



Sunday 15th February

Little Things

In the television programme 'The Repair Shop', the Craftspeople are often asked to repair things which have very small component parts.

Something may be prevented from working because a tiny part is missing or the tooth on a gear wheel is out of line. With their skill the repairer can replace such small parts or make the fine adjustments needed and the object is in working order again, much to the delight of the owner.

How often do we notice 'the small things'? The head of a snowdrop or daisy is small but it is cleverly fashioned with many tiny parts to give it beauty. Jesus reminded us to 'consider the lilies how they grow'. We might look at a painting and as we study it, we find tiny details which are easily overlooked but which add to its story. There may be flavour in an appetising dish which comes from a small portion of herb or spice.

Zechariah 4 v10 tells us 'Do not despise the day of small things'. It can be the happiness of a child at play, the smile that lights up the day, an unexpected email (or other message) which comes as an encouragement and reminder that



someone is thinking of us or something which surprises us by its beauty. Although we have a Great and Mighty God he is able to know all his creation and that includes each one of us, despite being only one of millions in the world. Again Jesus said that the hairs on our heads are numbered and we are each unique to him.

Let us therefore remember that our smallest concern, (as well as much larger problems), are known to God and he meets us in such situations. Also to know that even the smallest act or word when offered to him can give blessings to others.



Lois Morton



Penrith

10.30am ~ Healing Service – Rev Gillian Belford

Skelton

10.30am ~ Morning Worship – Mrs Lois Morton

Stainton

10.30am ~ Morning Worship – Mrs Carolyn Dickinson

Cottage Wood Centre

3pm ~ Afternoon Worship – Rev Julia Reid

There are alternative Anglican services available.

For details, please see the EEMC website: www.eastofedenmc.org.uk

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### Flowers

The flower team has met and planned the rota for arranging the flowers for the next 12 months. The cost of flowers, like almost everything has risen enormously and if anyone feels they would wish to contribute to this ministry, please give donations to Sue Graham.

In addition if there is anyone who would benefit from some flowers in case of celebration, illness or bereavement please give details to Ruth, Anne or any member of the flower team and we will endeavour to deliver them at the earliest opportunity after the Tuesday service.

The Flower Team





### Monday 16<sup>th</sup> February

**9.25am** ~ Monday Walks – Meet outside PMC  
**2pm** ~ Skelton Church Council – Skelton Methodist Church  
**2pm** ~ All Together Fellowship – Church/PMC  
**6pm** ~ Choral Group – Sandgate/PMC  
**7.30pm** ~ Zoom Prayer Meeting

### Tuesday 17<sup>th</sup> February

**10am** ~ Morning Communion – Rev Julia Reid - Church/PMC  
**10am** ~ 4F – Ullswater/PMC  
**1.30pm** ~ Prayer Meeting – Church/PMC  
**7pm** ~ Blencow HG – The Hollies, Blencow (*We meet twice monthly at 7pm on a Tuesday. Contact Steve for further details.*)  
**7pm** ~ Omega House Group – Sunningdale, Stainton

### Wednesday 18<sup>th</sup> February

**10am** ~ 3C's – Cottage Wood Centre  
**1.30pm** ~ Wednesday Get Together - Skelton Methodist Church  
**7.30pm** ~ Living Room HG, contact Morgan for details

### Thursday 19<sup>th</sup> February

**10am** ~ Knit Craft and Natter Group – Stainton Methodist Church  
**7.30pm** ~ Thornton HG – (*Contact Charlie for info*)

### Friday 20<sup>th</sup> January

**12 noon** ~ Lunch Club – Ullswater/PMC

### Sunday 22<sup>nd</sup> February

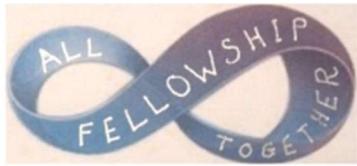
|                          |                                    |
|--------------------------|------------------------------------|
| <b>Penrith: 10.30am</b>  | Morning Worship – Mr Michael Boone |
| <b>7pm</b>               | Encounter                          |
| <b>Skelton: 10.30am</b>  | Morning Worship – Mr Dean Lawson   |
| <b>Stainton: 10.30am</b> | Morning Worship – Mrs Lois Morton  |
| <b>Cottage Wood: 3pm</b> | Morning Worship – Ian Newton       |

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Church Council Notice

Please note that PMC Church Council has been postponed until the 12th of March 2026.



You are very welcome to join us on
Monday, February 16th at 2pm in Penrith Methodist Church.

Our "All Together Fellowship" always begins with a short act of worship and ends with time for socialising and refreshments.

In between, there will be a talk / presentation entitled

"Just Say a Few Words"

which will be given by Andrew Callaway.

"From awful to decent in ten speeches"



"Turning a tongue-tied youth into a confident speaker"



We all improve through practice and constructive



criticism but it helps if it is fun too. Andrew says that he learned a lot as he listened to speeches of others, from clock making to walking in the Himalayas and the internal workings of a Rolls Royce jet engine. But what happens when you get a minute's notice and a quality presentation is expected ?

That's when the best fun starts !!

Our next "All Together Fellowship" is on **Monday March 9th.**



We hope that you will enjoy our 'Window on Wildlife and Nature'



John and Margaret

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## Penrith Music Club – London Handel Players

**Monday 16<sup>th</sup> March at 7.30pm at PMC**



The last concert of the season brings another much-anticipated return. The London Handel Players gave us a stunning concert of Baroque music almost three years ago and this year's concert features the music of J.S.Bach and Handel in a programme entitled *German Geniuses: chamber music masterpieces by Bach and Handel*. Flute, two violins, cello and harpsichord combine to give us another real Baroque treat.

Tickets are £20 in advance or at the door (£5 for students)

## Worship Consultation

Rev Julia will be chairing a Worship Consultation Meeting on Thursday 16<sup>th</sup> April in the Beacon Room at PMC.

Please come along and be part of the discussion that considers our current and future worship practices.



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NWED Newsletter

If you would like to find out more about what is going on in the greater district, we encourage you to sign up to the North West England District Newsletter – you can do so following these steps:

1. Go to www.nwedmethodists.org.uk
2. Follow the “Join our mailing list” link
3. Input your details and enjoy!

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## A Date for your Diary

The Carlisle Refuge Van will be at PMC **10am Tuesday 17th March** and welcomes your contribution.

They have especially asked for contributions of canned and long-life food. They tell me their stocks are somewhat depleted after the winter.

The Refuge is always grateful for any gifts of bedding, children's cots, high-chairs etc, kitchen equipment, small items of furniture (no electrical goods please), and clothing.



All items must be clearly marked i.e. size & gender suitability and must be clean and in good condition.

The Refuge are always so very grateful for our kindness and continued support.

## Easy Eco Tip – February:

### **The RSPB's Big Garden Birdwatch**

This Lent, take part in Climate Steward's Carbon Fast. Lent is a time when Christians traditionally fast and focus on God. The Carbon Fast will help you consider ways to live more simply, give you new ideas to cut your carbon footprint and invite you to focus on God and consider the whole of his creation.

Beginning on 18th Feb, you'll receive a weekly email containing key facts, suggestions for how you could reduce your carbon footprint and a prayer to lead you through this Lenten season. Each week features a different theme designed to help us take climate action in manageable ways that bear witness to a God who has promised to restore all of his creation. Find out more and sign up at [www.climatestewards.org/resources/carbon-fast-for-lent/](http://www.climatestewards.org/resources/carbon-fast-for-lent/)



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**Cumbria Aid Ukraine is a volunteer group based at
“The Pot Place Garden Centre” near Penrith.**

**We serve as a collection point in Cumbria for donated
humanitarian aid, which we then transport to Ukraine.**

**We at Penrith Methodist Church are continuing to ask for donations,
and these will be taken to “The Pot Place” on a regular basis.**

**Ukraine continues to desperately need assistance,
and our support helps send warmth, care and hope.**

PLEASE CAN YOU HELP BY DONATING ANY OF THE FOLLOWING :-

**Nappies (all sizes). Baby, children's, teenager's and ladies clothing.
Milk formula, paracetamol (but no other form of medication)
Soap, toothpaste, shampoo, wipes, etc. Toothbrushes, Sanitary towels.
Domestic cleaning products, bleach, washing powder and liquids.
Long life food, pasta, rice, tins, dried ready meals like pot noodles, etc.
Candles (preferably plain wax ones, either new or partially used)**

**PLEASE WILL YOU LEAVE ANY DONATIONS
IN THE LABELLED BOX IN THE GLASS HOUSE**

THANK YOU

Thought for the week...



Contact Details:

Circuit Superintendent Minister: Rev David Newlove: 07989 198487

or email: revdavidnewlove@gmail.com

Ministers in Pastoral Charge:

Rev Julia Reid: 07483 932647 or email: julia.reid@methodist.org.uk

Rev Ros Watson: 07923 044709 or email: ros.watson@methodist.org.uk

Pioneer Enabler: Morgan Tebb-Roger: 07949 156051

or email: outreach@penrithmethodist.co.uk

East Fellside Local Lay-Pastor: Celia Ramnath: 01768 639971

or email: celia.ramnath@cumbriamethodists.org.uk

Circuit Pastoral Worker: Dean Lawson: 07897 736024

or email: dean.lawson@cumbriamethodists.org.uk

Circuit Office: 01768 862787 or email: admin@penrithmethodist.co.uk

(Open 9am - 1pm, Monday to Friday)

Circuit Operations and Administrative Manager: Sarah Mulheron-Summers

Circuit Administrative Assistant: Niamh Ryan

Premises Manager: Lindsay Wilson

Eden Debt Centre Manager (CAP): Jen Dixon: 07799 271710

or email: jendixon@capuk.org

Debt Coach: Jo Varley: 07464 939138

or email: jovarley@capuk.org

Cottage Wood Centre - Please send a request to join our Facebook group.

East of Eden Mission Community Website: www.eastofedenmc.org.uk

PMC Website: www.penrithmethodist.co.uk

Find our Sunday services on YouTube

Follow us on Twitter @PMCmethodists and on Facebook

Let's stay connected with one another!

