



Cumbria Methodist Penrith Area Circuit

Sunday 28th June

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### Sunday 28<sup>th</sup> June

**Penrith:** 10.30am – Mr Dean Lawson  
7pm - Encounter

**Skelton:** 10.30am – Mr Michael Boone

**Stainton:** 10.30am – Service at Dalemain

**Cottage Wood Centre:** 5pm – Local Arrangement

### Tuesday 30<sup>th</sup> June

**Penrith:** 10am – Rev Andrew Callaway

### Sunday 5<sup>th</sup> July

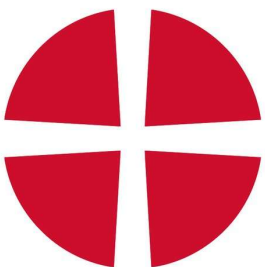
**Penrith:** 10.30am – Rev Julia Reid

**Skelton:** 10.30am – Mrs Lois Morton

**Stainton:** 10.30am – Mr Dean Lawson

**Cottage Wood Centre:** 5pm – Rev Julia Reid

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Reflection/Circuit 'Worship at Home' Weekly Resource

To find this week's Circuit Resource booklet, we invite you to follow this link: <https://www.cumbriamethodists.org.uk/worship-downloads.html> to the Cumbria Circuit website.



Monday 29th June

9.25am ~ Monday Walks – Meet outside PMC

7.30pm ~ Zoom Prayer Meeting

Tuesday 30th June

1.30pm ~ Prayer Meeting – Church/PMC

7pm ~ Blencow HG – The Hollies, Blencow (*We meet twice monthly at 7pm on a Tuesday. Contact Steve for further details.*)

7pm ~ Omega HG

7pm ~ Youth Club – Ullswater/PMC

Wednesday 1st July

10am ~ 3C's – Cottage Wood Centre

10am ~ Coffee Morning – Skelton Methodist Church

1.30pm ~ Wednesday Get Together - Skelton Methodist Church

7pm – 8pm ~ Cottage Wood Monthly Prayer Time - *We are continuing to pray at home, and all are welcome to take part for any or all of the hour.*

7.30pm ~ Living Room HG

Thursday 2nd July

10am ~ Knit Craft and Natter Group – Stainton Methodist Church

2pm ~ Parklands HG

7.30pm ~ Thornton HG (*Contact Charlie for details*)

Friday 3rd July

12 noon ~ Lunch Club – Ullswater/PMC

ESCAPE TO SAFETY

ULLSWATER COMMUNITY COLLEGE
CA11 8NG



MULTIMEDIA REFUGEE EXHIBITION AND JOURNEY OF DISCOVERY

Wednesday 1st JULY 4-6pm

Thursday 9th JULY 5-7pm

FREE ENTRY. WORLD MUSIC, FREE SNACKS AND REFRESHMENTS.



Global Link
Development Education Centre



Westmorland
& Furness
Council





Our next get-together is on
MONDAY, JULY 13th, at 2pm in Penrith Methodist Church.
AS ALWAYS, YOU ARE WELCOME TO JOIN US.

We will begin as usual with a short act of worship.
This will be followed by a “ fun “ session,
part of which will be an easy quiz.



In addition, points can be accumulated by identifying the correct definitions of obscure words.

{ Remember “ Call my Bluff “ :- TV Panel Game }

Fellowship will continue
in the Ullswater Room ...



... when a “ full “
afternoon tea will be
served.

Please note that there is **no meeting in August.**

Our next “ **All Together Fellowship** “ is on **Monday, September 7th.**

Scott Jackson, the manager of “ Another Weigh “ in Penrith, will give a presentation which he has called “ It’s easy to go Zero Waste “

Full details of all our gatherings are in the July to December programme.

John & Margaret

Thanksgiving Service for Moira Smith

We were saddened to learn of the passing of Moira Smith on Wednesday 27th May. Please hold her family and friends in your prayers as they come to terms with her passing, though recognising that Moira is now at peace and has risen in glory.

A Thanksgiving Service for Moira's life will be held at Penrith Methodist Church at 11am on 22nd July, followed by lunchtime refreshments at Roundthorn.



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## **A Day in the Lakes - Thursday** **13<sup>th</sup> August**

Churches Together in Penrith are again planning a Day in the Lakes for refugee families and need volunteers to make this happen. This might include taking some children, with their accompanying adults, for a walk down to the water's edge at Glenridding, or helping in the kitchen, serving drinks, playing indoor or outdoor games or whatever else is needed on the day. Volunteers are needed to be at Glenridding Village Hall at 10:30am to help with the set up and then to welcome our visitors from 12 noon. They will need to bring their own packed lunch. Tea and cakes are provided in the afternoon before everyone travels home.

We also need volunteers (could be some of the same people or others) who will help plan the day over the coming weeks.

If you are able to help either on the day or on planning group, please contact Helen Elliott and she will co-ordinate with those who are organising the event.



## **Food Bank Notice**

Please note that the following items are currently needed by the Food Bank – if you are able to donate at all, they would be very grateful:



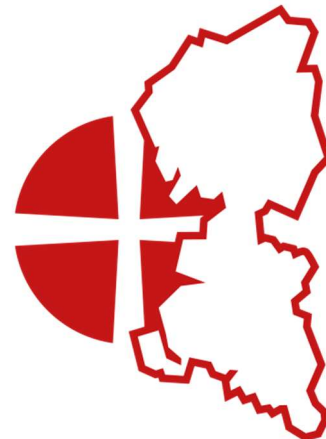
- Tinned rice pudding
- Tin/carton or pkt custard
- Tinned fruit
- Beans and sausage
- Tinned mince, stews or chicken meals
- Pkt noodles
- Pkt pasta in sauce
- Jams
- Tin peas, carrots or sweetcorn
- Male deodorants
- Hair conditioner
- Washing up liquid

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NWED Newsletter

If you would like to find out more about what is going on in the greater district, we encourage you to sign up to the North West England District Newsletter – you can do so following these steps:

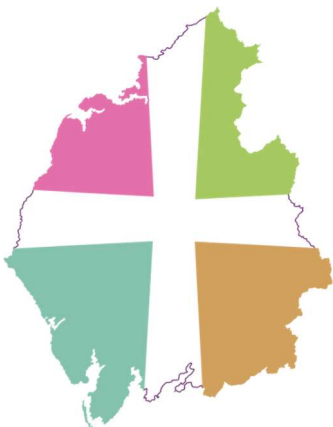
1. Go to www.nwedmethodists.org.uk
2. Follow the “Join our mailing list” link
3. Input your details and enjoy!



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## **Cumbria Circuit News!!**

Please sign up to the monthly Cumbria Circuit newsletter to get all the news from around the Cumbria Circuit : <https://cumbriamethodists.us17.list-manage.com/subscribe?u=1adb68eefa5e5f77f766477bb&id=ba945e09e2>



## Easy Eco Tip – June:

**Take part in citizen science or a local nature event.** Citizen science is a way for ordinary people to get involved in scientific research or data collection. There are many projects to choose from and it's easy to make a contribution. Invite others to get involved with you too. Here are some projects that you could help with:

Search your local beach with a shore survey:  
[www.wildlifetrusts.org/shoresearch](http://www.wildlifetrusts.org/shoresearch)

Spend ten minutes counting pollinators: [ukpoms.org.uk](http://ukpoms.org.uk) Join in with Churches Count on Nature (6- 14 June):  
[www.arocha.org.uk/what-we-do/churches-count-on-nature/](http://www.arocha.org.uk/what-we-do/churches-count-on-nature/)

Do a Bee Walk: [beewalk.org.uk](http://beewalk.org.uk) Join Great Big Green Week (6-14 June): [www.greatbiggreenweek.com](http://www.greatbiggreenweek.com)



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Cumbria Aid Ukraine is a volunteer group based at " The Pot Place Garden Centre " near Penrith. We serve as a collection point in Cumbria for donated humanitarian aid, which we then transport to Ukraine.

We at Penrith Methodist Church are continuing to ask for donations, and these will be taken to " The Pot Place " on a regular basis.

Ukraine continues to desperately need assistance, and our support helps send warmth, care and hope.

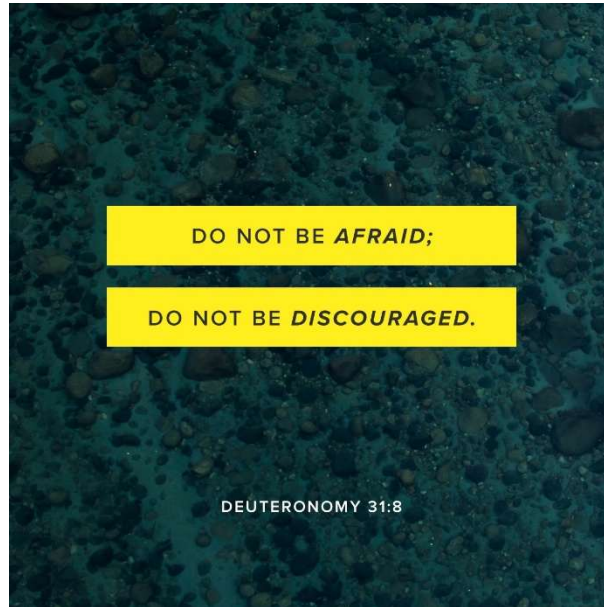
PLEASE CAN YOU HELP BY DONATING ANY OF THE FOLLOWING :-

- Nappies (all sizes). Baby and toddler's clothing.**
- Milk formula, paracetamol (but no other form of medication)**
- Soap, toothpaste, shampoo, wipes, etc. Toothbrushes, Sanitary towels.**
- Domestic cleaning products, bleach, washing powder and liquids.**
- Long life food, pasta, rice, tins, dried ready meals like pot noodles, etc.**
- Candles (preferably plain wax ones, either new or partially used)**

**PLEASE WILL YOU LEAVE ANY DONATIONS
IN THE LABELLED BOX IN THE GLASS HOUSE**

THANK YOU

Thought for the week...



Staff Details for Penrith Area:

Minister in Pastoral Charge:

Rev Julia Reid: 07483 932647 or email: julia.reid@methodist.org.uk

Local Lay Pastor: Dean Lawson: 07897 736024
or email: dean.lawson@cumbriamethodists.org.uk

PMC Office: 01768 862787 or email: admin@penrithmethodist.co.uk
(Open 9am - 1pm: Tuesday, Thursday & Friday)

Administrative Assistant: Niamh Ryan
Premises Manager: Lindsay Wilson

Eden District CAP Manager: Jen Dixon: 07799 271710
or email: jendixon@capuk.org

Debt Coach: Jo Varley: 07464 939138
or email: jovarley@capuk.org

For contact details of key Circuit staff, please see our area plan.

Cottage Wood Centre - Please send a request to join our Facebook group.

PMC Website: www.penrithmethodist.co.uk
Cumbria Circuit Website: <http://www.cumbriamethodists.org.uk/>
NWED Website: <https://nwedmethodists.org.uk/>
Methodist Church Website: <http://www.methodist.org.uk/>
Find our Sunday services on YouTube
Follow us on Facebook