

Sunday 29th March

Thank You

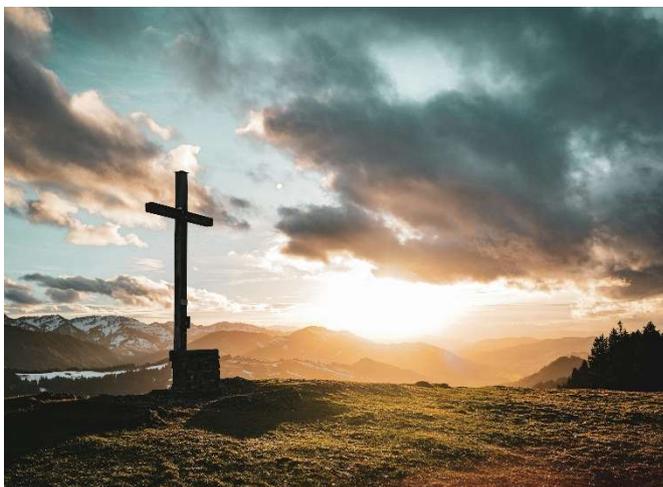
This is less of a reflection and more of a 'thank you and farewell' as this will be my final contribution to this bulletin.

Looking back to where we all were four and a half years ago and I think of how we were still in slight shock after the pandemic and various lockdowns. It all felt very messy and uncertain back then. And then I think of where we are now. The world is still a chaotic place.

The church is still the church (whatever that is to you). And we are all still flawed in many ways.

I'm not sure I can comment on the impact I've had through this job over the last few years. I hope it's been a positive one for both the church and the wider community. But what I can say for certain is how I have grown. Grown in my knowledge and experience of walking with those on the margins. Grown in humbleness for how much energy and experience is invested into loving the people we encounter in our churches and communities. And grown in my relationship with Jesus, and the way in which he challenges us to interact with the world.

I have been blessed and have learnt so much over these years and I will carry those blessings and lessons with me forever. So thank you for being a part of my story and for welcoming me into yours. I pray, as we all step into a new chapter, that we can draw close to the teachings of Jesus. And be guided by their wisdom as we seek to transform this world into a more just and loving place, one small act at a time.



Thank you all and may the love of God go with you wherever you find yourselves.

Morgan Tebb-Roger



Penrith

10.30am ~ Morning Worship – Mr Dean Lawson

7pm ~ Encounter

Skelton

10.30am ~ Morning Worship – Mrs Lois Morton

Stainton

10.30am ~ Morning Worship – Rev Julia Reid

Cottage Wood Centre

5pm ~ Early Evening Worship – Miss Kathleen Williamson

There are alternative Anglican services available.

For details, please see the EEMC website: www.eastofedenmc.org.uk

~~~~~



**Food Bank Notice**

Please note that the following items are currently needed by the Food Bank – if you are able to donate at all, they would be very grateful:

- Tinned rice pudding
- Tin/carton or pkt custard
- Tinned fruit
- Beans and sausage
- Tinned mince, stews or chicken meals
- Pkt noodles
- Pkt pasta in sauce
- Jams
- Tin peas, carrots or sweetcorn
- Male deodorants
- Hair conditioner
- Washing up liquid



### **Monday 30<sup>th</sup> March**

**9.25am** ~ Monday Walks – Meet outside PMC

**2pm** ~ All Together Fellowship – Church/PMC

**6pm** ~ Choral Group – Sandgate/PMC

**7.30pm** ~ Zoom Prayer Meeting

### **Tuesday 31<sup>st</sup> March**

**10am** ~ Morning Worship – Rev Gillian Belford - Sandgate/PMC

**1.30pm** ~ Prayer Meeting – Church/PMC

**7pm** ~ Blencow HG – The Hollies, Blencow (*We meet twice monthly at 7pm on a Tuesday. Contact Steve for further details.*)

### **Wednesday 1<sup>st</sup> April**

**10am** ~ Coffee Morning – Skelton Methodist Church

**1.30pm** ~ Wednesday Get Together - Skelton Methodist Church

**7pm – 8pm** ~ Cottage Wood Monthly Prayer Time - *We are continuing to pray at home, and all are welcome to take part for any or all of the hour.*

**7.30pm** ~ Living Room HG, contact Morgan for details

### **Sunday 5<sup>th</sup> April - Easter**

**Penrith: 10.30am** Morning Communion – Rev Julia Reid

**Skelton: 10.30am** Morning Communion – Rev Gillian Belford

**Stainton: 10.30am** Morning Communion – Mr Dean Lawson

**Cottage Wood: 6.30am** Morning Communion – Rev Julia Reid



You are very welcome to our next **“ All Together Fellowship “**  
on **Monday, March 30th** at **2pm in Penrith Methodist Church.**

We will begin with a short act of worship, and following this,  
there will be a talk and visual presentation by Dr John Ellerton.

## Mountain Rescue



Where we started  
What changed  
Where next

John was best known locally as a GP in Penrith from 1986 to 2019.  
He was also a mountain rescuer and doctor throughout his career.

**40 years with Patterdale Mountain Rescue.**

**30 years with Mountain Rescue England and Wales.**

**25 years with the International Commission for Alpine Rescue.**

**National and international leadership roles add a unique  
perspective into the mountain rescue world.**



John combined  
administrative, educational  
and research activities with



the bread-and-butter of callouts, many on the infamous Helvellyn edges.  
We hear his story from the origins of mountain rescue to its future.

**After the presentation, do please stay and enjoy  
the fellowship, and of course the refreshments.**

**PLEASE NOTE that we meet again on MONDAY APRIL 27th.**

**John & Margaret**

## CUMBRIA METHODIST WOMEN IN BRITAIN



# *‘New Meaning for our Life and Faith’*

**A day of celebration and sharing with the women  
in the Methodist church in Argentina**

## *Tebay Methodist Church*

**Tuesday 21<sup>st</sup> April  
10:00 – 15:00**

**Coffee and lunch provided**

**Cost £10**

**To book contact Rev Jackie Betts 01768371598  
jcbetts82@gmail.com by 11<sup>th</sup> April  
Including any dietary requirements**

Tebay Methodist Church is just off Junction 38 of M6  
Postcode – CA10 3XB – Good roadside parking





## **Zoom Prayer Meetings**

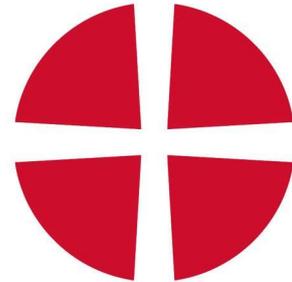
Please note that there will be no Zoom Prayer Meetings on the 6th, 13th and 20th of April.



## **EASTER OFFERING 2026**

Easter Offering envelopes are available in PMC as part of our worship response to bless Methodist World Mission Fund.

The Easter Offering service is at 10am Tuesday April 28th at PMC led by Rev Gillian Belford. All welcome, we would love to have you join us.



## **Penrith Music Club – Junior RNCM Concert**

***Saturday 18<sup>th</sup> April at 2.30pm at PMC***

The season ends with our annual afternoon concert by musicians from the Junior Department of the Royal Northern College of Music, showcasing some of the most promising musical talent of the future – an uplifting and enjoyable end to our season.

Tickets are £10 in advance or at the door (Free for students)



## **NWED Newsletter**

If you would like to find out more about what is going on in the greater district, we encourage you to sign up to the North West England District Newsletter – you can do so following these steps:

1. Go to [www.nwedmethodists.org.uk](http://www.nwedmethodists.org.uk)
2. Follow the “Join our mailing list” link
3. Input your details and enjoy!



## Christian Aid

Christian Aid Week is 10<sup>th</sup> to 16<sup>th</sup> May. The theme is 'tackling climate-driven poverty through sustainable livelihoods'. There will be a Coffee morning & plant sale on Saturday 16<sup>th</sup> May at PMC.



~~~~~

Churches Together in Penrith - Holy Week and Easter Sunday



Good Friday Walk of Witness will be the usual routine in Penrith - 12 noon from the Tourist Info Centre with Penrith Town Band; 12:30 (or soon after) - CTiP Good Friday Service in St Andrew's

Easter Morning - Easter 'Sunrise' on The Beacon at 6:30a.m

~~~~~

The **Methodist** Church 

## Christian women: survivors of domestic abuse

The Safeguarding Team is interested to hear (via an anonymous survey) from Christian women who are survivors of domestic abuse. We are considering whether there would be uptake if we were to deliver the "Always Hopeful" recovery programmes for Christian women who are experiencing or who have experienced domestic abuse. We want to ascertain whether there would be interest. More information is available here about the programme:

<http://www.alwayshopeful.org.uk/what-is-always-hopeful/>

If this is relevant to you, or to any of your congregation members, we would be very grateful if you could please complete the following anonymous questionnaire and could you please also forward this to any other Christian women survivors of domestic abuse who you may know (not only Methodists):

[Domestic abuse - A Group recovery programme for Christian women – Fill out form](#)



## **Week 6 Lent Reflection**

They brought the donkey and the colt, placed their cloaks on them, and Jesus sat on them. A very large crowd spread their cloaks on the road, while others cut branches from the trees and spread them on the road. The crowds that went ahead of Him and those that followed shouted: 'Hosanna to the Son of David!' 'Blessed is he who comes in the name of the Lord!' 'Hosanna in the highest!' When Jesus entered Jerusalem, the whole city was stirred and asked, 'Who is this?' The crowds answered, 'This is Jesus, the prophet from Nazareth in Galilee.'

*How, as individuals and as a church community, can we share our faith more and be bold in proclaiming and demonstrating the good news that you are king?*

~~~~~



Support available for rural households as heating oil prices surge

Westmorland and Furness Council [has launched funding support](#) for residents who rely on domestic heating oil and are experiencing financial hardship due to rising costs.

The fund provides assistance for households after the recent sharp rise in the cost of oil which has made it increasingly difficult for many rural residents to afford adequate heating and hot water.

Eligible households can receive a one-off cash award of between £200 and £250, depending on household size, with an additional £20 for each child in full-time education up to the age of 18.

This will be allocated on a first-come, first-served basis until the funding pot is fully committed. Residents are strongly encouraged [to apply](#) as soon as possible, as the Household Support Fund is strictly time-limited by the government and only available until Tuesday 31 March 2026.

Easy Eco Tip – March:

Take part in a local litter pick or beach clean during **The Great British Spring Clean** (Friday 13-Sunday 29 March), the nation's biggest mass-action environmental campaign. Litter picking benefits the environment by removing rubbish that can be hazardous for wildlife and helps bring people together. See if there's a litter pick in your local area or consider organising your own - after church on Sunday or with a youth group for example. Pray for your local area as you do the litter pick and ask God for opportunities to share why you are doing it. Find out more and pledge to pick up a bag at www.keepbritaintidy.org/our-work/eliminating-litter/great-british-spring-clean



~~~~~



**Cumbria Aid Ukraine is a volunteer group based at  
“ The Pot Place Garden Centre “ near Penrith.  
We serve as a collection point in Cumbria for donated  
humanitarian aid, which we then transport to Ukraine.**

**We at Penrith Methodist Church are continuing to ask for donations,  
and these will be taken to “ The Pot Place “ on a regular basis.**

**Ukraine continues to desperately need assistance,  
and our support helps send warmth, care and hope.**

**PLEASE CAN YOU HELP BY DONATING ANY OF THE FOLLOWING :-**

- Nappies (all sizes). Baby and toddler's clothing.**
- Milk formula, paracetamol ( but no other form of medication )**
- Soap, toothpaste, shampoo, wipes, etc. Toothbrushes, Sanitary towels.**
- Domestic cleaning products, bleach, washing powder and liquids.**
- Long life food, pasta, rice, tins, dried ready meals like pot noodles, etc.**
- Candles ( preferably plain wax ones, either new or partially used )**

**PLEASE WILL YOU LEAVE ANY DONATIONS  
IN THE LABELLED BOX IN THE GLASS HOUSE**

**THANK YOU**

## Thought for the week...



### Contact Details:

**Circuit Superintendent Minister: Rev David Newlove:** 07989 198487  
or email: [revdavidnewlove@gmail.com](mailto:revdavidnewlove@gmail.com)

**Ministers in Pastoral Charge:**

**Rev Julia Reid:** 07483 932647 or email: [julia.reid@methodist.org.uk](mailto:julia.reid@methodist.org.uk)  
**Rev Ros Watson:** 07923 044709 or email: [ros.watson@methodist.org.uk](mailto:ros.watson@methodist.org.uk)

**Pioneer Enabler: Morgan Tebb-Roger:** 07949 156051  
or email: [outreach@penrithmethodist.co.uk](mailto:outreach@penrithmethodist.co.uk)

**East Fellside Local Lay-Pastor: Celia Ramnath:** 01768 639971  
or email: [celia.ramnath@cumbriamethodists.org.uk](mailto:celia.ramnath@cumbriamethodists.org.uk)

**Circuit Pastoral Worker: Dean Lawson:** 07897 736024  
or email: [dean.lawson@cumbriamethodists.org.uk](mailto:dean.lawson@cumbriamethodists.org.uk)

**Circuit Office:** 01768 862787 or email: [admin@penrithmethodist.co.uk](mailto:admin@penrithmethodist.co.uk)  
(Open 9am - 1pm, Monday to Friday)

**Circuit Operations and Administrative Manager: Sarah Mulheron-Summers**

**Circuit Administrative Assistant: Niamh Ryan**

**Premises Manager: Lindsay Wilson**

**Eden Debt Centre Manager (CAP): Jen Dixon:** 07799 271710  
or email: [jendixon@capuk.org](mailto:jendixon@capuk.org)

**Debt Coach: Jo Varley:** 07464 939138  
or email: [jovarley@capuk.org](mailto:jovarley@capuk.org)

**Cottage Wood Centre - Please send a request to join our Facebook group.**

**East of Eden Mission Community Website:** [www.eastofedenmc.org.uk](http://www.eastofedenmc.org.uk)

**PMC Website:** [www.penrithmethodist.co.uk](http://www.penrithmethodist.co.uk)

**Find our Sunday services on YouTube**

**Follow us on Twitter @PMCMethodists and on Facebook**

**Let's stay connected with one another!**

