



Penrith Methodist Circuit

Weekly Bulletin

Sunday 28th May 2023

The Birthplace of Peace

I wonder, when was the last time you allowed yourself to be vulnerable? Maybe you put yourself out there or tried something new, or maybe you opened up to someone about how you were truly feeling. To be vulnerable is to embrace discomfort and acknowledge risk.

This is the reason why most of us avoid being our true, authentic selves, around others. To risk being ourselves would be to risk humiliation or ostracism. However, to avoid that risk would be to avoid the opportunity to build real relationships and form authentic communities, which we as humans need to survive.

A friend recently reminded me of a quote from M. Scott Peck and Brené Brown which says, "there can be no vulnerability without risk; there can be no community without vulnerability; there can be no peace, and ultimately no life, without community. Vulnerability is the birthplace of connection and the path to the feeling of worthiness."

When putting together His 'rag-tag' group of disciples, Jesus is vulnerable. He puts Himself out there and calls out to Simon Peter, Andrew, James and John. He risks rejection with the desire to form a connection with these people. But we see in Matthew 4 that taking that risk pays off as they drop their nets and follow Jesus, embracing vulnerability themselves. Throughout the gospels, we see this pattern continue. In Luke 8 when the woman in the crowd is healed by reaching out and touching Jesus' cloak, or with the Canaanite woman in Matthew 15 who pleads for Jesus to heal her daughter.

These people allowed themselves to be vulnerable, but Jesus acknowledged the risk they'd taken and told them that they are loved. Jesus formed a movement of peace and justice through setting the example of being vulnerable and encouraging others to do the same. Through this, a community of people with a genuine connection came together and went on to change the world.



If we are to see change happen in this world, if we truly want to see peace and justice reign, then we need to ignore the societal norms that tell us to put on a façade, and allow ourselves to be vulnerable.

Today I encourage you to pray "Loving God, be with me in my vulnerability and bless me with the fruits that it brings. Help me to strive for peace through the example that Jesus set. Amen."

*Morgan Tebb-Roger
Pioneer Lay Minister*



Penrith Methodist Church

10.30am ~ Morning Worship ~ Rev. Tim Cooke

Readings: Ezekiel 37: 1 - 14; John 20: 19 - 22

7pm ~ Encounter ~ PJ Summers

Skelton Methodist Church

10.30am ~ Morning Worship ~ Miss Kathleen Williamson

Stainton Methodist Church

10.30am ~ Morning Worship ~ Mr. Lawrence Tomlinson

Cottage Wood Centre

5pm ~ Early Evening Worship - Sharing Service

Thought for the Week



Weekly Diary

Monday 29th May - Bank Holiday

9.30am ~ Monday Walks - Meet outside PMC

2pm ~ Bible Fellowship - Skelton Methodist Church

NO Choral Group - Sandgate Room/PMC

NO Monday Zoom Prayer

Tuesday 30th May

10am ~ Midweek Service ~ Mr. Lawrence Tomlinson - Church/PMC

NO CAP Job Club

7pm ~ Omega HG - Sunningdale, Stainton

NO Junior Youth Club - Ullswater/PMC

Wednesday 31st May

NO 3C's

11am ~ 4F - Ullswater/PMC

1.30pm ~ Sewing Craft Group - Skelton Methodist Church

7pm ~ Blencow HG - The Hollies, Blencow *(We meet twice monthly at 7pm on a Wednesday. Contact Steve on 07711 088448 for further details.)*

Thursday 1st June

NO Twinkly Tots

2pm ~ Parklands HG - Northgate, Milburn

Friday 2nd June

12 noon ~ Lunch Club - Ullswater/PMC

NO Senior Youth Club

Sunday 3rd June

Penrith: 10.30am ~ Morning Worship ~ PJ Summers

Skelton: 10.30am ~ Morning Worship ~ Mrs Lois Morton

Stainton: 10.30am ~ Morning Worship ~ Mr. Michael Boone

Cottage Wood Centre: 5pm ~ Early Evening Communion ~ Rev. Tim Cooke



Circuit Office

A reminder that the Circuit Office will be closed for the Bank Holiday on Monday 29th May.



Sad News

It is with sadness that we announce the passing of Edith Firth. Please hold her son Ian and family in your prayers.

Following a funeral service in Kent, a committal service will take place at Penrith Cemetery on Friday 23rd June, and those who knew Edith are welcome to attend.



Update & Thanks

On Saturday 22nd April, my son Alan suffered a severe heart attack and was admitted to Chesterfield NHS hospital. He was then transferred to Sheffield Specialist Heart hospital where he underwent major heart surgery, later to be transferred to Liverpool Heart & Chest hospital for further surgery. On 24th May he was returned to Sheffield. Alan is now making a very slow recovery.



My family are so grateful for the skill of the surgical teams and care by hospital staff. We are also extremely grateful for the many friends who have engaged in prayerful support for Alan.

We are deeply indebted to so many who offered practical support during these anxious days.

John Carr.

31st
MAY

4F @ PMC

Wordsworth Street, Penrith

**WEDNESDAY 31ST
MAY
11AM-2PM**



**Fun Games | Indoor Sports
Arts & Crafts
Snacks, Drinks & a Hot Lunch
Plus a Lot More...**

**For more info or to register:
admin@penrithmethodist.co.uk**

Thursday 1st June
10.30am - 2.00pm

*Nearly New Toys &
New Clothing Sale*

12.30pm
Family Meal (FREE)
& Activities



The Salvation Army Church Penrith CA117UY TELEPHONE 01768 866732

Email: penrith@salvationarmy.org.uk

Woodlands Discussion Group

Residents at Woodlands have suggested trialling a discussion group.

The idea would be to meet and discuss topics of the day, or other things in life that come up - in a general way (not necessarily from a religious/faith point of view).

If you might be interested and able to host such a discussion group, please contact Tracy Temple (Woodlands Chaplain) for more information

Tracy.Temple@mha.org.uk





I want to introduce you to a series we will be running over the 4 weeks of June, here at PMC on Sunday mornings, in response to requests we've had. It's called ***Unpacking the Bible***, and we are really excited about it!

You know, in my last eight years as a minister, I've had many people asking me the same thing - *'I have this problem with the Bible...'*

Sometimes it's the brutality and bloodshed, or the difference between the God of the Old Testament, and the God seen in Jesus in the New. Sometimes it's a really obscure passage that they can't understand, or a law or command, which seems unfair, discriminatory, misogynistic, or otherwise at odds with ordinary decent behaviour.

Sometimes it's that they simply can't believe what they're reading - that a fish could swallow a man, or an ark could contain all known species of animals, or that God placed the entire fate of humanity on two people called Adam and Eve and what they did with a snake and a piece of fruit.

We are told that the Bible is the word of God, and yet some bits are violent, disgusting or just baffling! We are told that the Bible is inerrant, infallible and without contradiction - but then we discover there are lots of contradictions, and things written that we now know are just not true. We are told that the Bible is about a loving God, but sometimes what we read seems at odds with that.

Let's be fair. The Bible is difficult. It is confusing. But maybe that's because we sometimes try to control it, or tame it, or make it support what we want it to say. To open the Bible means risking our theology, our presuppositions, our deepest held beliefs.

My hope is that this series will be an act of rediscovery. We want to explore how we read and interpret the Bible, look at some of the myths we have about the Bible, work out how to make sense of the Bible, and fall in love with the Bible all over again – for it to be a text that helps us to encounter more of God, liberate us, and empower us, and thrill us!

So, please join us either physically at 10:30am each week of June, or catch us on YouTube, as together, we start 'Unpacking the Bible'.

Rev. Tim

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# FELTING WORKSHOPS

**AN OPPORTUNITY TO LEARN A NEW CRAFT WHILST  
MAKING A 'WELCOME' WALL HANGING**

BRING A FRIEND OR COME ALONG FOR SOME COMPANY

**MONDAY 12TH & 19TH JUNE, 7.30PM  
PENRITH METHODIST CHURCH**

PLEASE LET US KNOW IF YOU WOULD BE INTERESTED IN JOINING US!

**THANKS,  
DAPHNE, TAMAR & ANGE**

# CUMBRIA METHODIST WOMEN IN BRITAIN



Methodist Women  
in Britain

## *Methodist Deacons*

### *Who we are & what we do*

## *Penrith Methodist Church*

**TUESDAY 13 JUNE 2023**

**10.00am - 3.00pm**

**Tuesday Service at 10<sub>am</sub> led by the Deacons  
Followed by Coffee/Tea at 10:30**

Deacons Debbie, Kina & Mark will then share about  
their Calling, Faith & Work in Cumbria.

This meeting is open to everyone, including gentlemen.

Please bring a packed lunch – drinks provided

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### **Diary Dates 2023**

August 3rd at Tebay MC - Afternoon Tea with Speaker *Debs Coggrave*.

November 6-8<sup>th</sup> “Together at Thornleigh”, our MWiB Residential;  
*"To Serve the Present Age"*

We are delighted to have leading us *Kathleen Pearson*, from Scotland.

# always hope.

EDEN CAP SERVICES deliver free face to face help to people across the Eden valley. Volunteers can get involved supporting our experienced coaches and befriending clients.

christians  
against  
poverty

CAP

If these statements describe you, then we would love to hear from you.

- I know and love Jesus
- I am actively involved in an Eden based church community
- I love getting to know and care for people
- I welcome opportunities to share my faith with others
- I can be available during the day (Mon—Fri). Opportunities vary depending on role—please enquire for more details.

To find out more please contact

### **Job Club—Michelle Pierce**

michellepierce@capjobclubs.org or 07789 212908

### **Debt Help & CAP Money —Jen Dixon**

jendixon@capuk.org or 07799 271710

Job Club



CAP Money



Debt Help



christians  
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poverty

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Eden CAP Services are managed by Penrith Methodist Church  
and actively supported by the local church community

**To access the summer training, please can anyone interested contact Michelle or Jen by the end of June.**

**\*Thank you to those who have volunteered so far to help with our Holiday Club, but it would be good to have a few more!  
Please sign up on the list in reception.**

**2023**

# HOLIDAY CLUB

14-18 August

**FOR MORE DETAILS CONTACT MORGAN ON:**

**[OUTREACH@PENRITHMETHODIST.CO.UK](mailto:OUTREACH@PENRITHMETHODIST.CO.UK)**

**DON'T MISS IT!**

## Contact Details:

**Superintendent: Rev. Tim Cooke:** 01768 890465 or  
email: [tim.cooke@methodist.org.uk](mailto:tim.cooke@methodist.org.uk)

**Circuit Minister: Rev. David Milner:** 01768 863209 or email: [dave@revmilner.plus.com](mailto:dave@revmilner.plus.com)

**Missional Pioneer & Communities Lay Pastor: Morgan Tebb-Roger:** 07949 156051  
or email: [outreach@penrithmethodist.co.uk](mailto:outreach@penrithmethodist.co.uk)

**Circuit Office:** 01768 862787 or email: [admin@penrithmethodist.co.uk](mailto:admin@penrithmethodist.co.uk)  
(Open 9am - 1pm, Monday to Friday)

**Circuit Administrative Manager: Sarah Mulheron**

**Administrative Assistant: Maureen Brunskill**

**Premises Manager: Lindsay Wilson**

### Pastoral Team:-

**Angela Wicker:** 01768 881357; **David & Karen Lee:** 01768 868428

**Lucy Pullan:** 01768 898386; **Morgan Tebb-Roger:** 07949 156051

**Ruth Gardiner:** 01768 863412; **Marion Todd:** 01768 868255

**Eden Debt Centre Manager (CAP) ~ Jon Cook:** 07464 939138  
or email: [joncook@capuk.org](mailto:joncook@capuk.org)

**Cottage Wood Centre - Please send a request to join our Facebook group.**

**PMC Website:** [www.penrithmethodist.co.uk](http://www.penrithmethodist.co.uk)

**All services are on You Tube**

**Follow us on Twitter @PMCmethodists and on Facebook**

**Let's stay connected with one another!**

