



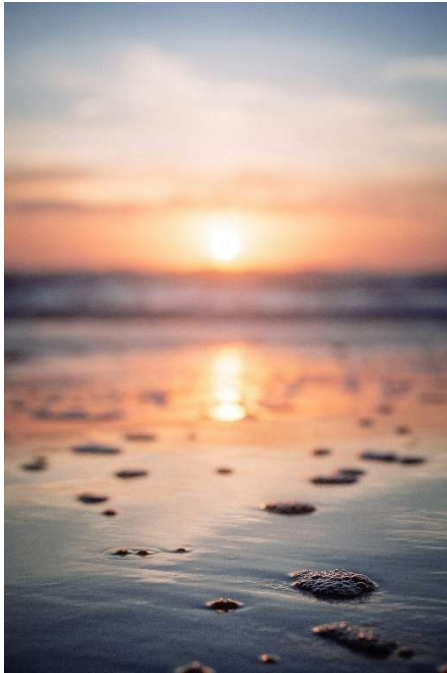
East Cumbria **Methodist** Circuit



Weekly Bulletin

Sunday 17th August

Shalom



Many of us recognise this Hebrew word as meaning 'peace' but I recently discovered that there is so much more to it than just the absence of war or strife.

Of course, it has also been in use as a greeting or a farewell for millennia both before and after Jesus himself uttered 'Peace be to you' (Luke 24:36).

It goes back at least as far as Moses: the related word 'shalam' in ancient Hebrew occurs many times in the book of Exodus and conveys the sense of making good a wrong, not merely recompense but restoration in the fullest sense. And 'shalom' builds on this to include security, prosperity, wholeness, wellbeing and flourishing.

Shalom is the fertile soil for abundant living as it should be, as God intended it to be.

The prophets urged their hearers to grieve the loss of shalom caused by unfaithfulness, idolatry, injustice, oppression and exploitation, and so on. The effects being broken relationships with God, others, self, and creation itself.

The fullness of shalom is in stark contrast to the emptiness, restlessness, selfishness, and countless corruptions that we see all around us in our modern world. The theologian Tom Wright says that the Gospel is a call to a new way of being human. The Jesus way, the shalom way.

So 'Blessed are the peacemakers' implies more than just mediating, but blessed are those who seek, know and radiate the flourishing shalom of God, perfectly seen in Jesus our Prince of Shalom.



Given the many tragedies experienced by the hymnwriter Horatio Spafford it is clear he lived this shalom to be able to write:

When sorrows like sea billows roll;
Whatever my lot Thou hast taught me to say,
"It is well, it is well with my soul!"

Shane McNicol

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**Penrith**

**10.30am** ~ Worship Group Lead Service – Mr Morgan Tebb-Roger  
Readings: John 13:3-17 & Matt. 22:36 - 40

**Skelton**

**10.30am** ~ Morning Worship – Mr Michael Boone

**Stainton**

**10.30am** ~ Morning Worship – Miss Kathleen Williamson

**Cottage Wood Centre**

**5pm** ~ Early Evening Worship – Mr Michael Boone

**Alston Moor**

**11am** ~ Morning Worship – Mr Dean Lawson

**Langwathby**

**11am** ~ Morning Worship – Gray

***There are alternative Anglican services available.  
For details, please see the EEMC website: [www.eastofedenmc.org.uk](http://www.eastofedenmc.org.uk)***

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PMC Church Council Meeting

There will be a short PMC Church Council meeting following the service on **Sunday 24th August** to discuss and agree the 2025/2026 budget - 12.15pm in the Sandgate room.

If you are a member of PMC Church Council, it would be appreciated if you could please attend so that there is no delay to the budget being set.



Weekly Diary

Monday 18th August

9.25am ~ Monday Walks – Meet outside PMC

7.30pm ~ Zoom Prayer Meeting –

All are welcome to join, please use the Meeting ID below,

Meeting ID: 955 474 1253

Password: 2YaB4F

Tuesday 19th August

10am ~ 'He Brews' Coffee Club – Gamblesby Methodist Chapel

10am ~ Morning Worship – Mr Lawrence Tomlinson – Sandgate/PMC

9.30am ~ 4F – Meet at PMC

7pm ~ Blencow HG – The Hollies, Blencow (*We meet twice monthly at 7pm on a Tuesday. Contact Steve on 07711 088448 for further details.*)

Wednesday 20th August

1.30pm ~ Wednesday Get Together - Skelton Methodist Church

7.30pm ~ Living Room HG, contact Morgan for details

Thursday 21st August

10.15am ~ Meeting Point – Langwathby Methodist Chapel

Sunday 24th August

Penrith: 10.30am	Traditional Worship & Communion – Rev Gillian Belford
Skelton: 10.30am	Morning Worship – Mrs Carolyn Dickinson
Stainton: 10.30am	Morning Worship – Mr Morgan Tebb-Roger
Cottage Wood: 5pm	Early Evening Worship – Mr Morgan Tebb-Roger
Alston Moor: 11am	Local Arrangement
Kirkoswald: 10am	Morning Worship – Mr Dean Lawson
Gamblesby: 2pm	Afternoon Worship – Mr Dean Lawson
Great Salkeld: 6pm	Local Arrangement





Cottage Wood Centre

Swap Shop and Coffee Morning

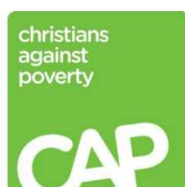
*Bring your good quality unwanted items
(books, DVDs, toys, games, jigsaws, craft
materials, household items, etc.) and swap
them for something different*

Saturday
16 August 2025
10:00 - 12:00

Proceeds to the
Penrith and District
Red Squirrel Group



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## Eden CAP Debt Centre

### New Befriender Training

**Monday 18th August 2025, 10am-12noon  
at Church in the Barn, Penrith**

The Eden CAP Debt Centre delivers **free, face to face debt help** to households across the Eden Valley. Volunteers can get involved supporting our experienced coaches and befriending clients.

To book your place or get more information please contact:

Email: [jendixon@capuk.org](mailto:jendixon@capuk.org) or call/text 07799271710

**always hope.**



CUMBRIA OPERA GROUP PRESENTS:

# THE MARRIAGE OF FIGARO

21<sup>ST</sup>-23<sup>RD</sup> AUGUST 2025, 19:30

PENRITH METHODIST CHURCH

DIRECTOR: PERSIA BABAYAN-TAYLOR  
MUSICAL DIRECTOR: MELVIN TAY

MOZART'S CLASSIC COMIC OPERA  
IN NEW ENGLISH TRANSLATION

TICKETS £25 | £10 YOUNG PERSONS

[www.cumbriaoperagroup.com](http://www.cumbriaoperagroup.com)

TICKETS ONLINE OR FROM PENRITH TIC





Our autumn “ All Together Fellowship “ meetings start in September.

The first get together is on

**Monday, September 1st at 2pm in church.**

You are very welcome to join us.

There will be a talk and visual presentation by **Morris Rodham** entitled  
**“ Mountain Adventures “**

More details will be given in next week’s bulletin.

John & Margaret

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Job Opportunity

CAP are recruiting for a new North West Area Partnership Manager, all of the info can be found in the following link:

<https://careers.capuk.org/vacancy/area-partnership-managernorth-west-586578.html>

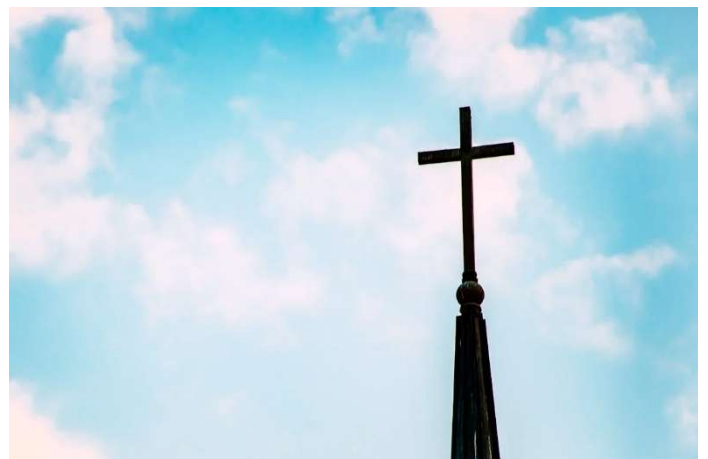
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### **EMERGENCY MINISTERIAL COVER IN AUGUST**

Dave Milner has offered to provide emergency cover in August, so if you need a minister in an emergency then please phone him on 07597639314

If you are unable to get hold of Dave then please phone Kathleen Williamson on 01768 862641 and she will find a minister for you.

**NOTE: This is for emergencies only**



### **PMC Coffee Rota**

We have a lot of gaps in our PMC Sunday Tea and Coffee Rota. If you would be interested in helping out, please sign up on the rota in the kitchen – any help is much appreciated!



### **Easy Eco Tip – August:**

**Private gardens, churchyards and other outdoor spaces can make a significant contribution to nature.**



We can take action to care for plants, wildlife and soil in the places where we live and around our churches. Caring for the earth was the first instruction God gave to humans. This doesn't mean we all need to be professional gardeners, but perhaps try to learn one new thing this month that you can do for a garden space. Read more about nature-friendly gardening at <https://www.woodlandtrust.org.uk/blog/2024/04/environmentally-friendly-gardening-10-top-tips>

### **Ukraine**

In spite of hopes and promises, Ukraine still desperately needs our help. Some of the urgent and ongoing needs are:

- Soap
- Shampoo
- Toothpaste
- Toothbrushes
- Paracetamol
- Washing Powder
- Nappies for babies
- Sanitary Towels
- As always, CANDLES (Preferably plain wax ones, either new or partly used)

If you can give just one of these items you will be making someone's life a little bit easier.

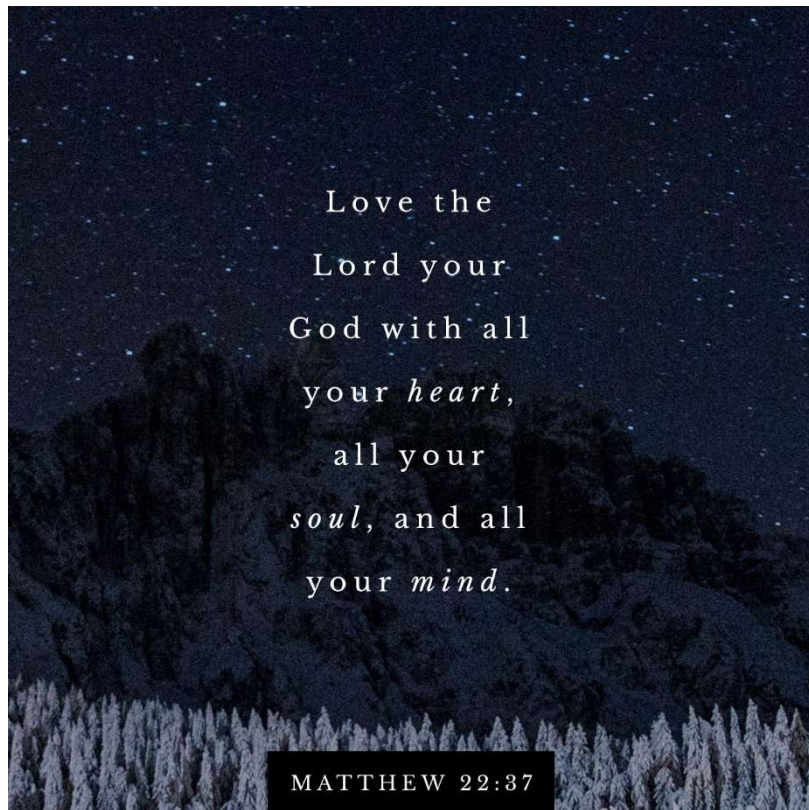
Many thanks.



***An Update from Steve:*** "We have started giving your boxes out. Don't underestimate what you give and the difference you make here. Every box is important and all your aid is invaluable."

*They still need all the basic things, especially hats, socks and underwear for the soldiers, nappies, sanitary towels, toiletries, toothbrushes and toothpaste, chocolate, sweets and dried meals (that just need the addition of hot water), plain wax candles and anything relating to children. And always cash! Please help if you can. Thank you.*

## Thought for the week...



### Contact Details:

**Pioneer Enabler: Morgan Tebb-Roger:** 07949 156051  
or email: outreach@penrithmethodist.co.uk

**Circuit Pastoral Worker: Dean Lawson:** 07897 736024  
or email: laypastor@penrithmethodist.co.uk

**Circuit Office:** 01768 862787 or email: admin@penrithmethodist.co.uk  
(Open 9am - 1pm, Monday to Friday)

**Circuit Operations and Administrative Manager: Sarah Mulheron-Summers**

**Circuit Administrative Assistant: Niamh Ryan**

**Premises Manager: Lindsay Wilson**

**Eden Debt Centre Manager (CAP):** Jen Dixon: 07799 271710  
or email: jendixon@capuk.org

**Debt Coach:** Jo Varley: 07464 939138  
or email: jovarley@capuk.org

**Cottage Wood Centre - Please send a request to join our Facebook group.**

**East of Eden Mission Community Website:** [www.eastofedenmc.org.uk](http://www.eastofedenmc.org.uk)

**PMC Website:** [www.penrithmethodist.co.uk](http://www.penrithmethodist.co.uk)

**Find our Sunday services on YouTube**

**Follow us on Twitter @PMCMethodists and on Facebook**

**Let's stay connected with one another!**

