to let us know.





## OASIS

*Come to our monthly Oasis of refreshment and reflection*

Thursday, 2<sup>nd</sup> October at Langwathby Chapel

Coffee served from 10.30

A short service follows and a light lunch

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WALK FOR UKRAINE

WE WANT TO HELP UKRAINIAN MEN
WOMEN AND CHILDREN WHO HAVE
LOST LIMBS IN THE WAR, RAISING
MONEY FOR 'UNITY IN EVERY STEP'

- SATURDAY 4TH OCTOBER AT 11 AM
- LOCATION: WHAT 3 WORDS///:
UNOPPOSED.ELBOWED.DOORMAT
- BRING A PICNIC, APPROPRIATE FOOTWEAR AND
CLOTHING (BLUE AND YELLOW IF POSSIBLE)

FOR FURTHER DETAILS OR QUESTIONS, PLEASE CHAT
TO CHRIS LEE OR JOHN GORE ON A SUNDAY OR EMAIL
MORGAN ON OUTREACH@PENRITHMETHODIST.CO.UK



Harvest Festival at Langwathby Methodist Church

Join us on Sunday, 5 October, at 11.00. Service led by Lawrence Tomlinson
Contributions to Foodbank welcome

Also at 5pm –

♪ Taize A short reflective service of readings, prayers and Taize music

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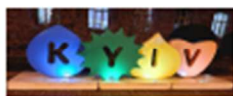


You are very welcome to join us on

**Monday, October 6th at 2pm in Penrith Methodist Church.**

Our “ All Together Fellowship “ always begins with a short act of worship and ends with time for socialising and enjoying drinks and homemade cakes. In between we today welcome Jon Cook who will give a talk and visual presentation entitled :-

**VISITING UKRAINE**



**IN WARTIME**

Jon will share personal insights from his two recent visits to Kiev as well as updates from Ukrainian friends who have recently visited him.

Despite the war grinding on and continuing to cause devastation

to the people of Ukraine, it is remarkable that the church is responding to the crisis and the suffering.



Alpha Course Meeting

Christians faithfully love those affected by loss, grief and trauma.



Soup Kitchen

They refuse to let hate and fear overcome.



Friends

The gospel goes on being held out as a beacon of hope in the darkness.

Our next “ All Together Fellowship “ is on **Monday November 3rd.**

Dickon Chaplin-Brice has been involved in the Threlkeld Quarry and Mining Museum for some 17 years. He will share stories and relate his experiences and knowledge of the history of mining in Cumbria.

John & Margaret



## Operation Christmas Child

Operation Christmas Child shoebox packing and coffee morning will be here at PMC on Saturday 11th October from 10.00 am. All are welcome to come and help or watch while having coffee!

Finish your knitting of teddies, glove puppets, hats, mitts and scarves.

Look for small toys, cars, soft toys, balls, crayons, **sharpened** pencils, pens, rubbers, colouring books, paper, playing cards, flannels, soap, combs, toothbrushes, socks, t-shirts etc

There are leaflets in Reception to guide you if you need ideas or if you want to do your own box.

Remember no liquids, sweets, toothpaste, war related items or damaged items.

We are always grateful to receive donations towards transport costs as well.

The deadline to complete boxes is mid-November.

Thank you - Judith Joyce

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Cumbria Harvest Festival

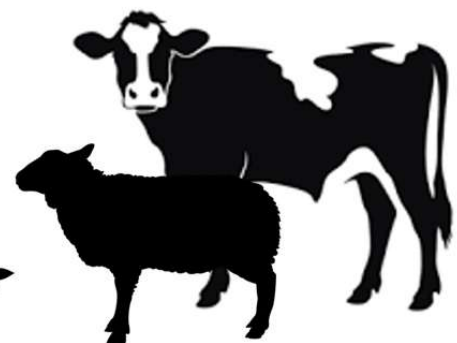
Sunday 12th October 2025

2:30pm

At St Andrew's Church, Penrith



*Celebrating the 30th
Anniversary of the
Farming Community
Network*



Carlisle Refuge

A gentle reminder, Carlisle Refuge will be sending their van to PMC on Monday 20th October, expected time of arrival 10am.

I just wanted to give you some background to the work of the refuge and their position regarding funding.

The Refuge is there to support anyone who finds themselves homeless and is a charity operating in a building provided by Cumberland Local Council, previously Carlisle City Council. They work hand in hand with CLC to rehouse anyone who is ready to be rehomed. Although the Council provides the houses/flats etc., they do not provide any furnishings. The Refuge is heavily reliant on gifts of household items in new or as new condition.

If you can help in any way they are looking for:

- Single bed linen
- Towels
- Kitchen Utensils
- Pots and Pans
- Crockery and Cutlery



It is likely that a lot of homeless people turn up at the Refuge with only the Clothes they are wearing, so the following items are also very much appreciated:

- Warm clothes for Men, Ladies and children - these should be clean and in good condition in sealed bags, labelled with who they are suitable (e.g. boy 4 to 5 y/o)
- Small items of furniture, bikes, toys, babies' cots, push chairs etc.

As Christmas is in the not-too-distant future it would also be lovely to gift and wrap small gifts again - please say who they would be suitable for (Woman, Man, Girl, Boy or Baby). Gifts might be toiletries, sweets, small toys etc.

Finally the Refuge have set up a fund to help with any aspect of education in memory of our dear friend and previous organisation of these collections, Keith Scott. If you would like to give a monetary donation, please hand it to me either at the Sunday Morning service the day before or on the day of the collection.

Please keep any donations until the day before collection or the day. If you have difficulty with this, please contact Anne MacDonald on 07827530799 to arrange an alternative. Storing items at the church is difficult and could present a fire hazard.

Finally, these people become homeless for very many reasons and often through no fault of their own. Please give generously and pray for the work of the refuge and the blight of those in need of its services.

Thank you. Anne



Alpha

Alpha starts again **2nd October** in a home for the first time, Chris and June's, Tea Rose Cottage Edenhall CA11 8SX 7-9pm

If you or someone you know have questions, doubts, are just curious or just need refreshing then come along!

Contact Chris on 07748988033 or

chris.swift443@btinternet.com

Numbers limited!

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## Easy Eco Tip – September:

The **Season of Creation (1 September - 4 October)** is dedicated to God as the creator and sustainer of all life. During this period of the church calendar, many churches celebrate Harvest, thanking God for His provision through the land and food that is grown. It's a time when churches and congregations are called to pay special attention to the responsibility of humanity for the Earth and for all that lives upon it, and to pray for our world. Explore A Rocha UK's season of creation resources at:  
<https://arocha.org.uk/what-we-do/season-of-creation/>

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Ukraine

In spite of hopes and promises, Ukraine still desperately needs our help. Some of the urgent and ongoing needs are:

- Soap
- Shampoo
- Toothpaste
- Toothbrushes
- Paracetamol
- Washing Powder
- Nappies for babies
- Sanitary Towels
- As always, CANDLES (Preferably plain wax ones, either new or partly used)

If you can give just one of these items you will be making someone's life a little bit easier.

Many thanks.



Thought for the week...



Contact Details:

Circuit Superintendent Minister: Rev David Newlove: 07989 198487
or email: revdavidnewlove@gmail.com

Ministers in Pastoral Charge: Rev Julia Reid & Rev Ros Watson

Pioneer Enabler: Morgan Tebb-Roger: 07949 156051
or email: outreach@penrithmethodist.co.uk

Circuit Pastoral Worker: Dean Lawson: 07897 736024
or email: laypastor@penrithmethodist.co.uk

Circuit Office: 01768 862787 or email: admin@penrithmethodist.co.uk
(Open 9am - 1pm, Monday to Friday)

Circuit Operations and Administrative Manager: Sarah Mulheron-Summers

Circuit Administrative Assistant: Niamh Ryan

Premises Manager: Lindsay Wilson

Eden Debt Centre Manager (CAP): Jen Dixon: 07799 271710
or email: jendixon@capuk.org

Debt Coach: Jo Varley: 07464 939138
or email: jovarley@capuk.org

Cottage Wood Centre - Please send a request to join our Facebook group.

East of Eden Mission Community Website: www.eastofedenmc.org.uk

PMC Website: www.penrithmethodist.co.uk

Find our Sunday services on YouTube

Follow us on Twitter @PMCMethodists and on Facebook

Let's stay connected with one another!

