



East Cumbria **Methodist** Circuit



## Weekly Bulletin Sunday 2<sup>nd</sup> March

### Here Comes the Son



This weekend is the start of March and the meteorological start of Spring. It's great that Spring is coming! The daffodils and crocuses are poking up; the birds are singing again; and the mornings and evenings are lighter for longer;

Don't you just love the light and the sun shining more? It makes us feel good, doesn't it!

I remember once walking through a dark forest on a sunny day with my young daughter. We saw a small clearing in the trees where the sun was able to penetrate and shine down like a big spotlight – and so we crawled through the trees and just sat absorbed in the wonder of the light!

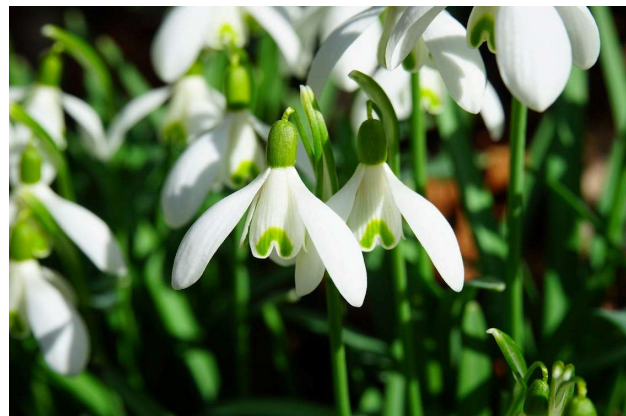
It's great when, in our often dark worlds, something of light shines through. Light revives us - gives us energy. Light seems to give us life itself!

God, and Jesus in particular, is often described as being our light. John 8:12 says: *"I am the light of the world. Whoever follows me will never walk in darkness, but will have the light of life."*

God is light - our energy, our hope, our life – the very thing that invigorates us and revives us. And don't you agree we need more of that light in our lives?

So, how can we encounter more of God's light?

Simply by spending time, like me and my daughter did, sitting under the sun – or more accurately, the son.



There's a verse in Ephesians 5 where it says: *'Everything exposed to the light, itself becomes light'*.

You might call this prayer, or contemplation, or 'quiet time'. But whatever name you want to give it – the more time we spend with God – not reeling off our prayer shopping lists, but intentionally sitting and abiding in God's presence, the more we will be absorbing the divine gaze directed at us, and become its reflection.

So, in all you see and experience this week – I hope you will find time to spend in the 'son'light. Take time to encounter more of God, and get some of God's much-needed light in your life.

I'll leave you with some words from Ephesians 1: *'I pray that your hearts will be **flooded with light** so that you will know the confident hope he has given to those he called... **Christ fills all things everywhere with himself**.'*

Rev Tim



**Penrith**

**10.30am** ~ Morning Worship – Mr Dean Lawson  
Readings: 2 Samuel 7: 1-14a, Ephesians 2:1-22 (NLT)

**Skelton**

**10.30am** ~ Morning Communion – Ven Morris Rodham

**Stainton**

**10.30am** ~ Joint Service with Skelton

**Cottage Wood Centre**

**5pm** ~ Early Evening Worship – Miss Kathleen Williamson

**Alston Moor**

**11am** ~ Local Arrangement

**Nenthead**

**5pm** ~ Pennine Praise

**Langwathby**

**11am** ~ Church Action on Poverty – Hazel Bowes

***There are alternative Anglican services available.***  
***For details, please see the EEMC website: [www.eastofedenmc.org.uk](http://www.eastofedenmc.org.uk)***

# Weekly Diary

## **Monday 3<sup>rd</sup> March**

**9.30am** ~ Monday Walks – Meet outside PMC

**2pm** ~ All Together Fellowship – Church/PMC

**6.15pm** ~ Choral Group – Sandgate/PMC

**7.30pm** ~ Zoom Prayer Meeting –

*All are welcome to join, please follow the link and use the Meeting ID below,*

<https://zoom.us/j/97958259742?pwd=oiRL9sKL0a5HLaFltJwuT09krXA7Ug.1>

*Meeting ID: 979 5825 9742*

*Password: 585914*

## **Tuesday 4<sup>th</sup> March**

**10am** ~ 'He Brews' Coffee Club – Gamblesby Methodist Chapel

**10am** ~ Midweek Service – Ven Morris Rodham – Church/PMC

**11.45am** ~ PMC Pastoral Meeting – Beacon/PMC

**12.30pm** ~ Pancake Lunch – Skelton Methodist Chapel

**1.30pm** ~ Prayer Meeting – Church/PMC

**7pm** ~ Blencow HG – The Hollies, Blencow (*We meet twice monthly at 7pm on a Tuesday. Contact Steve on 07711 088448 for further details.*)

**7pm** ~ Omega House Group – Sunningdale, Stainton

**7.30pm** ~ Junior Youth Club – Ullswater/PMC

## **Wednesday 5<sup>th</sup> March**

**10am** ~ 3C's – Cottage Wood Centre

**10am** ~ Coffee Morning – Skelton Methodist Church

**1.30pm** ~ Wednesday Get Together - Skelton Methodist Church

**7pm – 8pm** ~ Cottage Wood Monthly Prayer Time - *We are continuing to pray at home, and all are welcome to take part for any or all of the hour.*

**7.30pm** ~ Living Room HG, contact Morgan or Sarah for details

## **Thursday 6<sup>th</sup> March**

**10.30am** ~ Oasis – Langwathby Methodist Chapel

**2pm** ~ Parklands HG – Upper Link/PMC

**7.30pm** ~ Fellside HG (*Contact Mike on 07511089321 or Ange on 07808801229 for more details*)

## **Friday 7<sup>th</sup> March**

**12 noon** ~ Lunch Club – Ullswater/PMC

**2pm** ~ World Day of Prayer Service – Church/PMC

## **Sunday 9<sup>th</sup> March**

**Penrith: 10.30am**

Worship Lead Service – Rev Tim Cooke

**Patterdale: 10.30am**

Morning Worship – Mr Morgan Tebb-Roger

**Skelton: 10.30am**

Morning Worship – Mrs Lois Morton

**Stainton: 10.30am**

Morning Worship – Rev Andrew Callaway

**Cottage Wood: 5pm**  
**Alston Moor: 11am**  
**Kirkoswald: 10am**  
**Gamblesby: 10am**  
**2pm**  
**Renwick: 5pm**

Members Service  
Morning Communion – Rev Mary Elliot  
Morning Worship – Mr Lawrence Tomlinson  
Little Acorns  
Afternoon Worship – Mr Dean Lawson  
Early Evening Worship – Mr Morgan Tebb-Roger



### **Important Gift Aid Reminder FOR PMC MEMBERS**

The Income Tax Year ends on 5th April 2025 and it is important that we know if you have signed a Gift Aid declaration and are either no longer paying Income Tax, or consider that the amount of tax you have paid in the current year is less than will be reclaimed on your total donations (currently £25.00 can be reclaimed for every £100 donated).

Any taxpayers who may be interested in helping the church by Gift Aiding their donations but do not currently do so, please contact the Office for further information. There is no additional cost to you and it is completely confidential.

If you have signed a Gift Aid declaration and changed your name or address, please advise the Church Office.

Thank you.

*giftaid it*



# ***Church Action on Poverty Sunday***

*is on the last Sunday before Lent each year.*

## **DREAMS AND REALITIES**

What are the realities facing our church and community?

What are your dreams for a world free from poverty?

**2nd March 2025 is Church Action on Poverty Sunday**

**Langwathby Methodist Church**  
**10.30 Refreshments and art exhibition BEFORE**  
**11am service**  
**All are welcome**

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You are very welcome to join us for our next  
"All Together Fellowship" gathering.



**MONDAY, MARCH 3rd**  
**in church at 2pm**

**CUMBRIA'S**  
**RED SQUIRRELS**



When Beatrix Potter wrote "Squirrel Nutkin" in 1903, many red squirrels were found in the wild in the UK, along with the occasional grey. Come along to hear about the red's struggle for survival and the work of the "Penrith and District Red Squirrel Group" in helping to protect them.



Talk and visual  
presentation  
by Rachel Smith



As always, the session will begin with a short act of worship followed by the presentation.

Our fellowship always ends with opportunities to meet others,  
have a good chat and enjoy drinks and homemade cakes.

### **PLEASE NOTE**

**All donations received at this meeting will be given to the**  
**"PENRITH and DISTRICT RED SQUIRREL GROUP"**

**John & Margaret**

**SKELTON  
METHODIST CHAPEL**



# PANCAKE LUNCH

**TUESDAY MARCH 4<sup>th</sup> at 12:30pm**

**COME AND JOIN US  
FOR SWEET AND  
SAVOURY PANCAKES  
Tea and Coffee**



**Donations for Chapel Funds**

This Sunday at 5pm at Langwathby Chapel –

♪ Taize

A short reflective service of readings, prayers and Taize music



## **OASIS**

*Come to our monthly Oasis of refreshment and reflection*

Thursday, 6 March at Langwathby Chapel

Coffee served from 10.30.

A short service follows and a light lunch

## World Day of Prayer 2025

World Day of Prayer is a worldwide movement led by Christian women of many traditions who call the faithful together to observe a common day of prayer each year.

More than 120 countries participate in an annual day of celebration which brings together people of various races, cultures and traditions sharing God's word and worship.

This year in Penrith the Service\* will be held on **Friday 7<sup>th</sup> March 2025 at 2pm** at **Penrith Methodist Church**.

ALL are welcome.

*\*Which has been prepared by the women of the Cook Islands – 'I made you wonderful'.*



## Penrith Music Club – Solem String Quartet

***Monday 10th March at 7.30pm at PMC***

Praised for their “immaculate precision and spirit” (The Strad) and “cultured tone” (Arts Desk), the Solem Quartet has established itself as one of the most innovative and adventurous quartets of its generation. A 2020 awardee of the Jerwood Arts Live Work Fund, one of 33 artists selected from more than 1200 applicants, the Solem Quartet takes its place amongst some of the UK's brightest artistic voices.

Tickets are £20 in advance or at the door (£5 for students)



## Defibrillator Training Available

We are running Defibrillator training at PMC on the **13<sup>th</sup> of March at 7pm**.

This is open to all within the Circuit who would like training/a refresher on how to use a defibrillator.

Registration beforehand is not necessary, however it would be helpful to know numbers (please email [admin@penrithmethodist.co.uk](mailto:admin@penrithmethodist.co.uk) if you would like to let us know).





## Lent Meetups



**Ash Wednesday** (March 5th) marks the beginning of **Lent**, a season remembering Jesus Christ's time spent in the wilderness as he contemplated the future direction of his life and ministry. What is your life, your purpose, perhaps your place in God's world. What does your future hold... is it one of hope or uncertainty, eagerness or despair? The next few weeks leading up to Easter Day when Christians celebrate Jesus' death and resurrection, can be for us and you too, a time to reflect on the place you are in in your life now and the direction you're going.

Let's meet together for six Wednesday evenings from **March 12th, 19th, 26th, 2nd April, and 16th** (or however often you can manage), at **19:30 hrs** in **Robin Hood View Cottage, Winskill**, Peter and Hazel Bowes' home for friendship, reflection and refreshments. You'll be more than welcome! Just come!

### Lent Lunches 2025



**Thursday 13th March** – Church in the Barn,  
12pm - 1pm (Newton Road, Penrith, CA11  
OFP)

**Friday, 21st March** – St Andrews Church,  
12pm - 1pm (St Andrews Place, Penrith,  
CA11 7XX)

**Tuesday 25th March** – Penrith Methodist  
Church, 12pm - 1pm (Wordsworth Street,  
Penrith, CA11 7QY)

**Friday 4th April** – St Catherine's Church,  
1pm - 2pm (Haydock Centre, Drovers Lane,  
Penrith, CA11 9EL)

**Wednesday 9th April** – Quakers, 12pm -  
1pm, Friends Meeting House (Meeting House  
Lane, Penrith, CA11 7TR)





# Seedy Saturday

FREE give and take event for sharing seeds, plants, pots, gardening tools and books.

15th March, 9:30am to 2pm  
Penrith Methodist Church

- ✓ Talks
- ✓ Information Stands
- ✓ Tool Sharpening
- ✓ Refreshments





## **The Green Heart of Mission**

Do you see caring for creation as an integral part of your faith, and core to the mission of the Church? Perhaps you do, but meet others who are less convinced that caring for the earth is a key part of the Gospel and missional work.

Join us as we discuss these themes, with Paul Kunert, author of 'Jesus Died to Save the Planet', stories from Eco Churches and others. We'll explore how creation care is at the heart of mission and how a newly refreshed Eco Church survey helps put this into practice.

Book your place via Eventbrite at the following link:

<https://www.eventbrite.co.uk/e/the-green-heart-of-mission-tickets-1242375441389?aff=oddtcreator>

**Please note, that you need to register via Eventbrite in order to receive the joining information, which is a Zoom link sent via email nearer to the event date.**

### **Easy Eco Tip – FEBRUARY:**

Plan this year's holidays, with creation in mind. At this time of year, our thoughts can often turn to the hope of warmer weather and planning a summer holiday. Visiting new places and seeing God's creation is a great way to be refreshed and rested. Yet how we travel and where we stay, can either be positive or negative for the very environment we care about.

Use these simple prompts to help you plan a greener break this year: [wwf.panda.org/act/live\\_green/travel/on\\_vacation](http://wwf.panda.org/act/live_green/travel/on_vacation).





# Methodist Women in Britain

*For women, for justice, for Christ*

**COULD YOU JOIN OUR TEAM?**

**ARE YOU LOOKING FOR A NEW CHALLENGE?**

**HAVE YOU THE SKILLS WE NEED TO FURTHER DEVELOP  
METHODIST WOMEN IN BRITAIN, TAKING US FORWARD AS  
A VIBRANT, ACTIVE CHARITY?**

***We are looking for a new CoChair from September 2025***

*As CoChair you will be a representative for Methodist Women in Britain, and the Methodist Church. There will be an opportunity to have an overseas visit during your term of office and the role brings many wide-ranging opportunities to engage with people both inside and outside the Methodist Church.*

*Prior experience of Methodist Women in Britain is valuable but not essential, as you will be able to shadow one of our present CoChairs before you take up office in September 2025.*

*You will need to be comfortable with public speaking and have good communication, organisational and IT skills, with some experience of chairing meetings and leading worship an advantage.*

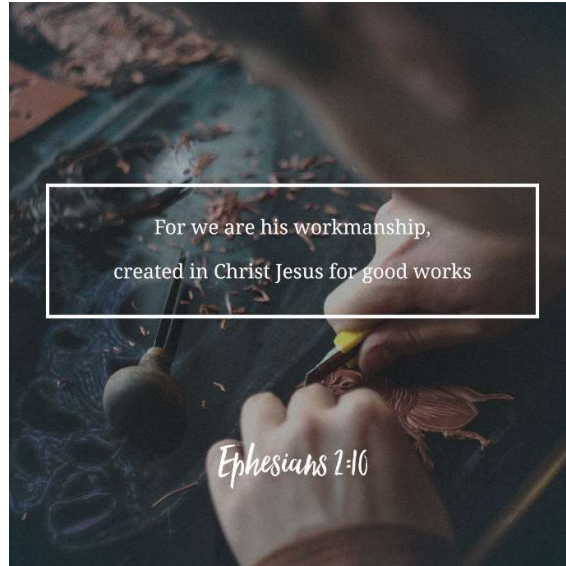
This is a volunteer position with all reasonable expenses reimbursed.

Contact [cochairs.mwib@gmail.com](mailto:cochairs.mwib@gmail.com) for an informal chat about the role

Completed application forms to: [communications.mwib@gmail.com](mailto:communications.mwib@gmail.com)

**CLOSING DATE: Monday 14<sup>th</sup> April @ 12noon**

## Thought for the week...



### Contact Details:

#### Co-Superintendent Ministers

**Rev. Tim Cooke:** 01768 890465 or email: [tim.cooke@methodist.org.uk](mailto:tim.cooke@methodist.org.uk)

**Rev. David Milner:** 01768 863209 or email: [dave@revmilner.plus.com](mailto:dave@revmilner.plus.com)

**Pioneer Enabler: Morgan Tebb-Roger:** 07949 156051

or email: [outreach@penrithmethodist.co.uk](mailto:outreach@penrithmethodist.co.uk)

**Circuit Pastoral Worker: Dean Lawson:** 07897 736024

or email: [laypastor@penrithmethodist.co.uk](mailto:laypastor@penrithmethodist.co.uk)

**Stainton Outreach Worker: Trace Cooke:** 01768 890465

or email: [tracecooke1@gmail.com](mailto:tracecooke1@gmail.com)

**Circuit Office:** 01768 862787 or email: [admin@penrithmethodist.co.uk](mailto:admin@penrithmethodist.co.uk)

(Open 9am - 1pm, Monday to Friday)

**Circuit Administrative Manager: Sarah Mulheron-Summers**

**Circuit Administrative Assistant: Niamh Ryan**

**Premises Manager: Lindsay Wilson**

**Eden Debt Centre Manager (CAP):** Jen Dixon: 07799 271710

or email: [jendixon@capuk.org](mailto:jendixon@capuk.org)

**Debt Coach:** Jo Varley: 07464 939138

or email: [jovarley@capuk.org](mailto:jovarley@capuk.org)

**Cottage Wood Centre - Please send a request to join our Facebook group.**

**East of Eden Mission Community Website:** [www.eastofedenmc.org.uk](http://www.eastofedenmc.org.uk)

**PMC Website:** [www.penrithmethodist.co.uk](http://www.penrithmethodist.co.uk)

**Find our Sunday services on YouTube**

**Follow us on Twitter @PMCmethodists and on Facebook**

**Let's stay connected with one another!**

