



## Sunday 8<sup>th</sup> February Heroes of Faith

In our homegroup we are currently sharing stories about individuals who made an impact because they responded to God's call on their lives and put their faith into practice.

Last week we looked at Corrie ten Boom (and her family) who at great cost supported the Dutch Resistance using their home as a hiding place for Jewish refugees, providing for them before smuggling them to safer places. Betrayed by an informant, Corrie, her sister and father were detained by the Gestapo but only Corrie lived to see the end of the war. But the two sisters kept their faith active and ministered to many during their imprisonment at a women's concentration camp. Many of you know her powerful story which didn't end there.

On a previous week we heard about the evangelist George Müller and his work with destitute children and the orphanages he established in Bristol. As a man of prayer and much faith he was able to say 'The Lord not only gives as much as is absolutely necessary for his work, but he gives abundantly'.



I'm getting some material ready to share with the group on Francis S. Collins a scientist, physician and faithful Christian who has had a distinguished career. His groundbreaking work on the cause of cystic fibrosis; director of the Human Genome Project; serving three US presidents as director of the National Institutes of Health. In a recent podcast\* I was moved by how he earnestly prayed (and worked 100 hour weeks) during the development of the COVID vaccines and how he described the amazing trial results both as answers to prayer and God-given scientific knowledge. If you listen to podcasts, it is well worth an hour of your time.

There are many such stories which we can share and/or revisit for our encouragement

that can spur us 'on towards love and good deeds' (Heb 10:24) and lived examples to 'imitate' (1 Cor 11:1, Phil 3:17). And of course, your faith-heroes may be known to just a few...or maybe only to you.

\* [www.seenandunseen.com/francis-collins-re-enchanting-wisdom](http://www.seenandunseen.com/francis-collins-re-enchanting-wisdom)

Shane McNicol

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### Penrith

**10.30am** ~ Morning Worship – Mr Dean Lawson

### Skelton

**10.30am** ~ Morning Worship – Mr Lawrence Tomlinson

### Stainton

**10.30am** ~ Morning Worship – Rev C Helm

### Cottage Wood Centre

**3pm** ~ Afternoon Worship – Mr Dean Lawson

### Patterdale

**10.30am** ~ Morning Covenant – Rev Julia Reid/Andrew Callaway

*There are alternative Anglican services available.*

*For details, please see the EEMC website: [www.eastofedenmc.org.uk](http://www.eastofedenmc.org.uk)*

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### Flowers

The flower team has met and planned the rota for arranging the flowers for the next 12 months. The cost of flowers, like almost everything has risen enormously and if anyone feels they would wish to contribute to this ministry, please give donations to Sue Graham.

In addition if there is anyone who would benefit from some flowers in case of celebration, illness or bereavement please give details to Ruth, Anne or any member of the flower team and we will endeavour to deliver them at the earliest opportunity after the Tuesday service.

The Flower Team





### **Monday 9<sup>th</sup> February**

**9.25am** ~ Monday Walks – Meet outside PMC  
**2pm** ~ Bible Fellowship – Skelton Methodist Church  
**6pm** ~ Choral Group – Sandgate/PMC  
**7.30pm** ~ Zoom Prayer Meeting  
**7.30pm** ~ Penrith Music Club Concert – Church/PMC

### **Tuesday 10<sup>th</sup> February**

**10am** ~ Morning Worship – Rev Gillian Belford – Church/PMC  
**1.30pm** ~ Prayer Meeting – Church/PMC  
**7pm** ~ Blencow HG – The Hollies, Blencow (*We meet twice monthly at 7pm on a Tuesday. Contact Steve for further details.*)  
**7pm** ~ Youth Club – Ullswater/PMC  
**7pm** ~ Omega House Group – Sunningdale, Stainton

### **Wednesday 11<sup>th</sup> February**

**10am** ~ 3C's – Cottage Wood Centre  
**1.30pm** ~ Wednesday Get Together - Skelton Methodist Church  
**7.30pm** ~ Living Room HG, contact Morgan for details

### **Thursday 12<sup>th</sup> February**

**10am** ~ Knit Craft and Natter Group – Stainton Methodist Church  
**1.30pm** ~ Take Tea Out – Cottage Wood Centre (*Contact Sheila Mallinson to book*)  
**2pm** ~ Parklands HG – Upper Link/PMC  
**3pm** ~ Afternoon Communion – Rev Julia Reid – Woodlands  
**7pm** ~ Church Council – Beacon/PMC  
**7.30pm** ~ Thornton HG – (*Contact Charlie for info*)

### **Friday 13<sup>th</sup> January**

**12 noon** ~ Lunch Club – Ullswater/PMC

### **Sunday 15<sup>th</sup> February**

<b>Penrith: 10.30am</b>	Healing Service – Rev Gillian Belford
<b>Skelton: 10.30am</b>	Morning Worship – Mrs Lois Morton
<b>Stainton: 10.30am</b>	Morning Worship – Mrs Carolyn Dickinson
<b>Cottage Wood: 3pm</b>	Morning Worship – Rev Julia Reid

## **Penrith Music Club – Alena Walentin (flute) and Niklas Johansen (guitar)**



**Monday 9<sup>th</sup> February at 7.30pm at PMC**

Penrith Music Club's next concert is a much-anticipated recital of music for flute and classical guitar by Alena Walentin and Niklas Johansen. Alena is regarded as one of the most versatile flautists of her generation and Danish-born Niklas has received universal acclaim after winning several international competitions and awards.

Tickets are £20 in advance or at the door (£5 for students)

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### **PORTABLE APPLIANCE TESTING**

Thursday 12 February is PAT day at Penrith Methodist Church this year.

This is **NOT** a tick box exercise – every year several of our 200 plus items require **RECTIFICATION** or **CONDEMNATION** (some new from their box).

**What is included?** Anything with a mains plug that is used at PMC e.g. extension cables, laptop chargers, amplifier leads, kettles, fairy lights, fan heaters, racing car set, vacuum cleaners, bouncy castle.

If you know of new electrical equipment you should have already told me [PMC Health and Safety Policy # 3.7.iv]

**Please talk to me if:**

You have **redundant or obsolete** electrical items – Property Team will correctly dispose of them.

You are responsible for anything that needs to be **unearthed** from a cupboard or storeroom for testing.

You leave any **personal electrical items** on site that others might use.  
You regularly use **any of your own** electrical equipment at PMC.

### **WE ALL SHARE RESPONSIBILITY FOR EACH OTHER'S SAFETY**

If you have concerns about any aspect of the fabric of our building they should be reported in the **DEFECT BOOK** in Reception.  
Health & Safety Policy can be found there too.

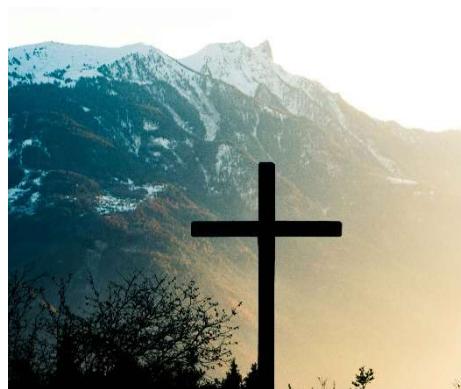
Don Agus Property Steward  
07592516377

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### **Worship Consultation**

Rev Julia will be chairing a Worship Consultation Meeting on Thursday 16<sup>th</sup> April in the Beacon Room at PMC.

Please come along and be part of the discussion that considers our current and future worship practices.





You are very welcome to join us on  
**Monday, February 16th at 2pm in Penrith Methodist Church.**

Our “All Together Fellowship” always begins with a short act of worship and ends with time for socialising and refreshments.

In between, there will be a talk / presentation entitled  
“Just Say a Few Words”  
which will be given by Andrew Callaway.

“From awful to decent in ten speeches”



“Turning a tongue-tied youth into a confident speaker”

We all improve through practice and constructive



criticism but it helps if it is fun too. Andrew says that he learned a lot as he listened to speeches of others, from clock making to walking in the Himalayas and the internal workings of a Rolls Royce jet engine. But what happens when you get a minute's notice and a quality presentation is expected?

That's when the best fun starts !!

Our next “All Together Fellowship” is on **Monday March 9th.**



We hope that you will enjoy our  
‘Window on Wildlife and Nature”



John and Margaret



## NWED Newsletter

If you would like to find out more about what is going on in the greater district, we encourage you to sign up to the North West England District Newsletter – you can do so following these steps:

1. Go to [www.nwedmethodists.org.uk](http://www.nwedmethodists.org.uk)
2. Follow the “Join our mailing list” link
3. Input your details and enjoy!

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## A Date for your Diary

The Carlisle Refuge Van will be at PMC **10am Tuesday 17th March** and welcomes your contribution.

They have especially asked for contributions of canned and long-life food. They tell me their stocks are somewhat depleted after the winter.

The Refuge is always grateful for any gifts of bedding, children's cots, high-chairs etc, kitchen equipment, small items of furniture (no electrical goods please), and clothing.



All items must be clearly marked i.e. size & gender suitability and must be clean and in good condition.

The Refuge are always so very grateful for our kindness and continued support.

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## Couch Call

Mum with child moving to unfurnished flat in Penrith would like a settee. If you think you could help please see me or give me a call - many thanks. Andrew 0776 184 2709



## Easy Eco Tip – February:

### **The RSPB's Big Garden Birdwatch**

This Lent, take part in Climate Steward's Carbon Fast. Lent is a time when Christians traditionally fast and focus on God. The Carbon Fast will help you consider ways to live more simply, give you new ideas to cut your carbon footprint and invite you to focus on God and consider the whole of his creation.

Beginning on 18th Feb, you'll receive a weekly email containing key facts, suggestions for how you could reduce your carbon footprint and a prayer to lead you through this Lenten season. Each week features a different theme designed to help us take climate action in manageable ways that bear witness to a God who has promised to restore all of his creation. Find out more and sign up at [www.climatestewards.org/resources/carbon-fast-for-lent/](http://www.climatestewards.org/resources/carbon-fast-for-lent/)



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**Cumbria Aid Ukraine is a volunteer group based at  
“The Pot Place Garden Centre” near Penrith.**

**We serve as a collection point in Cumbria for donated  
humanitarian aid, which we then transport to Ukraine.**

**We at Penrith Methodist Church are continuing to ask for donations,  
and these will be taken to “The Pot Place” on a regular basis.**

**Ukraine continues to desperately need assistance,  
and our support helps send warmth, care and hope.**

#### **PLEASE CAN YOU HELP BY DONATING ANY OF THE FOLLOWING :-**

**Nappies (all sizes). Baby, children's, teenager's and ladies clothing.  
Milk formula, paracetamol (but no other form of medication)  
Soap, toothpaste, shampoo, wipes, etc. Toothbrushes, Sanitary towels.  
Domestic cleaning products, bleach, washing powder and liquids.  
Long life food, pasta, rice, tins, dried ready meals like pot noodles, etc.  
Candles (preferably plain wax ones, either new or partially used)**

**PLEASE WILL YOU LEAVE ANY DONATIONS  
IN THE LABELLED BOX IN THE GLASS HOUSE**

**THANK YOU**

## Thought for the week...



### Contact Details:

**Circuit Superintendent Minister:** Rev David Newlove: 07989 198487  
or email: [revdavidnewlove@gmail.com](mailto:revdavidnewlove@gmail.com)

#### **Ministers in Pastoral Charge:**

**Rev Julia Reid:** 07483 932647 or email: [julia.reid@methodist.org.uk](mailto:julia.reid@methodist.org.uk)

**Rev Ros Watson:** 07923 044709 or email: [ros.watson@methodist.org.uk](mailto:ros.watson@methodist.org.uk)

**Pioneer Enabler: Morgan Tebb-Roger:** 07949 156051  
or email: [outreach@penrithmethodist.co.uk](mailto:outreach@penrithmethodist.co.uk)

**East Fellside Local Lay-Pastor: Celia Ramnath:** 01768 639971  
or email: [celia.ramnath@cumbriamethodists.org.uk](mailto:celia.ramnath@cumbriamethodists.org.uk)

**Circuit Pastoral Worker: Dean Lawson:** 07897 736024  
or email: [dean.lawson@cumbriamethodists.org.uk](mailto:dean.lawson@cumbriamethodists.org.uk)

**Circuit Office:** 01768 862787 or email: [admin@penrithmethodist.co.uk](mailto:admin@penrithmethodist.co.uk)  
(Open 9am - 1pm, Monday to Friday)

**Circuit Operations and Administrative Manager: Sarah Mulheron-Summers**  
**Circuit Administrative Assistant: Niamh Ryan**  
**Premises Manager: Lindsay Wilson**

**Eden Debt Centre Manager (CAP):** Jen Dixon: 07799 271710  
or email: [jendixon@capuk.org](mailto:jendixon@capuk.org)

**Debt Coach:** Jo Varley: 07464 939138  
or email: [jovarley@capuk.org](mailto:jovarley@capuk.org)

**Cottage Wood Centre - Please send a request to join our Facebook group.**

**East of Eden Mission Community Website:** [www.eastofedenmc.org.uk](http://www.eastofedenmc.org.uk)

**PMC Website:** [www.penrithmethodist.co.uk](http://www.penrithmethodist.co.uk)

**Find our Sunday services on YouTube**

**Follow us on Twitter @PMCmethodists and on Facebook**

**Let's stay connected with one another!**

