



Sunday 1st February

Changes

Unless you are a Minister or Local Preacher, you have perhaps never thought how the Circuit Plan is put together. Approximately 2 months before the first Sunday of a quarter, preachers are asked to give their availability or not for each service in the following quarter. This can mean that you have to think at least 5 months ahead to give this information. It's easy if you know dates of (say) holidays but not easy when situations occur which mean you cannot take a service as planned.



This is when you have to rely on the good will of other preachers to 'swap' dates or even take your place without being able to return the favour. Thankfully such good will readily exists. It does however mean that the original plans have to be changed.

How readily do we respond to changes which have to take place outside our control? Are we accepting of these or find ourselves upset? Luke chapter 8 tells of a call to Jesus to go to the home of Jairus to help his daughter who was dying. As Jesus and his friends made the journey they were interrupted by a woman



who also required healing help. I wonder what Jairus thought about this delay particularly when he received word that his daughter had died. Why did Jesus change the plan of a direct visit to help the family? It was then too late! God in Jesus knew best and the story ends with the little girl being raised to life.

Maybe if a preaching appointment (or the writing of these Bulletin notes) has to be changed then God will use the changes to speak to someone in the way they need at just the right moment. Let us continue to trust him and believe he knows best even when we question changed circumstances.

Lois Morton



Penrith

10.30am ~ Morning Communion – Rev Julia Reid

Skelton

3pm ~ United Communion at Cottage Wood Centre

Stainton

3pm ~ United Communion at Cottage Wood Centre

Cottage Wood Centre

3pm ~ United Communion Service

There are alternative Anglican services available.

For details, please see the EEMC website: www.eastofedenmc.org.uk

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### Thank You

Margaret Leighton and family wish to say thank you for all the prayers, and messages of sympathy that were sent to them on the death of Bob. They also felt sustained by the love that surrounded them.



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Dorothy Robert

Please hold Dorothy's family in your prayers following her recent passing. The funeral will be on **Friday 13th February** at **2.20pm** at Carlisle Crematorium, led by Rev Julia.



Monday 2nd February

9.25am ~ Monday Walks – Meet outside PMC

6pm ~ Choral Group – Sandgate/PMC

7.30pm ~ Zoom Prayer Meeting

Tuesday 3rd February

10am ~ Morning Worship – Miss Kathleen Williamson – Church/PMC

1.30pm ~ Prayer Meeting – Church/PMC

7pm ~ Blencow HG – The Hollies, Blencow (*We meet twice monthly at 7pm on a Tuesday. Contact Steve for further details.*)

7pm ~ Youth Club – Ullswater/PMC

7pm ~ Omega House Group – Sunningdale, Stainton

Wednesday 4th February

10am ~ 3C's – Cottage Wood Centre

1.30pm ~ Wednesday Get Together - Skelton Methodist Church

7.30pm ~ Living Room HG, contact Morgan for details

Thursday 5th February

10am ~ Knit Craft and Natter Group – Stainton Methodist Church

7.30pm ~ Thornton HG – (*Contact Charlie for info*)

Friday 6th January

12 noon ~ Lunch Club – Ullswater/PMC

Sunday 8th February

Penrith: 10.30am Morning Worship – Mr Dean Lawson

Skelton: 10.30am Morning Worship – Mr Lawrence Tomlinson

Stainton: 10.30am Morning Worship – Rev C Helm

Cottage Wood: 3pm Afternoon Worship – Mr Dean Lawson

Patterdale: 10.30am Morning Covenant – Rev Julia Reid/Andrew Callaway

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Join us this Sunday, 1<sup>st</sup> February at Langwathby Chapel –  
11am Morning Worship led by Pastor Dean Lawson

### **♪ Taize**

5pm A short reflective service of readings, prayers and Taize music



### **OASIS**

*Come to our monthly Oasis of refreshment and reflection*

**Thursday, 5<sup>th</sup> February** at Langwathby Chapel

Coffee served from 10.30

A short service follows and a light lunch



## Changes to your Weekly Bulletin

Over the next couple of months, we will be working on simplifying the weekly bulletin to reflect the new structure within Cumbria Methodist Circuit, recognising this is produced by the PMC admin team and not a Circuit admin resource. We also need to reduce the amount of time it takes to prepare. Our aim is to keep the most important pieces of information in the bulletin, but to remove some of the items, especially those which can be found in other places. As we strive to care for the environment, we also need to reduce the length of the notices in view of the number of copies which are printed each week, either by the PMC office, or by people at home. We understand that not everyone will like the changes we make, so when all the changes have been made and we've had time to get used to them, we will ask for your feedback so a further review can be done as appropriate. *Rev Julia & Niamh*

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PORTABLE APPLIANCE TESTING

Thursday 12 February is PAT day at Penrith Methodist Church this year.

This is **NOT** a tick box exercise – every year several of our 200 plus items require **RECTIFICATION or CONDEMNATION** (some new from their box).

What is included? Anything with a mains plug that is used at PMC e.g. extension cables, laptop chargers, amplifier leads, kettles, fairy lights, fan heaters, racing car set, vacuum cleaners, bouncy castle.

If you know of new electrical equipment you should have already told me [PMC Health and Safety Policy # 3.7.iv]

Please talk to me if:

You have **redundant or obsolete** electrical items – Property Team will correctly dispose of them.

You are responsible for anything that needs to be **unearthed** from a cupboard or storeroom for testing.

You leave any **personal electrical items** on site that others might use.

You regularly use **any of your own** electrical equipment at PMC.

WE ALL SHARE RESPONSIBILITY FOR EACH OTHER'S SAFETY

If you have concerns about any aspect of the fabric of our building they should be reported in the **DEFECT BOOK** in Reception.

Health & Safety Policy can be found there too.

Don Agus Property Steward
07592516377



The next meeting of our **“All Together Fellowship”** is in
Penrith Methodist Church
on Monday, February 16th at 2pm.

You are very welcome to join us for this session when
Andrew Callaway will give a presentation entitled :-
“Just say a few words”.

He will take us on his public speaking journey during which
he progressed from “awful” to “decent” in ten speeches.
This came as a result of practice, constructive criticism
and a willingness to see the funny side of things.

Come along and join us for this afternoon get together if you are able.
More details will be given in next week's bulletin.

John & Margaret

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### **A Date for your Diary**

The Carlisle Refuge Van will be at PMC **10am Tuesday 17th March** and welcomes your contribution.

They have especially asked for contributions of canned and long-life food. They tell me their stocks are somewhat depleted after the winter.

The Refuge is always grateful for any gifts of bedding, children's cots, high-chairs etc, kitchen equipment, small items of furniture (no electrical goods please), and clothing.

All items must be clearly marked i.e. size & gender suitability and must be clean and in good condition.

The Refuge are always so very grateful for our kindness and continued support.

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Couch Call

Mum with child moving to
unfurnished flat in Penrith would
like a settee. If you think you could
help please see me or give me a call
- many thanks. Andrew 0776 184
2709



Easy Eco Tip – February:

The RSPB's Big Garden Birdwatch

This Lent, take part in Climate Steward's Carbon Fast. Lent is a time when Christians traditionally fast and focus on God. The Carbon Fast will help you consider ways to live more simply, give you new ideas to cut your carbon footprint and invite you to focus on God and consider the whole of his creation.

Beginning on 18th Feb, you'll receive a weekly email containing key facts, suggestions for how you could reduce your carbon footprint and a prayer to lead you through this Lenten season. Each week features a different theme designed to help us take climate action in manageable ways that bear witness to a God who has promised to restore all of his creation. Find out more and sign up at www.climatestewards.org/resources/carbon-fast-for-lent/



**Cumbria Aid Ukraine is a volunteer group based at
“The Pot Place Garden Centre” near Penrith.**

**We serve as a collection point in Cumbria for donated
humanitarian aid, which we then transport to Ukraine.**

**We at Penrith Methodist Church are continuing to ask for donations,
and these will be taken to “The Pot Place” on a regular basis.**

**Ukraine continues to desperately need assistance,
and our support helps send warmth, care and hope.**

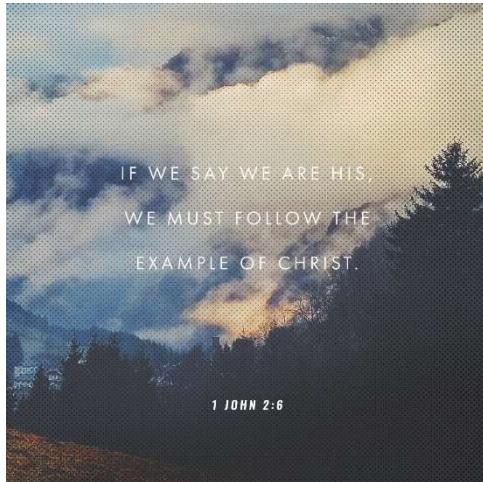
PLEASE CAN YOU HELP BY DONATING ANY OF THE FOLLOWING :-

**Nappies (all sizes). Baby, children's, teenager's and ladies clothing.
Milk formula, paracetamol (but no other form of medication)
Soap, toothpaste, shampoo, wipes, etc. Toothbrushes, Sanitary towels.
Domestic cleaning products, bleach, washing powder and liquids.
Long life food, pasta, rice, tins, dried ready meals like pot noodles, etc.
Candles (preferably plain wax ones, either new or partially used)**

**PLEASE WILL YOU LEAVE ANY DONATIONS
IN THE LABELLED BOX IN THE GLASS HOUSE**

THANK YOU

Thought for the week...



Contact Details:

Circuit Superintendent Minister: Rev David Newlove: 07989 198487

or email: revdavidnewlove@gmail.com

Ministers in Pastoral Charge:

Rev Julia Reid: 07483 932647 or email: julia.reid@methodist.org.uk

Rev Ros Watson: 07923 044709 or email: ros.watson@methodist.org.uk

Pioneer Enabler: Morgan Tebb-Roger: 07949 156051

or email: outreach@penrithmethodist.co.uk

East Fellside Local Lay-Pastor: Celia Ramnath: 01768 639971

or email: celia.ramnath@cumbriamethodists.org.uk

Circuit Pastoral Worker: Dean Lawson: 07897 736024

or email: dean.lawson@cumbriamethodists.org.uk

Circuit Office: 01768 862787 or email: admin@penrithmethodist.co.uk

(Open 9am - 1pm, Monday to Friday)

Circuit Operations and Administrative Manager: Sarah Mulheron-Summers

Circuit Administrative Assistant: Niamh Ryan

Premises Manager: Lindsay Wilson

Eden Debt Centre Manager (CAP): Jen Dixon: 07799 271710

or email: jendixon@capuk.org

Debt Coach: Jo Varley: 07464 939138

or email: jovarley@capuk.org

Cottage Wood Centre - Please send a request to join our Facebook group.

East of Eden Mission Community Website: www.eastofedenmc.org.uk

PMC Website: www.penrithmethodist.co.uk

Find our Sunday services on YouTube

Follow us on Twitter @PMCmethodists and on Facebook

Let's stay connected with one another!

