

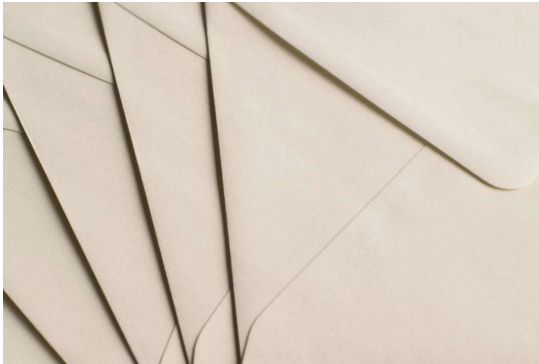


East Cumbria **Methodist** Circuit



Weekly Bulletin Sunday 20th October

Post



What comes to mind when you hear the word Post? A fence post? A sign post? Posting an entry on Social Media? Probably you think of the post that drops through your letterbox.

Things have changed. No longer are there chatty letters from friends and family; rather there will be catalogues, adverts, begging letters and possibly

bills (unless you receive these 'on line'.) Perhaps the best time is when you receive greetings for Birthdays, Anniversaries or Christmas. Each item received is meant to convey a message. Will you purchase from the catalogue? Will you support this good cause? Money is now due so please pay up. I'm thinking of you on your Special Day.

For all that means of communication have changed, there is still a certain expectation when we hear the post fall through the letter box. Although much may end up in recycling, there is always the chance of a nice surprise. All items of post contain words and words can thrill or disappoint or encourage or challenge. As we read such correspondence does it affect our thinking?



We are all familiar with the opening words of John's Gospel ; 'In the beginning was the Word and the Word was with God and the Word was God....And the Word became flesh and dwelt among us.' Hopefully it is not irreverent to liken Jesus to an item of post. There is a sender, God, who wishes to send a message to his created people. Many words have been spoken in the years leading up to the coming of Jesus, words of challenge and reproof, calling the nations back to following God's way. Now God sends his message in the clearest way possible by turning the spoken word into the 'Living Word'. His Son Jesus will bring all the

words to life and his message demands a response in the same way we respond to items of post.

Will we answer his challenge to be the followers he calls us to be? Will we find comfort in knowing he cares for us (in the same way we feel cared for by those who send thoughtful messages)? Will we ask for his forgiveness when his word, the Bible, points to our shortcomings? As the Chorus says 'You are the King of Glory....You have the words of eternal life, you are Jesus Christ the Lord.'

Lois Morton



Penrith

10.30am ~ Be Boulder – Rev Tim Cooke & Rev Liz Crumlish
Readings: Jeremiah 29:1-7 & Hebrews 11:1-16

Skelton

10.30am ~ Joint Service with Stainton

Stainton

10.30am ~ Morning Worship – Mr Morgan Tebb-Roger

Cottage Wood Centre

5pm ~ Woodland Collective – Mr Morgan Tebb-Roger

Alston Moor

11am ~ Morning Worship & Church Council – Rev David Milner

Langwathby

11am ~ Morning Worship – Hazel & Peter Bowes

Kirkoswald

6.30pm ~ Third Sunday Service

***There are alternative Anglican services available.
For details, please see the EEMC website: www.eastofedenmc.org.uk***

Weekly Diary

Monday 21st October

9.30am ~ Monday Walks – Meet outside PMC

2pm ~ Bible Fellowship – Skelton Methodist Church

6.15pm ~ Choral Group – Sandgate/PMC

7.30pm ~ Penrith Music Club Concert – Church/PMC

7.30pm ~ Zoom Prayer Meeting –

All are welcome to join, please follow the link and use the Meeting ID below,

<https://zoom.us/j/97436321089>

Meeting ID: 974 3632 1089

Tuesday 22nd October

10am ~ Midweek Communion – Rev Tim Cooke – Church/PMC (*Reading: Mark 10:46-52*)

10am ~ 'He Brews' Coffee Club – Gamblesby Methodist Chapel

11am ~ Pastoral Meeting – Beacon/PMC

1.30pm ~ Prayer Meeting – Church/PMC

7pm ~ Blencow HG – The Hollies, Blencow (*We meet twice monthly at 7pm on a Tuesday. Contact Steve on 07711 088448 for further details.*)

7pm ~ Omega House Group – Sunningdale, Stainton

7.30pm ~ Junior Youth Club – Ullswater/PMC

Wednesday 23rd October

10am ~ 3C's – Cottage Wood Centre

1.30pm ~ Wednesday Get Together - Skelton Methodist Church

7.30pm ~ Living Room HG, contact Morgan or Sarah for details

Thursday 24th October

2pm ~ Parklands HG – Upper Link/PMC

7.30pm ~ Fellside HG

7.30pm ~ Alpha – Beacon/PMC

Friday 25th October

12 noon ~ Lunch Club – Ullswater/PMC

Sunday 27th October

Penrith: 10.30am	Morning Worship – Mr Morgan Tebb-Roger
7.30pm	Encounter
Skelton: 10.30am	Morning Worship – Mr Michael Boone
Stainton: 10.30am	Joint Service at Dacre – Rev Tim Cooke
Cottage Wood: 3pm	Afternoon Worship – Mr Michael Boone
Alston Moor: 11am	Morning Worship – Mr David Pepin
Kirkoswald: 10am	Morning Communion – Rev Mary Elliot
Gamblesby: 2pm	Afternoon Worship – Mr Dean Lawson
Great Salkeld: 6pm	Evening Worship – Veronica Priest

Shoebox Packing



Thank you to everyone who helped to pack 64 boxes, came for coffee and/or gave donations of lovely items and transport costs.

Thank you also to those who made coffee, helped to clear the Hall and pack the car! If you are doing your own box, the deadline for finished boxes to be back at PMC is 15th November. There are leaflets to guide you in reception.

Judith Joyce

PMC CLOTHES SWAP

**Saturday
19th October**
10am-1pm

**Sunday 20th
October**
11.30am-1pm

Penrith Methodist Church,
Wordsworth Street,
Penrith, CA11 7QY

Refresh your wardrobe at our clothes swap event!

The aim is to redistribute unwanted clothes, so bring along any quality clothes which you no longer wear and swap them for something new!



be boulder

SATURDAY 19TH OCTOBER



SANDGATE

09:00

Morning Prayers

Come and spend some time in prayer, to begin our weekend right by connecting with God

CHURCH

09:30

Breakfast

Let's grab a bite before we worship

CHURCH

10:00

Worship

Led by our wonderful worship team, we'll meet together and worship God

CHURCH

11:30

Exploration

Join our guest speaker for the weekend, poet Rev Liz Crumlish, to explore where we are as a church.

12:30

Picnic Lunch

Bring your nibbles from home and let's eat together and discuss our thoughts so far

CHURCH

13:30

Workshops

Join one, some or all of our afternoon workshops. We've got flower arranging, crafts, and new this year, a vocal harmony workshop. Finish around 3pm.

CHURCH

19:00

Quiz

Back by semi-popular demand, team up with your family & friends to prove who can be the smartest when answering some pretty silly questions. Open to all, pay what you can

be boulder

SUNDAY 20TH OCTOBER



CHURCH

10:30 Worship

Our usual Sunday worship service with a Be Boulder flair.

ULLSWATER

12:00 Lunch

Enjoy a hot meal after the service. All welcome, donations taken to cover costs.

17:00 Woodland Collective

Head out into the great outdoors - check notices & listen out for the exact woodland. Lifts available.

HAPPENING ALL WEEKEND

Prayer Spaces

Head to the Upper Link (up the Glasshouse stairs) at any point the church is open during the weekend to connect with our various Prayers Spaces, all connect to the Be Boulder theme.

Clothes Swap

Spread across the Ullswater & Sandgate rooms, our clothes swap is open to all, all weekend, at any point the church is open. Come with something to swap and refresh your wardrobe, while reducing clothing waste



Penrith Music Club – Pirasti Trio

Monday 21st October at 7.30pm at PMC

The Pirasti Trio originally formed in 1989 and performed throughout the UK, Europe and the USA until 2001. After returning to live in the UK, they reunited in 2021.

Tickets are £20 in advance or at the door (£5 for students)



2025 World Day of Prayer

prepared by Christian women of The Cooke Islands

Preparation Day

All diocesan/circuit/church WDP co-ordinators are invited

Langwathby Methodist Church, Langwathby, Penrith.

Tuesday 22nd October 2024, 10.00 - 15.00

You will be guided in preparing for your own local WDP service
(normally first Friday in March)

Resource materials available to buy/order.

Please BYO lunch but refreshments provided throughout the day.

A contribution of £5 pp is welcomed.

Please contact Revd. Mary Elliott 01434381350 maryeinbox@gmail.com to register or for further information.

Penrith Methodist Church - Carols by Candlelight Invitation

This year's theme is "ALL THINGS NEW"! We warmly invite anyone interested in participating in our Carols by Candlelight event to join us for our first rehearsal on **28th October at 6:30pm.**

Rehearsals are flexible, lasting no more than an hour, and you are welcome to arrive at any point during that time. We will also offer a practice-at-home feature to ensure everyone has the opportunity to participate.

For more details or to express interest, please email Michael at cumbriaentertainment@gmail.com.

Come, be a part of something special!



4F

Pumpkin Light Party

All the treats, without the tricks



Penrith Methodist Church
Tuesday 29th October, 11am-2pm

Fancy dress (no scary monsters please!)
Pumpkin carving **Apple bobbing**
Crafts & games



FAIR TRADE Christmas Coffee Morning

Saturday 2nd November
10am – 12 noon,
at Penrith Methodist Church

- Fair Trade Christmas Cards
- Fair Trade food and wrapping paper from OXFAM
- Fair Trade gifts from Victoria's
- Christine Milner's handmade cards
- Coffee & cake stall

Come along, buy cards and gifts for Christmas, have a cuppa & some cake, share in fellowship, and support Fair Trade





PENRITH MESSY CHURCH

4.30PM - 6.00PM

SATURDAY 2ND NOVEMBER 2024

Step into the light.

Join us at Penrith Methodist Church for:

- Crafts
- Games
- A fire pit
- Teas and coffees
- An outdoor reflection and praise
- A free family meal

FOR MORE INFORMATION CONTACT
BETH.HONEY@RESTORECUMBRIA.CO.UK

All are welcome!





We next meet for our "All Together Fellowship" on
MONDAY, NOVEMBER 4th, at 2pm in the Church.

As always, our time together will begin with a short act of worship.



We will then invite you to join
us on some great train journeys.



The engines will be steamed

up in advance so that you can enjoy travelling with us.

John and Lawrence will give a talk and visual presentation which
will include brief information about the chosen railways, and
plenty of opportunities to see the trains on their journeys.

If you are able to join us you would be very welcome.

Our fellowship always ends with opportunities to meet others,
have a good chat and enjoy drinks and homemade cakes.

PLEASE NOTE that we meet again on Monday, December 9th.

This will be our Christmas get-together

John & Margaret



WILD
ARTS



G. F. HANDEL
MESSIAH

AT CARLISLE CATHEDRAL

Following their sell-out tour in 2023, critically acclaimed opera company Wild Arts (★★★★★ Opera Now, ★★★★★ The Guardian) bring Handel's legendary telling of the Christmas story to Carlisle Cathedral.

With staging from theatre and opera director Tom Morris (*Breaking the Waves*, *Dr Semmelweis*, *War Horse*).

Wednesday 11 December, 7pm | Tickets from £15
www.wildarts.org.uk/messiah



CAP Money Course

A free, short course that makes managing your money simple.



CAP Job Club - Volunteers Needed

Due to voluntary staff shortages because of holidays and sickness, Michelle Pierce, the manager of the CAP Job Club, would be very grateful if someone could help her for three Tuesday mornings from 10.15am to 12.00pm on the 12th, 19th and 26th November. Tasks include providing refreshments, meeting and greeting clients, being friendly and supportive during the training sessions and as the clients leave. It is an opportunity for volunteers to witness how the Job Club operates.

To confirm availability or obtain further information, please contact Michelle Tel 07789 212908



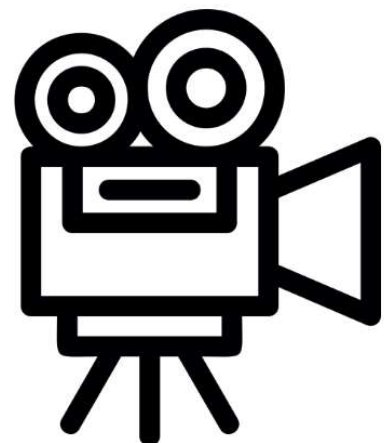
Encounter - Sunday 27th October

A reminder that Encounter is on next week at PMC, 7pm.

PMC Livestream Schedule - October

Please see PMC's Sunday Service Livestream schedule for the rest of this month below:

20th October: LIVESTREAM
27th October: NO LIVESTREAM



PMC are proud to announce that we are now members of Inclusive Church.



This Church is an Inclusive Church

We believe in inclusive Church - a church which celebrates and affirms every person and does not discriminate. We will continue to challenge the church where it continues to discriminate against people on grounds of disability, economic power, ethnicity, gender, gender identity, learning disability, mental health, neurodiversity, or sexuality.

We believe in a Church which welcomes and serves all people in the name of Jesus Christ; which is scripturally faithful; which seeks to proclaim the Gospel afresh for each generation; and which, in the power of the Holy Spirit, allows all people to grasp how wide and long and high and deep is the love of Jesus Christ.

www.inclusive-church.org

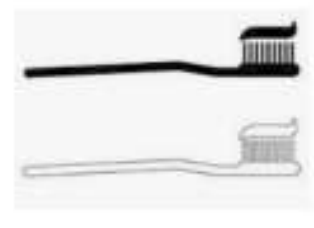
PLEASE HELP UKRAINE!

**New candles – Old candles – Ends of candles –
Any candles**

These will be taken to an orphanage and refugee centre in UKRAINE where they will be made into TRENCH CANDLES, which are used for light, heat and even cooking.



The soldiers also need (in good condition) **socks, woolly hats and gloves. AND (NEW) toothbrushes, toothpaste and razors.**



We are also collecting **anything related to children** for the orphanage and refugee centre.

They need toys and clothes in good condition.



All items can be left in the blue box in reception.

Monetary donations towards the cost of transport are also welcome and appreciated.

Thought for the week...



Contact Details:

Co-Superintendent Ministers

Rev. Tim Cooke: 01768 890465 or email: tim.cooke@methodist.org.uk

Rev. David Milner: 01768 863209 or email: dave@revmilner.plus.com

Pioneer Enabler: Morgan Tebb-Roger: 07949 156051

or email: outreach@penrithmethodist.co.uk

Circuit Pastoral Worker: Dean Lawson: laypastor@penrithmethodist.co.uk

Stainton Outreach Worker: Trace Cooke: 01768 890465

or email: tracecooke1@gmail.com

Circuit Office: 01768 862787 or email: admin@penrithmethodist.co.uk

(Open 9am - 1pm, Monday to Friday)

Circuit Administrative Manager: Sarah Mulheron-Summers

Circuit Administrative Assistant: Niamh Ryan

Premises Manager: Lindsay Wilson

Eden Debt Centre Manager (CAP): Jen Dixon: 07799 271710

or email: jendixon@capuk.org

Debt Coach: Jo Varley: 07464 939138

or email: jovarley@capuk.org

Cottage Wood Centre - Please send a request to join our Facebook group.

East of Eden Mission Community Website: www.eastofedenmc.org.uk

PMC Website: www.penrithmethodist.co.uk

Find our Sunday services on YouTube

Follow us on Twitter @PMCmethodists and on Facebook

Let's stay connected with one another!

