



East Cumbria **Methodist** Circuit



Weekly Bulletin

Sunday 31st August

Colours

How much do you appreciate Colours?

If you remember the old Black and White Televisions you will remember how much difference it made when colour became available. E.g. you could now recognise the different balls on a snooker table. Colours can bring joy to us in what is sometimes a very grey world.

Colours are mentioned on various occasions in the Bible. At the beginning when the world was created there would be the colours of plants, animals, birds etc. In Genesis we also read of the gift of the rainbow, the beautiful arc in the sky consisting of seven different shades and telling of God's promise that the earth would not be destroyed. There is also the story of Joseph with his coat of many colours.



In the New Testament all four Gospels tell of feeding the 5000 but Mark tells us that the people sat on green grass. Why did he include such an apparently insignificant detail? Possibly because this was different to the dry arid conditions often found in that part of the world. In the Book of Revelation we have descriptions of the Holy City where many parts were made of precious stones and precious metals. What colour would be there!

We will all have our favourite colours and these will be many and varied. Can they remind us of the many various categories of people and situations we encounter? Some people will shrink into the background and perhaps be unnoticed. Others will sparkle with energy and be a colourful presence. All are equally important, not only to us but especially to God. The words of Hymn 167 (StF) remind us:



*'Colours of day dawn into the mind, the sun
has come up, the night is behind.
Go down to the city, into the street and let's give
the message to the people we meet.*

*So light up the fire and let the flame burn, open
the door, let Jesus return
Take seeds of his Spirit, let the fruit grow, tell
the people of Jesus, let his love show.'*

Let us bring colour to the lives of others.

Mr Lois Morton

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### **Penrith**

**10.30am** ~ Cumbria Circuit Launch Service

Readings: Romans 12:1-2, 9-16 & Luke 8:26-39

***There are alternative Anglican services available.***

***For details, please see the EEMC website: [www.eastofedenmc.org.uk](http://www.eastofedenmc.org.uk)***

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Launch and Welcome Service

11:00am

**Sunday 31st August 2025
At Penrith Methodist Church**



**Cumbria
Methodist
Circuit**

Part of the North West England Methodist District

***You are invited to celebrate the launch of the
new Cumbria Circuit, welcome our new
Ministers and share together in worshipping
God as the people called Methodists in the
County of Cumbria***

(Please note that this service is starting at 11am, rather than the usual 10.30am.)

Weekly Diary

Monday 1st September

9.25am ~ Monday Walks – Meet outside PMC

2pm ~ All Together Fellowship – Church/PMC

6.15pm ~ Choral Group – Sandgate/PMC

Tuesday 2nd September

10am ~ 'He Brews' Coffee Club – Gamblesby Methodist Chapel

10am ~ Morning Worship – Mrs Lois Morton – Church/PMC *(Readings: Luke 14: 1, 7-14)*

7pm ~ Blencow HG – The Hollies, Blencow *(We meet twice monthly at 7pm on a Tuesday. Contact Steve on 07711 088448 for further details.)*

Wednesday 3rd September

10am ~ 3Cs – Cottage Wood Centre

10am ~ Coffee Morning – Skelton Methodist Church

1.30pm ~ Wednesday Get Together - Skelton Methodist Church

7pm – 8pm ~ Cottage Wood Monthly Prayer Time - *We are continuing to pray at home, and all are welcome to take part for any or all of the hour.*

7.30pm ~ Living Room HG, contact Morgan for details

Thursday 4th September

10.30am ~ Oasis – Langwathby Methodist Chapel

Friday 5th September

12 noon ~ Lunch Club – Ullswater/PMC

Sunday 7th September

Penrith: 10.30am	Morning Worship – Rev Julia Reid
Skelton: 10.30am	Morning Worship – Mrs Lois Morton
Stainton: 10.30am	Morning Worship – Mr Michael Boone
Cottage Wood: 5pm	Early Evening Worship – Miss Kathleen Williamson
Alston Moor: 11am	Morning Worship – Alex Dunstan
Nenthead: 5pm	Pennine Praise
Langwathby: 11am	Morning Worship – Celia Ramnath
5pm	Taize



OASIS

Come to our monthly Oasis of refreshment and reflection

Thursday, 4th September at Langwathby Chapel

Coffee served from 10.30

A short service follows (Theme – How old are you?!)
.....and a light lunch



UPDATE 4

Preparing for the Cumbria Circuit

We are close to our launch and looking forward to being together in Penrith to celebrate our new Circuit, welcome new staff and worship together. Please do consider who you can give a lift to when you come, especially to those who would not otherwise be able to attend. There is very limited blue badge parking at the church, but the Sandgate Car Park is only a short walk away. The postcode for the church is CA11 7QY and the car park is CA11 7UP. The service will start at 11:00am.

The new Circuit Plan is complete, and we have a draft for our first Circuit Meeting Agenda which we expect will be sent out shortly. Members are welcome to attend alongside representatives, and will be able to participate by invitation but will not be able to vote.

The Implementation Group are meeting weekly to put final things in place and as we do that, we would like to thank everyone for your support, patience and enthusiasm. It really does feel like this has been a collaborative effort. Of course, the 1st of September is not the end of the task more a marking of the official start. From then on, we work together, under the leading of the Spirit into the life of our new Circuit.

Thank you to all who have expressed an interest in Circuit roles and those already appointed. We are in the process for appointing 3 Circuit Stewards and await the end of the TUPE process so that we can talk to all our administrators about their new roles. Lynne Pearce has been appointed as our Treasurer and Allan Armstrong as our Property Secretary.

We would now like to appoint a Circuit Meeting Secretary (clerking the Circuit Meeting will be done by an administrator) and a Secretary for the Local Preachers Meeting. Alongside this if you are interested in EDI (equality, diversity and inclusion), Action for Children, Methodist Homes or Christian Aid then please do speak to your minister.



Please do look out for our brand-new Circuit Magazine. It is a *Good Newsletter*. The 1st edition will be available at the Circuit Launch Service and will contain details of all our churches. It's a getting to know each other edition. In the future it will contain resource and devotional material alongside testimonies and good news stories. If you would like to contribute to this magazine with a prayer, devotional piece, testimony or reflection then please get in touch.

The Implementation Group

15 August 2025

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### ✨ We'd love your help! ✨

We're looking for a few new volunteers to join our lovely team of PMC Communion Stewards, helping prepare and support during our Communion services. It's a simple and no experience is needed!

If you'd like to find out more, please contact Sarah in the office.





You are very welcome to our next “ **All Together Fellowship** “.

It is on **Monday September 1st** at **2pm in Church.**

We will begin with a short act of worship and this will be followed by a talk and visual presentation by Morris Rodham.

## MOUNTAIN

Morris will tell us about his ice climbing in the USA and Canada.



## ADVENTURES

The picture shows him on the GBU, ( The Good, the Bad and the Ugly ) in an area of Alberta.



He will also share experiences while climbing in the Lake District,



and when completing



the 284 Munros in Scotland.

After our exertions on the mountains, please join us for afternoon tea and a good chat.

Our next “ **All Together Fellowship** “ is on **Monday October 6th.**

Jon Cook will tell us about his two visits to Ukraine in wartime.

Details of all our gatherings are in the July to December programme.

John & Margaret

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Great North Run Fundraiser

Isabella Sharrock, daughter of Kerrie and David, is once again doing the Great North Run. This time for Shelter, she says:

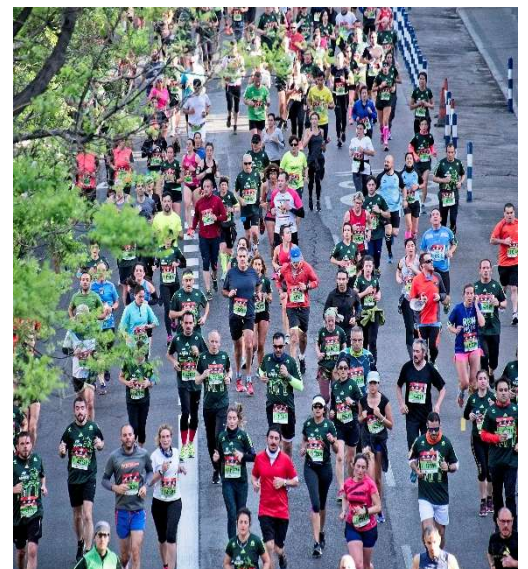
“Hello, I am doing the Great North Run 2025 for Shelter, a charity that defends the right to a safe place to live and supports those facing homelessness. I am very fortunate to have a place to call home and hope that doing this run will help raise funds so that more people can be supported to have a safe place to live.

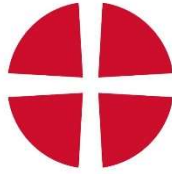
Thank you for your support!”

The fundraiser can be found through the following link:

https://www.justgiving.com/page/isabella-sharrock-6?utm_medium=FR&utm_source=CL

Alternatively, you can make donations to the Circuit Office.





A CHANCE TO MEET THE NEW METHODIST TEAM

As you already know, September brings two new Methodist members of staff to the East of Eden Mission Community. Both posts are being shared with the Appleby Section to lead mission along the East Fellside.

Ros Watson will be our part time Supernumerary Minister and Celia Ramnath will join us as Local Lay-Pastor.

Ros will live in Appleby Manse and Celia in Langwathby Manse. They have both now moved in this week.

You are therefore invited to meet them both at the HeBrews coffee morning in Gamblesby Chapel on Tuesday 9 September from 10.30am to noon.

Celia will also be leading the service at Langwathby on Sunday 7 September where you are also invited to stay for coffee after the 11 am service.

Please spread the word across the area. All are welcome.

I very much hope that you will use these opportunities to both welcome and get to know Ros and Celia.

We continue to pray for them and their ministry amongst over the coming years.

Regards John



Introduction

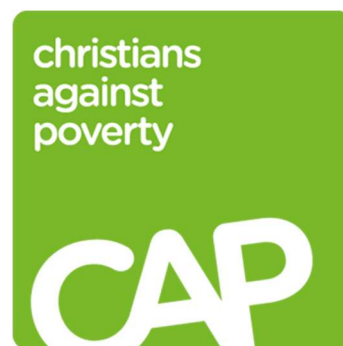
I'm Ros and I come into the area as a part-time active supernumerary presbyter. My eight churches are Alston, Gamblesby, Kirkoswald, Langwathby, Appleby, Dufton with Knock, Kings Meaburn and Warcop. I am excited about meeting everyone and, together, discerning what God has planned for us as we seek to serve God and spread the Good News of the Kingdom.

In my free time I am looking forward to exploring this beautiful part of the world and, in particular, the history and prehistoric features of the landscape.

Job Opportunity

CAP are recruiting for a new North West Area Partnership Manager, all of the info can be found in the following link:

<https://careers.capuk.org/vacancy/area-partnership-managernorth-west-586578.html>



Easy Eco Tip – August:

Private gardens, churchyards and other outdoor spaces can make a significant contribution to nature.



We can take action to care for plants, wildlife and soil in the places where we live and around our churches. Caring for the earth was the first instruction God gave to humans. This doesn't mean we all need to be professional gardeners, but perhaps try to learn one new thing this month that you can do for a garden space. Read more about nature-friendly gardening at <https://www.woodlandtrust.org.uk/blog/2024/04/environmentally-friendly-gardening-10-top-tips>

Ukraine

In spite of hopes and promises, Ukraine still desperately needs our help. Some of the urgent and ongoing needs are:

- Soap
- Shampoo
- Toothpaste
- Toothbrushes
- Paracetamol
- Washing Powder
- Nappies for babies
- Sanitary Towels
- As always, CANDLES (Preferably plain wax ones, either new or partly used)

If you can give just one of these items you will be making someone's life a little bit easier.

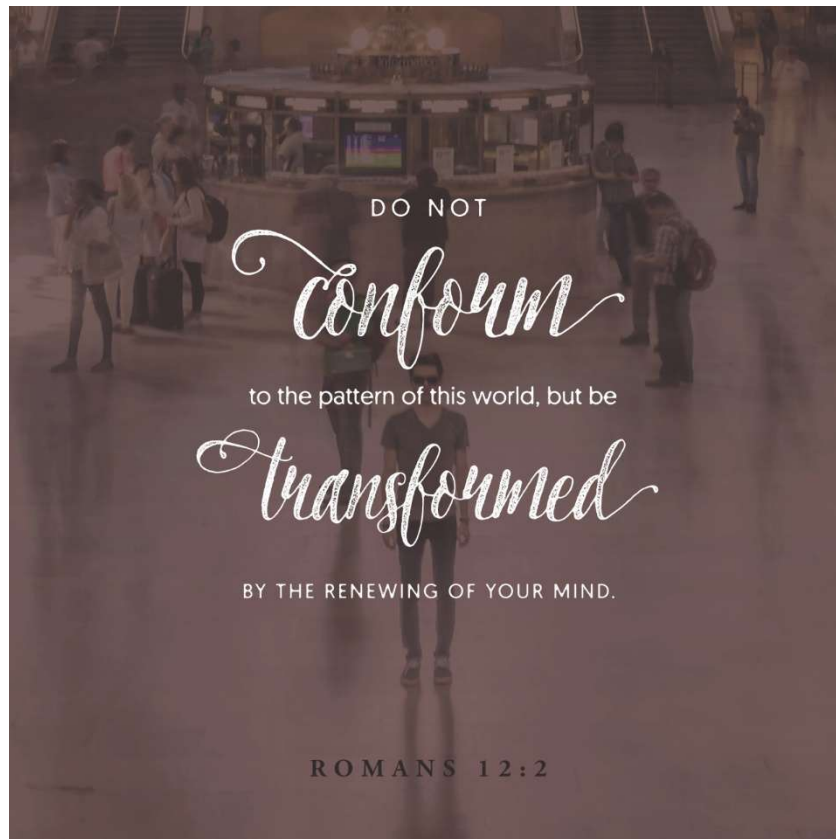
Many thanks.



An Update from Steve: "We have started giving your boxes out. Don't underestimate what you give and the difference you make here. Every box is important and all your aid is invaluable."

They still need all the basic things, especially hats, socks and underwear for the soldiers, nappies, sanitary towels, toiletries, toothbrushes and toothpaste, chocolate, sweets and dried meals (that just need the addition of hot water), plain wax candles and anything relating to children. And always cash! Please help if you can. Thank you.

Thought for the week...



Contact Details:

Pioneer Enabler: Morgan Tebb-Roger: 07949 156051
or email: outreach@penrithmethodist.co.uk

Circuit Pastoral Worker: Dean Lawson: 07897 736024
or email: laypastor@penrithmethodist.co.uk

Circuit Office: 01768 862787 or email: admin@penrithmethodist.co.uk
(Open 9am - 1pm, Monday to Friday)

Circuit Operations and Administrative Manager: Sarah Mulheron-Summers

Circuit Administrative Assistant: Niamh Ryan

Premises Manager: Lindsay Wilson

Eden Debt Centre Manager (CAP): Jen Dixon: 07799 271710
or email: jendixon@capuk.org

Debt Coach: Jo Varley: 07464 939138
or email: jovarley@capuk.org

Cottage Wood Centre - Please send a request to join our Facebook group.

East of Eden Mission Community Website: www.eastofedenmc.org.uk

PMC Website: www.penrithmethodist.co.uk

Find our Sunday services on YouTube

Follow us on Twitter @PMCMethodists and on Facebook

Let's stay connected with one another!

