



East Cumbria **Methodist** Circuit



Weekly Bulletin Sunday 1st June

For the first time in four years of writing these reflections, I turned to the lectionary to see what this week's reading offers. The reading is taken from Acts 16 and recounts the events of Paul getting so frustrated with an enslaved fortune teller who kept shouting the praises of God, that he cast the spirit out of her. Meaning, her owners could no longer make money from her and had Paul and Silas beaten and thrown in jail for upsetting the peace.

However, their chains don't stop them from worshipping God – praying and singing. In doing so the Spirit comes with such a force it breaks the chains, shakes the prison and opens the doors.

I wonder if you've ever experienced the spirit entering a place in such power before. Maybe you don't even believe it's possible. When the charismatic revival was taking place in the late 80's/early 90's, I'm told there was no script and no timings, just an anticipation to see the spirit move in incredible ways. Now, even the most Pentecostal churches have timings on their order of service and make sure everything is kept to time.

We see this in our own worship, everything timed and controlled. But what would it look like to let go of the elements we 'have to include' and just let the spirit guide us? What would it look like if we worshipped with a true anticipation of seeing the spirit move in our lives and the life of the church. This doesn't necessarily have to look like people being healed, demons being cast out, or buildings being shaken. It could just be a profound sense of peace, clarity, or love.

This is where we see lots of new forms of church that are just starting out, ditching the order of service and approaching worship in a different way, a way that seeks to be attentive to how the spirit is moving. Now, I could be wrong here, and you may think I'm being too critical. I simply want us to pause and reflect on whether the way we've always done things is the way that is most fulfilling. If you come to the conclusion that it is, carry on! I just hope we are never afraid to review things and change if we feel God is calling us to do so.



Morgan Tebb-Roger

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**Penrith**

**10.30am** ~ Annual Church Meeting – Rev Tim Cooke  
Readings: Isaiah 42:5-12

**Skelton**

**10.30am** ~ Morning Communion – Rev David Milner

**Stainton**

**10.30am** ~ Morning Worship – Mrs Carolyn Dickinson

**Cottage Wood Centre**

**5pm** ~ Early Evening Worship – Mr Michael Boone

**Alston Moor**

**11am** ~ Local Arrangement

**Nenthead**

**5pm** ~ Pennine Praise

**Culgaith**

**11am** ~ Local Arrangement

**Langwathby**

**11am** ~ Morning Worship – Mrs Jan Blackshaw

**Gamblesby**

**2pm** ~ Chapel Anniversary – Rev David Newlove

***There are alternative Anglican services available.***

***For details, please see the EEMC website: [www.eastofedenmc.org.uk](http://www.eastofedenmc.org.uk)***



**PMC Sunday Coffee Rota**

We currently have some gaps in our Sunday Coffee Rota – if you would like to be involved and volunteer your time to help, please sign up in the kitchen.

Any help is much appreciated!

# Weekly Diary

## **Monday 2<sup>nd</sup> June**

**9.30am** ~ Monday Walks – Meet outside PMC

**2pm** ~ All Together Fellowship – Church/PMC

**6.15pm** ~ Choral Group – Sandgate/PMC

**7.30pm** ~ Zoom Prayer Meeting –

*All are welcome to join, please use the Meeting ID below,*

*Meeting ID: 955 474 1253*

*Password: 2YaB4F*

## **Tuesday 3<sup>rd</sup> June**

**10am** ~ 'He Brews' Coffee Club – Gamblesby Methodist Chapel

**10am** ~ Morning Worship – Rev Gillian Belford - Church/PMC

**1.30pm** ~ Prayer Meeting – Church/PMC

**7pm** ~ Blencow HG – The Hollies, Blencow (*We meet twice monthly at 7pm on a Tuesday. Contact Steve on 07711 088448 for further details.*)

**7pm** ~ Omega House Group – Sunningdale, Stainton

**7.30pm** ~ Junior Youth Club – Ullswater/PMC

## **Wednesday 4<sup>th</sup> June**

**10am** ~ 3C's – Cottage Wood Centre

**10am** ~ Coffee Morning – Skelton Methodist Church

**1.30pm** ~ Wednesday Get Together - Skelton Methodist Church

**7pm – 8pm** ~ Cottage Wood Monthly Prayer Time - *We are continuing to pray at home, and all are welcome to take part for any or all of the hour.*

**7.30pm** ~ Living Room HG, contact Morgan or Sarah for details

## **Thursday 5<sup>th</sup> June**

**10.30am** ~ Oasis – Langwathby Methodist Chapel

**2pm** ~ Parklands HG – Upper Link/PMC

## **Friday 6<sup>th</sup> June**

**12 noon** ~ Lunch Club – Ullswater/PMC

## **Sunday 8<sup>th</sup> June**

**Penrith: 10.30am** Morning Worship – Mr Michael Boone

**Patterdale: 10.30am** Morning Worship – Mr Lawrence Tomlinson

**Skelton: 10.30am** Members Service

**Stainton: 10.30am** Morning Communion – Rev Andrew Callaway

**Cottage Wood: 5pm** Early Evening Communion – Rev David Milner

**Alston Moor: 11am** Morning Communion – Rev Mary Elliot

**Kirkoswald: 10am** Morning Communion – Rev David Milner

**Renwick: 5pm** Morning Worship – Julie Barrett



## **Leaving Presents for Dave and Tim**

Individuals and Churches are all invited to donate towards leaving gifts for Dave and Tim.

Please follow the instructions below for how to donate.

Please be aware of closing dates to give us time to buy gifts.

If you are paying by bank transfer, please remember to add the reference so we know what the money is for.

### **Donations for Tim Cooke**

Donations can be made in the following ways **by 15<sup>th</sup> June**

- By bank transfer to  
Bank CAF Bank  
Sort Code 40-52-40  
Account Number 00032900  
Account Name Penrith Methodist Church  
Reference Tim
- By cash to the circuit office
- By cheque payable to Penrith Methodist Church to the circuit office

### **Donations for Dave Milner**

Donations can be made in the following ways **by 13<sup>th</sup> July**

- By bank transfer to  
Sort Code 20-66-97  
Account Number 80387401  
Account Name Gamblesby Methodist Church  
Reference Dave
- By cash to John Slee or any circuit steward (we will be visiting your churches to discuss multi-site churches)
- John is also able to take contactless payments.
- If absolutely necessary by cheque made payable to Gamblesby Methodist Church to John Slee, 7 Pear Tree Way, Penrith, CA11 8WA

Any queries then please contact Kathleen Williamson

[kathleenwilliamson135@btinternet.com](mailto:kathleenwilliamson135@btinternet.com)



Come along to combined



# Worship & PMC's ACM 10:30am

*'Sing a new song to the Lord'*

Isaiah 42:10

Sunday  
June 1st

ALSO, come and join us for  
Josh and Willow's BAPTISM!

4.30pm at: Armboth Car Park  
THIRLMERE  
CA12 4TW  
(Western side)

*Coffee! Cake! And much rejoicing!*





Our next **" All Together Fellowship "** is on **Monday June 2nd** at **2pm in Church**

**All are Welcome**

Our gathering will as always begin with a short act of worship and this will be followed by a talk and visual presentation which we have called **" Cornish Gems "**



We have captured many examples of the lovely coastal scenery both in pictures and video sequences.



The beautiful gardens also feature in the presentation.



We will visit, among others, Glendurgan, Trebah, Heligan and St Michael's Mount.



We will take you to a few of the quaint Cornish fishing villages. Another highlight will be a visit to the famous Minack Theatre to hear the Fisherman's Friends.



After the presentation, there will be, as usual, opportunities to meet others, have a good chat and enjoy drinks and homemade cakes.

**PLEASE NOTE** that we meet again on **MONDAY JULY 7th**

Our session on this occasion will take a lighthearted look back at  
**" THE GOOD OLD DAYS "**

It will feature a humorous miscellany of readings and musical renditions. We trust that it will bring back memories and give rise to happy feelings of nostalgia.

Fellowship will continue in the Ullswater Room ....



... when a " proper " afternoon tea will be served.

**John & Margaret**

Skelton Methodist church are holding a  
**Fish and Chip Supper and Quiz**

On Tuesday 3<sup>rd</sup> June at 6:30pm

**Tickets are £10** and are available from  
Kathleen Williamson, Lois Morton or Jean Parker.



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**With preacher Rev  
Sharon Read  
Mission Area Lead  
and Deputy Chair  
(Lancashire)**



**NORTH WEST ENGLAND  
METHODIST DISTRICT**

# **District Online Worship**

**Pentecost Sunday**

**Sunday 8th June at  
6.30pm**

District Online Worship is held on  
the second Sunday of every  
month. For the Zoom code (which  
remains the same), please email  
[prayer@nwedmethodists.org.uk](mailto:prayer@nwedmethodists.org.uk)  
or direct message us on  
Facebook





### **Collection for Carlisle Refuge**

A van is coming to collect any items we may have on **Monday 9th June at 10am, Penrith Methodist Church**

The Refuge would be very grateful for the following items either new, or clean and as new:

- Bedding
- Towels
- Men's Clothes
- Ladies Clothes
- Children and Babies Clothes
- Any items for Children and Babies, toys, equipment i.e. prams, cots, buggies
- Any items to help displaced families set up a new home, kitchen equipment, crockery, cups etc.
- Toiletries
- Colouring books for adults and children
- Coloured pencils and crayons.

All the above items will make a huge difference to families and individuals that find themselves in the unenviable position of being homeless for any reason. Please place items in sealed plastic bin liners, carefully labelled as to what is in the bag.

Please tell your friends and family about this event and anyone you know who has helped in the past. Thank you so much your help, no matter how little it will make a huge difference.

**The Refuge recently set up a fund in memory of the late Ketih Scott. The funds will be used to facilitate any educational needs the families may have, i.e. equipment, books and uniform.**

**If you would like to make a small donation to this fund, please place in a clearly marked envelope and post through the letter box at the side of PMC. The Church Office will then pass on your donations to Carlisle Refuge.**





# TIM & TRACE'S FAREWELL SERVICE AND LUNCH

SUNDAY 29<sup>TH</sup> JUNE  
SERVICE 10.30AM  
LUNCH TO FOLLOW

SADLY WE WILL BE SAYING GOODBYE TO TIM & TRACEY AT  
THE END OF JUNE.

WE WILL BE HOLDING AN INFORMAL LUNCH FOLLOWING  
THE FAREWELL SERVICE.

TO HELP WITH NUMBERS, PLEASE COULD YOU ADD YOUR  
NAMES AND DIETARY REQUIREMENTS TO THE LIST IN THE  
GLASSHOUSE AT PMC (OR EMAIL THE CHURCH OFFICE).

IN ADDITION, WE WOULD WELCOME ANY CONTRIBUTIONS  
OF CAKES/TRAYBAKES (NO FRESH CREAM).  
PLEASE INCLUDE A LIST OF INGREDIENTS FOR THOSE WHO  
HAVE ALLERGIES/INTOLERANCES



## Rev. Dave's leaving service

As you are all aware, Rev. Dave's leaving service is  
on Saturday 26<sup>th</sup> July, 5pm at Penrith Methodist  
Church.

Refreshments are to be served after the service and  
we would like some help with this for all of the  
churches in the Circuit.

If you are able to bake a traybake or a cake, please get  
in touch with Sheila Mallinson -  
sheila.mallinson@gmail.com or 01768 885362



## **Gamblesby Tea on the Green**

Before the EEMC Easter Offering Service at Gamblesby at 6.30pm on Sunday 29<sup>th</sup> June, people are invited to bring a picnic and share fellowship on the village green from 5pm. Hot and cold drinks will be provided.



## **Easy Eco Tip – June:**

### **Join in with a nature and climate initiative.**

One of A Rocha UK's firm beliefs is that we are more likely to nurture and defend God's creation if we spend time enjoying it. Joining in with wider initiatives also reminds us of the power and encouragement of being part of communities and taking action together. Churches Count on Nature, 30 Days Wild, and The Great Big Green Week all take place across June. Join an awareness-raising event or nature count as an individual, with your household or church. Find out more at [caringforgodsacre.org.uk/churches-count-on-nature-faqs](http://caringforgodsacre.org.uk/churches-count-on-nature-faqs), [wildlifetrusts.org/30-dayswild](http://wildlifetrusts.org/30-dayswild) and [greatbiggreenweek.com](http://greatbiggreenweek.com).



## **Ukraine**

In spite of hopes and promises, Ukraine still desperately needs our help. Some of the urgent and ongoing needs are:

- Soap
- Shampoo
- Toothpaste
- Toothbrushes
- Paracetamol
- Washing Powder
- Nappies for babies
- Sanitary Towels
- As always, CANDLES (Preferably plain wax ones, either new or partly used)

If you can give just one of these items you will be making someone's life a little bit easier.

Many thanks.



**Thought for the week...**

## Contact Details:

### Co-Superintendent Ministers

**Rev. Tim Cooke:** 01768 890465 or email: [tim.cooke@methodist.org.uk](mailto:tim.cooke@methodist.org.uk)

**Rev. David Milner:** 07597 639314 or email: [dave@revmilner.plus.com](mailto:dave@revmilner.plus.com)

**Pioneer Enabler: Morgan Tebb-Roger:** 07949 156051

or email: [outreach@penrithmethodist.co.uk](mailto:outreach@penrithmethodist.co.uk)

**Circuit Pastoral Worker: Dean Lawson:** 07897 736024

or email: [laypastor@penrithmethodist.co.uk](mailto:laypastor@penrithmethodist.co.uk)

**Stainton Outreach Worker: Trace Cooke:** 01768 890465

or email: [tracecooke1@gmail.com](mailto:tracecooke1@gmail.com)

**Circuit Office:** 01768 862787 or email: [admin@penrithmethodist.co.uk](mailto:admin@penrithmethodist.co.uk)

(Open 9am - 1pm, Monday to Friday)

**Circuit Operations and Administrative Manager: Sarah Mulheron-Summers**

**Circuit Administrative Assistant: Niamh Ryan**

**Premises Manager: Lindsay Wilson**

**Eden Debt Centre Manager (CAP):** Jen Dixon: 07799 271710

or email: [jendixon@capuk.org](mailto:jendixon@capuk.org)

**Debt Coach:** Jo Varley: 07464 939138

or email: [jovarley@capuk.org](mailto:jovarley@capuk.org)

**Cottage Wood Centre - Please send a request to join our Facebook group.**

**East of Eden Mission Community Website:** [www.eastofedenmc.org.uk](http://www.eastofedenmc.org.uk)

**PMC Website:** [www.penrithmethodist.co.uk](http://www.penrithmethodist.co.uk)

**Find our Sunday services on YouTube**

**Follow us on Twitter @PMCMethodists and on Facebook**

**Let's stay connected with one another!**

