

# Penrith Methodist Circuit

## Weekly Bulletin

### Sunday 5<sup>th</sup> February 2023



#### Light & Dark

David declares, at the opening to his 27<sup>th</sup> Psalm, “The Lord is my light and salvation.” And in chapter 9, Isaiah prophesied – “Land of Zebulun and land of Naphtali, the Way of the Sea, beyond the Jordan, Galilee of the Gentiles. The people walking in darkness have seen a great light; a light has dawned on those living in the land of darkness.”



I wonder if you have ever taken time to think about what this ‘light’ and ‘dark’ are that the bible refers to in so many places? (You can probably quote a couple of different verses about light without looking them up.) Maybe it’s obvious from the physical characteristics of light and dark and how they differ: illumination/concealment, warmth/coldness, colour/blackness; or the way they make you feel: safe/fearful, joyous/depressed, contented/agitated, etc.

Scanning down Psalm 27 and listing some of David’s words under the headings of dark and light, we get the following: fear, dread, evil-doers, foes, enemies, war, adversity, anger, violence; and in contrast: salvation, protection, assurance, beauty, esteem, joy, music, grace, help, goodness, and life.

In Matthew 4 (verse 12 onwards) Jesus withdraws to Capernaum in Galilee and Isaiah’s prophecy is quoted. The location is important: Zebulun and Naphtali were the very first tribes of the northern kingdom of Israel to be deported by the Assyrians 700 years before Matthew wrote. His point then? To the place where God’s covenant judgment had fallen seven centuries before (Isaiah’s ‘gloom of a distressed land’) Jesus brings his light of restoration, healing, and hope.

The exhortation Paul gave to the early church still holds true: “For you were once darkness, but now you are light in the Lord. Walk as children of light.” Ephesians 5:8.

*Shane McNicol*



May the blessing of light be upon you:  
light without and within.

May the moon, sun and stars shine upon you and warm  
your heart till it glows like a great fire so that strangers  
and friends may come in and find welcome.

May light shine from your eyes  
like a candle set in a window.

And may God bless you  
with goodness and loving kindness.  
Amen.

(Iona Abbey Worship Book)



**Penrith Methodist Church**

**10.30am** ~ Morning Worship ~ PJ Summers

**'Anna'**

**Reading:** Luke 2: 36 - 38

*Lunch to follow*

**Skelton Methodist Church**

**10.30am** ~ Morning Communion ~ Rev. Tim Cooke

**Stainton Methodist Church**

**10.30am** ~ Morning Worship ~ Mrs. Lois Morton

**Cottage Wood Centre**

**3pm** ~ Early Evening Worship ~ Mr. Michael Boone

# Weekly Diary

## **Monday 6<sup>th</sup> February**

- 9.30am** ~ Monday Walks – Meet outside PMC  
**2pm** ~ Bible Fellowship - Skelton Methodist Church  
**6.15pm** ~ Choral Group – Sandgate Room/PMC  
**NO** Monday Zoom Prayer  
**7.30pm** ~ PMC Church Council Meeting – Beacon/PMC

## **Tuesday 7<sup>th</sup> February**

- 10.30am** ~ CAP Job Club – Beacon/PMC  
**10am** ~ Midweek Service ~ Mr. Lawrence Tomlinson – Church/PMC  
**7pm** ~ Omega HG – Sunningdale, Stainton  
**7.30pm** ~ Junior Youth Club – Ullswater/PMC

## **Wednesday 8<sup>th</sup> February**

- 10am** ~ 3C's – Cottage Wood Centre  
**1.30pm** ~ Sewing Craft Group – Skelton Methodist Church  
**7pm** ~ Blencow HG – The Hollies, Blencow (*We meet twice monthly at 7pm on a Wednesday. Contact Steve on 07711 088448 for further details.*)  
**7.30pm** ~ Local Preachers Meeting – 2 Foxton Gardens, Lowther Street, Penrith

## **Thursday 9<sup>th</sup> February**

- 1pm** ~ Twinkly Tots – Ullswater/PMC  
**1.30pm** ~ Prayer Meeting – Church/PMC  
**1.30pm** ~ Take Tea Out & Takeaway – Cottage Wood Centre –  
*Contact Sheila Mallinson to book*

## **Friday 10<sup>th</sup> February**

- 10am - 2pm** ~ Warm Spaces – Sandgate/PMC  
**12 noon** ~ Lunch Club – Ullswater/PMC  
**7.30pm** ~ Senior Youth Club – Ullswater/PMC

## **Sunday 12<sup>th</sup> February**

- Penrith: 10.30am** ~ Morning Communion ~ Rev. Tim Cooke  
**Skelton: 10.30am** ~ Hymn Service – Miss Kathleen Williamson  
**Stainton: 10.30am** ~ Morning Worship ~ PJ Summers  
**All Saints Church, Calthwaite: 3pm** ~ Something Different Service  
(*No Service at Cottage Wood Centre*)

# GUESS WHO TURNED UP AT THE TEMPLE!

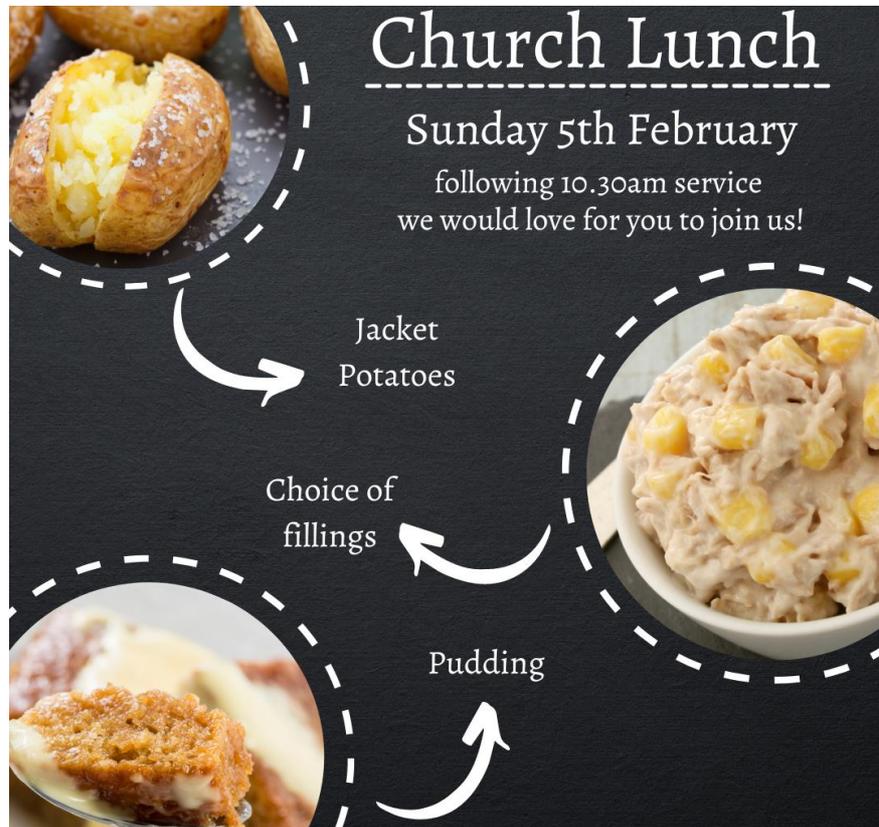
**PMC Epiphany series - 10:30am Sundays**

Sunday 29<sup>th</sup> January - Simeon - Morgan Tebb-Roger

Sunday 5 February - Anna - PJ

Sunday 12 February - Jesus - Rev. Tim





**This Sunday at PMC ~ please include a list of ingredients with any contributions.**

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### **Operation Christmas Child**

Thank you to everyone who has left hats, wool, soft toys and other shoebox items in the Reception drop box. Please continue to knit teddies, glove puppets, mitts etc.

The communal packing morning this year will be on Saturday 14<sup>th</sup> October. Please also save medium - sized shoeboxes. I'm happy to receive them any time. Judith Joyce.



**CTiP Refugee Day in the Lakes  
Thursday 10<sup>th</sup> August 2023**

**Can you help?**

For the first time since 2019, we are delighted to be once more running a day in the Lakes for Refugee families from Newcastle on Thursday 10 August, hosting up to 50 children and adults in Glenridding.

We need a small team of people who are passionate about reaching out to support refugees that can help plan and run the day.

If you are interested in helping, please email Rev Tim on [tim.cooke@methodist.org.uk](mailto:tim.cooke@methodist.org.uk) by Friday 17<sup>th</sup> February.

Thanks!



**Business Administrator for PERN**

**Can you use your skills to advance justice and kindness?**

Penrith and Eden Refugee Network (PERN) are seeking an experienced Business Administrator for six hours a week. £20 per hour freelance.

Includes

- Finance monitoring of budgets and grants
- Activity and impact reporting
- Volunteer management
- Responding to enquiries

For further information, to apply or arrange an informal chat contact [penrithandedenrefugeenetwork@gmail.com](mailto:penrithandedenrefugeenetwork@gmail.com). To apply please send a short CV and a paragraph about how you can help.

For more information about PERN see [www.pernrithandedenrefugeenetwork.org](http://www.pernrithandedenrefugeenetwork.org) and find us on social media.

***Healing  
Service  
5th March 2023***

The Healing Service originally planned for March 12th will now be held on March 5th. Please continue to pray.

## IMPORTANT GIFT AID REMINDER

The Income Tax Year ends on 5th April 2023 and it is important that I know if you have signed a Gift Aid declaration and are either no longer paying Income Tax, or consider that the amount of tax you have paid in the current year is less than will be reclaimed on your total donations (currently £25.00 can be reclaimed for every £100 donated).



Any taxpayers who may be interested in helping the church by Gift Aiding their donations but do not currently do so, please contact me for further information. There is no additional cost to you and it is completely confidential.

If you have signed a Gift Aid declaration and change your name or address, please also let me know.

Thank you,  
Malcolm Teed (01768 758246).

## Just Economics

What should the goal of the economy be?  
Why isn't our current system enabling people to flourish, especially as the cost of living crisis bites?  
Could a change in approach help us solve the climate crisis?  
What does our Christian faith have to say about the economy?

We're going to engage with a six week small group course from the Joint Public Issues Team, opening up some of these questions and starting a conversation about how the economy might be re-shaped to enable the wellbeing of all people and the planet.

Meeting for 6 weeks on Wednesday evenings, starting on 22nd Feb, 7.30pm-9pm at 1 Lowther Terrace (just round the corner from PMC)

For more information please speak to Chris & Sarah Hulme, or email via [sarahchrishulme@gmail.com](mailto:sarahchrishulme@gmail.com)



Just  
ECONOMICS

# Ministry of Flowers

Thank you so very much for the donations which you have given us towards providing the church flowers at PMC.



These gifts make such a difference to the flowers that we can put in the church and which give so much pleasure to many.

Should you like to make a donation towards this ministry, please contact Marion Todd or a member of the Flower Team.

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We are also in need of some extra help distributing flowers following the Tuesday service.

These flowers are delivered to those who are unwell, lonely, in need or have a special occasion.

Please contact the Circuit Office or a member of the Flower Team if you would like to get involved!



## **Penrith Music Club Concert**

Monday 13<sup>th</sup> February, 7.30pm at PMC.

Gould Piano Trio with  
Robert Plane (Clarinet)

Full ticket information on the website:

[www.penrithmusicclub.com](http://www.penrithmusicclub.com)

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**JOIN US ON  
SATURDAY 4TH MARCH  
7PM @ PMC**

**CEILIDH**

**HOT FOOD SERVED AT 7PM**

**MUSIC FROM  
'THE TAILGATE BUSKERS'**

**ADULTS - SUGGESTED DONATION £10  
KIDS - FREE**

**SIGN UP VIA  
PENRITHMETHODIST.CO.UK  
OR  
CONTACT THE CIRCUIT OFFICE  
01768 862787**

**Ruth & Helen will be providing hot food on the evening. Please contact them if you wish to help or would like to contribute a pudding.**



**CHURCHES TOGETHER IN CUMBRIA  
- NEW VICE PRESIDENT REQUIRED  
from October 2023!**



The present Vice President, Sheila Goodliffe, stands down at the end of September this year at the end of her 3 year period, and a new Vice President is required.

This is a voluntary post, but expenses incurred will be reimbursed and with the post holder also being a Trustee of CTIC.

The Vice President reports to the President, who is Rev Andrew Dodd at present until January 2024 when his period of office finishes.

As well as deputising for the President when required, **duties** include

- Ensuring the provision of admin. & secretarial services by an external secretarial agency which includes
  - Admin. & secretarial support for Trustees, Denominational Ecumenical Officers, the Chair of the Social Responsibility Forum and the Ecumenical Social Responsibility Officer (a part time appointment), the Chair of the Anna Chaplaincy Advisory Committee and the Anna Chaplaincy Lead person (a part time appointment)
  - Arranging and minuting relevant meetings in person or via Zoom
  - Keeping the CTIC website updated
- Editing the monthly Newsletter sent out widely
- Liaising with CT groups across Cumbria as required especially as the review and development of Mission Communities continues
- Co-ordinating the production of the Annual Report for the AGM and as required by the Charity Commission, ensuring appropriate reports are received, including the Annual Financial return, in conjunction with the Honorary Treasurer
- Being the designated Trustee to ensure the Charity Commission is kept up to date of any changes within CTIC

**Those interested in applying for this post** should have a demonstrable commitment to the aims of CTIC and be from any denomination. They should have experience of people and change management and charity governance.

For an informal chat and further information about this post, please contact Sheila Goodliffe on 016977 41211 and/or [sheilafg@btinternet.com](mailto:sheilafg@btinternet.com)

## Eco Church Award

A few months ago, Cottage Wood Centre registered with the A Rocha UK's Eco Church award scheme. This is 'for churches in England and Wales who want to demonstrate that the gospel is good news for God's earth'.

After discussing this together as a congregation, we agreed that we would like to play our part in caring for the environment and adapting what we do in order to become better stewards of all that God has provided. Registering to become an Eco Church is a straightforward process and the survey that you complete can be added to over time as you make more changes and see where even the small things can make a difference. It is not only to do with the church building itself, but also the activities and actions of the congregation and working within the community.

We are really pleased that we have recently been granted a silver award and are grateful to Gill Williams for her work on completing this on our behalf.

As well as the award scheme A Rocha UK provide lots of resources and information to help any church congregation work towards being more environmentally friendly. Super Swap Saturday in December was our first dedicated eco event and we hope to have other activities in the coming months to continue our work in this area.

If anyone else is wondering about pursuing this, then please do have a word with either Gill or myself, and we would be pleased to support you in any way we can.

Carolyn Dickinson.



## Contact Details:

**Superintendent: Rev. Tim Cooke:** 01768 890465 or  
email: [tim.cooke@methodist.org.uk](mailto:tim.cooke@methodist.org.uk)

**Circuit Minister: Rev. David Milner:** 01768 863209 or email: [dave@revmilner.plus.com](mailto:dave@revmilner.plus.com)

**Missional Pioneer & Communities Lay Pastor: Morgan Tebb-Roger:** 07949 156051  
or email: [outreach@penrithmethodist.co.uk](mailto:outreach@penrithmethodist.co.uk)

**Circuit Office:** 01768 862787 or email: [admin@penrithmethodist.co.uk](mailto:admin@penrithmethodist.co.uk)  
(Open 9am - 1pm, Monday to Friday)

**Circuit Administrative Manager: Sarah Mulheron**

**Administrative Assistant: Maureen Brunskill**

**Premises Manager: Lindsay Wilson**

### **Pastoral Team:-**

**Angela Wicker:** 01768 881357; **David & Karen Lee:** 01768 868428

**Lucy Pullan:** 01768 898386; **Morgan Tebb-Roger:** 07949 156051

**Ruth Gardiner:** 01768 863412

**Eden Debt Centre Manager (CAP) ~ Jon Cook:** 07464 939138  
or email: [joncook@capuk.org](mailto:joncook@capuk.org)

**Cottage Wood Centre - Please send a request to join our Facebook group.**

**PMC Website:** [www.penrithmethodist.co.uk](http://www.penrithmethodist.co.uk) **All services are on You Tube**  
**Follow us on Twitter @PMCMethodists and on Facebook**

**Let's stay connected with one another!**

