



East Cumbria **Methodist** Circuit



## Weekly Bulletin

### Sunday 8<sup>th</sup> June

### Pentecost

Come, Holy Spirit

*'until the Spirit is poured upon us from on high'* Isaiah 32:15

*'I will pour out my Spirit on all flesh'* Joel 2:28

As Christians we celebrate the moment these and other prophecies came to fruition as described in the remarkable narrative of Acts 2, an event the risen Jesus prepared the disciples for: *'while he was eating with them, he gave them this command: "Do not leave Jerusalem, but wait for the gift my Father promised, which you have heard me speak about. For John baptized with a water, but in a few days you will be baptized with the Holy Spirit."*' Acts 1:4-5

I trust you know the Pentecost story well and you may also know that Pentecost is a holiday of the Hebrew Scriptures which is still celebrated today by Jewish people - Shavuot.

It is the Feast of Weeks because Shavuot means 'weeks' and it comes from an elapsed period of time to celebrate a second 'first fruit' offering after an earlier offering was made seven weeks prior. (See Leviticus 23.) Pentecost in Koine Greek means 'fiftieth'.

However, at the time of Jesus Pentecost was more than just a time to remember how the land and its fruitfulness was a gift from the Lord. It had also become the anniversary of the giving of the Law to Moses on Mount Sinai and that was why many pilgrims would have been joyfully bringing their offerings to Jerusalem.

In Exodus 19 when God first gave the Law on the mountain there was thunder and lightning and a loud trumpet blast causing the people to tremble. And in Acts 2 we have *'a sound like a mighty rushing wind'* and *'tongues of fire'*. It's not a coincidence. There's a Jewish tradition which elaborates on the Exodus story recorded in The Targums (paraphrased Aramaic version of portions of the Hebrew bible) which says 'then a flame on the right and a tongue of fire on the left would fly through the air and return and hover over the heads of the Israelites'.

The significance of all of this is that God was indeed present and writing again at Pentecost, but this time *'not on tablets of stone but on tablets of human hearts'*.

2 Cor 3:3

The devotional phone app, Lectio 365, has appropriately been quoting a prayer of St. Augustine this week:

Breathe in me, O Holy Spirit,  
that my thoughts may be holy.  
Act in me, O Holy Spirit,  
that my work may be holy.  
Draw my heart, O Holy Spirit,  
to love what is holy.

Come, Holy Spirit, and add to our number 'day by day those who are being saved'. Acts 2:46

*Shane McNicol*

(Referencing <https://jewsforjesus.org/learn/the-jewish-roots-of-the-feast-of-pentecost>)



Photo by Serge Taeymans on Unsplash



**Penrith**

**10.30am** ~ Worship Group Lead Service – Mr Michael Boone  
Readings: Psalm 104:24-34; Psalm 104:35b; Acts 2:1-21

**Patterdale**

**10.30am** ~ Morning Worship – Mr Lawrence Tomlinson

**Skelton**

**10.30am** ~ Members Service

**Stainton**

**10.30am** ~ Morning Communion – Rev Andrew Callaway

**Cottage Wood Centre**

**5pm** ~ Early Evening Communion – Rev David Milner

**Alston Moor**

**11am** ~ Morning Communion – Rev Mary Elliot

**Kirkoswald**

**10am** ~ Morning Communion – Rev David Milner

**Renwick**

**5pm** ~ Early Evening Worship – Julie Barrett

***There are alternative Anglican services available.***

***For details, please see the EEMC website: [www.eastofedenmc.org.uk](http://www.eastofedenmc.org.uk)***

# Weekly Diary

## **Monday 9<sup>th</sup> June**

**9.30am** ~ Monday Walks – Meet outside PMC

**10am** ~ Carlisle Refuge Collection - PMC

**6.15pm** ~ Choral Group – Sandgate/PMC

**7.30pm** ~ Zoom Prayer Meeting –

*All are welcome to join, please use the Meeting ID below,*

*Meeting ID: 955 474 1253*

*Password: 2YaB4F*

## **Tuesday 10<sup>th</sup> June**

**10am** ~ 'He Brews' Coffee Club – Gamblesby Methodist Chapel

**10am** ~ Morning Communion – Rev Andrew Callaway - Church/PMC

**1.30pm** ~ Prayer Meeting – Church/PMC

**7pm** ~ Blencow HG – The Hollies, Blencow (*We meet twice monthly at 7pm on a Tuesday. Contact Steve on 07711 088448 for further details.*)

**7pm** ~ Omega House Group – Sunningdale, Stainton

**7.30pm** ~ Junior Youth Club – Ullswater/PMC

## **Wednesday 11<sup>th</sup> June**

**10am** ~ 3C's – Cottage Wood Centre

**10am** ~ Coffee Morning – Skelton Methodist Church

**1.30pm** ~ Wednesday Get Together - Skelton Methodist Church

**7.30pm** ~ Living Room HG, contact Morgan for details

## **Thursday 12<sup>th</sup> June**

**10.30am** ~ Oasis – Langwathby Methodist Chapel

**1.30pm** ~ Take Tea Out – Cottage Wood Centre (*Contact Sheila Mallinson to book*)

**3pm** ~ Afternoon Communion – Rev. Gillian Belford – Woodlands

## **Friday 13<sup>th</sup> June**

**12 noon** ~ Lunch Club – Ullswater/PMC

**7pm** ~ Woodland Collective – Meet outside PMC

## **Sunday 15<sup>th</sup> June**

**Penrith: 10.30am** Café Style Worship – Mr Fred Setters

**Skelton: 10.30am** Morning Worship – Mr Lawrence Tomlinson

**Stainton: 10.30am** Morning Worship – Mr Ian Newton

**Cottage Wood: 5pm** Members Service

**Alston Moor: 11am** Morning Worship – Mr David Pepin

**Langwathby: 11am** Morning Communion – Rev David Milner



**NORTH WEST ENGLAND  
METHODIST DISTRICT**

# District Online Worship

**Pentecost Sunday**

**Sunday 8th June at  
6.30pm**

With preacher Rev  
Sharon Read  
Mission Area Lead  
and Deputy Chair  
(Lancashire)

District Online Worship is held on  
the second Sunday of every  
month. For the Zoom code (which  
remains the same), please email  
[prayer@nwedmethodists.org.uk](mailto:prayer@nwedmethodists.org.uk)  
or direct message us on  
Facebook



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## Collection for Carlisle Refuge

A van is coming to collect any items we may have on **Monday 9th June at 10am, Penrith Methodist Church**

The Refuge would be very grateful for the following items either new, or clean and as new:

- Bedding
- Men's Clothes
- Children and Babies Clothes
- Kitchen equipment, crockery, cups etc.
- Colouring books for adults and children
- Towels
- Ladies Clothes
- Children's/Babies toys & equipment, i.e. prams, cots, buggies
- Toiletries
- Coloured pencils & crayons

Please place items in sealed plastic bin liners, carefully labelled as to what is in the bag.

**The Refuge recently set up a fund in memory of the late Ketih Scott. The funds will be used to facilitate any educational needs the families may have, i.e. equipment, books and uniform.**

**If you would like to make a small donation to this fund, please place in a clearly marked envelope and post through the letter box at the side of PMC. The Church Office will then pass on your donations to Carlisle Refuge.**



## **Leaving Presents for Dave and Tim**

Individuals and Churches are all invited to donate towards leaving gifts for Dave and Tim.

Please follow the instructions below for how to donate.

Please be aware of closing dates to give us time to buy gifts.

If you are paying by bank transfer, please remember to add the reference so we know what the money is for.

### **Donations for Tim Cooke**

Donations can be made in the following ways **by 15<sup>th</sup> June**

- By bank transfer to

Bank CAF Bank

Sort Code 40-52-40

Account Number 00032900

Account Name Penrith Methodist Church

Reference Tim

- By cash to the circuit office
- By cheque payable to Penrith Methodist Church to the circuit office

### **Donations for Dave Milner**

Donations can be made in the following ways **by 13<sup>th</sup> July**

- By bank transfer to

Sort Code 20-66-97

Account Number 80387401

Account Name Gamblesby Methodist Church

Reference Dave

- By cash to John Slee or any circuit steward (we will be visiting your churches to discuss multi-site churches)
- John is also able to take contactless payments.
- If absolutely necessary by cheque made payable to Gamblesby Methodist Church to John Slee, 7 Pear Tree Way, Penrith, CA11 8WA

Any queries then please contact Kathleen Williamson

[kathleenwilliamson135@btinternet.com](mailto:kathleenwilliamson135@btinternet.com)





# TIM & TRACE'S FAREWELL SERVICE AND LUNCH

SUNDAY 29<sup>TH</sup> JUNE  
SERVICE 10.30AM  
LUNCH TO FOLLOW

SADLY WE WILL BE SAYING GOODBYE TO TIM & TRACEY AT  
THE END OF JUNE.

WE WILL BE HOLDING AN INFORMAL LUNCH FOLLOWING  
THE FAREWELL SERVICE.

TO HELP WITH NUMBERS, PLEASE COULD YOU ADD YOUR  
NAMES AND DIETARY REQUIREMENTS TO THE LIST IN THE  
GLASSHOUSE AT PMC (OR EMAIL THE CHURCH OFFICE).

IN ADDITION, WE WOULD WELCOME ANY CONTRIBUTIONS  
OF CAKES/TRAYBAKES (NO FRESH CREAM).  
PLEASE INCLUDE A LIST OF INGREDIENTS FOR THOSE WHO  
HAVE ALLERGIES/INTOLERANCES



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## **Gamblesby Tea on the Green**

Before the EEMC Easter Offering Service at Gamblesby at 6.30pm on Sunday 29<sup>th</sup> June, people are invited to bring a picnic and share fellowship on the village green from 5pm. Hot and cold drinks will be provided.





## Rev. Dave's leaving service

As you are all aware, Rev. Dave's leaving service is on Saturday 26<sup>th</sup> July, 5pm at Penrith Methodist Church.

Refreshments are to be served after the service and we would like some help with this from all of the churches in the Circuit.

If you are able to bake a traybake or a cake, please get in touch with Sheila Mallinson - [sheila.mallinson@gmail.com](mailto:sheila.mallinson@gmail.com) or 01768 885362



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**The Cumbria Circuit are looking for Volunteers**

**Archivist**

**Circuit Stewards**

**Lay Employment  
Secretary & group  
members**

**MDR**

**Prayer  
Secretary**

**Manse  
Secretary**

**Circuit  
Meeting  
Secretary**

**EDI Officer**

**Circuit Treasurer**

**LP & WL  
Secretary  
& Tutors**

**And many other roles**

Please either fill out an Expression of Interest form or contact  
Rev David Newlove by email [revdavidnewlove@gmail.com](mailto:revdavidnewlove@gmail.com)  
or via

Penrith Methodist Church, Wordsworth Street, Penrith CA11 7QY





# The Methodist Church

**Cumbria Methodist Circuit is looking for a**

## **UPPER EDEN LOCAL LAY-PASTOR**

### **Are you passionate about ministry?**

Working as part of a team lead by an ordained minister, you will be ministering primarily with 8 churches along the Fellsides of the Pennines in the beautiful Eden Valley in East Cumbria, a deeply rural setting between the Yorkshire Dales and Lake District. There is a town church at Appleby and seven village congregations. The work will also support the Ecumenical East of Eden Mission Community, potentially as Joint Leader.

**Salary:** £23,500 year ( plus Accommodation – Langwathby Manse)

**Start date:** (1<sup>st</sup> September 2025)

**Work base:** Manse – Langwathby

**Duration of contract:** Fixed Term 2 year contract.

An occupational requirement exists for the post holder to be a practising Christian in accordance with the Equality Act 2010.

Closing date for applications: - 25<sup>th</sup> June 2025  
Interviews:- Mid July 2025

The successful applicant will require a satisfactory Enhanced DBS disclosure and successful completion of safer recruitment checks.

**For further details please contact:**

Rev Stephen Radford [stephen.radford@methodist.org.uk](mailto:stephen.radford@methodist.org.uk) / 017683 71202

**For an application form please contact:**

Circuit Administrator [ksatcircuit@gmail.com](mailto:ksatcircuit@gmail.com) / 07513881798



# CUMBRIA METHODIST WOMEN IN BRITAIN



Methodist Women  
in Britain



## *Afternoon Tea*

### *Cottage Wood Centre*

**THURSDAY 7<sup>th</sup> AUGUST 2025**

**2pm - 4.30pm**

**Rev Barbara Fairburn from Arnside**

***‘Things look different from here’***

**Stories of Life in Sweden**

**Cost £10**

***Numbers limited so book early***

**To book contact Kathleen Williamson 01768 862641**

**kathleenwilliamson135@btinternet.com**

**by 25<sup>th</sup> July including any dietary requirements**

Cottage Wood Centre is on the back road from Penrith to Calthwaite  
Postcode – CA11 9PL

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### **Diary Date**

November 10-12<sup>th</sup> 2025 - “Together at Thornleigh”,

*“One fine day” with Hilary Evans – Past President of MWiB*



# REFUGEE WEEK COMMUNITY EVENT

FREE

**Theme: Community as a Superpower**  
Part of the UK-wide Refugee Week - 16<sup>th</sup> to 22<sup>nd</sup> June

**Saturday 7th June 2025**  
**11am-2pm**

**@ St Andrews Churchyard, Penrith, CA11 7XX**

## Programme

- 11am:** Free activities including arts and crafts (all ages)
- 12pm:** Speeches, Photo Call and Community Chain Activity
- 12:30pm:** Zumba with Giovanni
- 1pm:** More free activities including arts and crafts (all ages)

**Free international snacks and cold drinks available.**  
**Superhero costumes optional!**



**No need to book  
- just turn up**



 [pern.org.uk](http://pern.org.uk)  
 [hello@pern.org.uk](mailto:hello@pern.org.uk)

 Westmorland  
& Furness  
Council



 **Refugee  
Week**

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To the church family,

May I say thank you to all who prayed, gave flowers, sent cards and offered to do shopping. Thank you to those who called, visited and brought homemade biscuits & savouries.

It was most kind, very welcome and appreciated.

Once I was mobile following my hip surgery offers of lifts came along, and it was lovely to be out & about and see friends at church.

God bless you all.

Mary Teasdale

## Easy Eco Tip – June:

### **Join in with a nature and climate initiative.**

One of A Rocha UK's firm beliefs is that we are more likely to nurture and defend God's creation if we spend time enjoying it. Joining in with wider initiatives also reminds us of the power and encouragement of being part of communities and taking action together. Churches Count on Nature, 30 Days Wild, and The Great Big Green Week all take place across June. Join an awareness-raising event or nature count as an individual, with your household or church. Find out more at [caringforgodsacre.org.uk/churches-count-on-nature-faqs](http://caringforgodsacre.org.uk/churches-count-on-nature-faqs), [wildlifetrusts.org/30-dayswild](http://wildlifetrusts.org/30-dayswild) and [greatbiggreenweek.com](http://greatbiggreenweek.com).



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## **Ukraine**

In spite of hopes and promises, Ukraine still desperately needs our help. Some of the urgent and ongoing needs are:

- Soap
- Shampoo
- Toothpaste
- Toothbrushes
- Paracetamol
- Washing Powder
- Nappies for babies
- Sanitary Towels
- As always, CANDLES (Preferably plain wax ones, either new or partly used)

If you can give just one of these items you will be making someone's life a little bit easier.

Many thanks.





**Thought for the week...**



### **Contact Details:**

#### **Co-Superintendent Ministers**

**Rev. Tim Cooke:** 01768 890465 or email: [tim.cooke@methodist.org.uk](mailto:tim.cooke@methodist.org.uk)

**Rev. David Milner:** 07597 639314 or email: [dave@revmilner.plus.com](mailto:dave@revmilner.plus.com)

**Pioneer Enabler: Morgan Tebb-Roger:** 07949 156051

or email: [outreach@penrithmethodist.co.uk](mailto:outreach@penrithmethodist.co.uk)

**Circuit Pastoral Worker: Dean Lawson:** 07897 736024

or email: [laypastor@penrithmethodist.co.uk](mailto:laypastor@penrithmethodist.co.uk)

**Stainton Outreach Worker: Trace Cooke:** 01768 890465

or email: [tracecooke1@gmail.com](mailto:tracecooke1@gmail.com)

**Circuit Office:** 01768 862787 or email: [admin@penrithmethodist.co.uk](mailto:admin@penrithmethodist.co.uk)

(Open 9am - 1pm, Monday to Friday)

**Circuit Operations and Administrative Manager: Sarah Mulheron-Summers**

**Circuit Administrative Assistant: Niamh Ryan**

**Premises Manager: Lindsay Wilson**

**Eden Debt Centre Manager (CAP): Jen Dixon:** 07799 271710

or email: [jendixon@capuk.org](mailto:jendixon@capuk.org)

**Debt Coach: Jo Varley:** 07464 939138

or email: [jovarley@capuk.org](mailto:jovarley@capuk.org)

**Cottage Wood Centre - Please send a request to join our Facebook group.**

**East of Eden Mission Community Website:** [www.eastofedenmc.org.uk](http://www.eastofedenmc.org.uk)

**PMC Website:** [www.penrithmethodist.co.uk](http://www.penrithmethodist.co.uk)

**Find our Sunday services on YouTube**

**Follow us on Twitter @PMCmethodists and on Facebook**

**Let's stay connected with one another!**

