



**Cumbria
Methodist Circuit** East Cumbria Area

Sunday 11th January

Epiphany



We know that to 'have an epiphany' describes a significant moment of realisation or understanding which leads to a change of attitude and/or behaviour.

Many Christians this week centred their worship and devotions around the Feast of Epiphany on Jan 6th - focusing attention on the manifestation of God to the world in the person of Jesus Christ - something that has been practiced since the early church, possibly even before Christmas Day itself was a thing.

And we have good reason to celebrate with the foreign Magi who play no small part in the Nativity narrative: like them, most of us have no ancestral connections to the promises made by God to the patriarchs and prophets of Israel. The universal message of who Jesus is and why he has come was and continues to be the revelation the world needs to hear.

We need to keep going back and delving deeper into the extraordinary truth of God's ongoing presence and commitment to his creation and his flawed church.

Whether we are able to attend a Covenant Service or not this year, let us keep close the liturgical refrain 'with joy we offer ourselves anew to you' as our personal and collective response to the epiphany.



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*Shane McNicol*

### **Zoom Prayer Meetings**

As we start the New Year an invitation to join us as we pray, silently or spoken. We mainly focus on PMC/ Cumbria Circuit needs and any wider situation on our hearts, knowing prayer changes things.

**Meeting ID** 955 474 1253  
**Password** 2YaB4F

Hope you can be with us as and when.





### Penrith

**10.30am** ~ Morning Communion – Rev Julia Reid

### Skelton

**10.30am** ~ Morning Worship – Rev Andrew Callaway

### Stainton

**10.30am** ~ Morning Worship – Mr Lawrence Tomlinson

### Cottage Wood Centre

**5pm** ~ Early Evening Communion – Rev Julia Reid

### Patterdale

**10.30am** ~ Morning Worship – Mr Morgan Tebb-Roger

### Renwick

**5pm** ~ Early Evening Worship – Rev David Newlove

### Alston Moor

**11am** ~ Morning Covenant – Rev Mary Elliot

### Gambleby

**10am** ~ Little Acorns

**2pm** ~ Afternoon Covenant – Rev David Newlove

### Kirkoswald

**10am** ~ Morning Covenant – Rev David Newlove

***There are alternative Anglican services available.***

***For details, please see the EEMC website: [www.eastofedenmc.org.uk](http://www.eastofedenmc.org.uk)***

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Week of Prayer for Christian Unity

Christians Together in Penrith have a daily service in the WPCU across the different churches in town. All are at 12:30, following the material provided by WPCU, and are followed by tea/coffee. Please do support as many as you can.

Monday – Salvation Army; **Tuesday** – PMC; **Wednesday** – St Andrews (Anglican); **Thursday** – Quakers; **Friday** – St Catherine's RC; **Saturday** – Christ Church (Anglican)

Please note that there will **no 10am Tuesday morning service at PMC on Tuesday 20th January**...but please do come along at 12:30 instead.





Monday 12th January

9.25am ~ Monday Walks – Meet outside PMC

6pm ~ Choral Group – Sandgate/PMC

7.30pm ~ Penrith Music Club Concert – Church/PMC

7.30pm ~ Zoom Prayer Meeting –

All are welcome to join, please use the Meeting ID below,

Meeting ID: 955 474 1253

Password: 2YaB4F

Tuesday 13th January

10am ~ 'He Brews' Coffee Club – Gamblesby Methodist Chapel

10am ~ Morning Covenant – Rev Julia Reid – Church/PMC

1.30pm ~ Prayer Meeting – Church/PMC

7pm ~ Blencow HG – The Hollies, Blencow (*We meet twice monthly at 7pm on a Tuesday. Contact Steve on 07711 088448 for further details.*)

7pm ~ Omega House Group – Sunningdale, Stainton

7pm ~ Youth Club – Ullswater/PMC

Wednesday 14th January

10am ~ 3C's – Cottage Wood Centre

1.30pm ~ Wednesday Get Together - Skelton Methodist Church

7.30pm ~ Living Room HG, contact Morgan for details

Thursday 15th January

10am ~ Knit Craft and Natter Group – Stainton Methodist Church

10.15am ~ Meeting Point – Langwathby Methodist Church

2pm ~ Parklands HG – Upper Link/PMC

7.30pm ~ Thornton HG – (*Contact Charlie for info at 07846 597163/cfthornton1@aol.com*)

Friday 16th January

12 noon ~ Lunch Club – Ullswater/PMC

Sunday 18th January

Penrith: 10.30am Social Justice Service

Skelton: 10.30am Morning Communion – Rev Julia Reid

Stainton: 10.30am Morning Worship – Rev G Dugmore

Cottage Wood: 5pm Early Evening Worship – Rev David Newlove

Alston Moor: 11am Morning Worship – David Pepin

Langwathby: 11am Morning Covenant – Rev Ros Watson

Update on Thelma

Dear Friends,

We're writing to thank our many friends at PMC for all your kind thoughts, notes and cards which in recent weeks have been such a comfort and encouragement to us. Thelma's illness continues under chronic control, but hopefully when the better weather arrives she'll be able to get around more and enjoy working in our re-vamped garden.

With love to you all in the hope you'll keep in contact.

Thelma & Graham Allan



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## Penrith Music Club – Tchalik String Quartet (Quatuor Tchalik)

**Monday 12<sup>th</sup> January at 7.30pm at PMC**

Based in France and with a Franco-Ukrainian background, the quartet is unique in consisting of four brothers and sisters, Gabriel, Louise, Sarah and Marc, and in playing on custom- designed instruments by Philip Mitéran, which gives them a very personal sound identity.

In the decade since their formation the Quatuor Tchalik has gained an international reputation for its performances of Mozart quartets and for its championship of the works of lesser composers such as the early 20<sup>th</sup> century French composer Reynaldo Hahn, whose Quartet no,1 will feature in the concert,

Tickets are £20 in advance or at the door (£5 for students)

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“Meeting Point”
Gathering for Coffee & Conversation

**...from 10.15, Thursday, 15th January
at Langwathby Methodist Church
Visitors welcome!**

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You are welcome to join us for our first “ All Together Fellowship “  
meeting of 2026 .... **at 2pm in church on Monday January 19th.**

Our time together will begin with a short act of worship.

THE LIFE OF A  
METHODIST  
MINISTER



What is a  
Methodist ??

What do you  
actually do ??

These two, and other frequently asked questions, are what Rev Julia  
will attempt to answer in our fellowship gathering today.

She looks forward to getting to know us better and talking about her  
life and faith journey so far.

**PLEASE NOTE that we meet again on **Monday, February 16th.****

Andrew Callaway's talk is entitled “ Just say a few words “  
He will take us on the journey which turned a tongue-tied youth  
into a confident speaker.

If anyone hasn't got a programme of meetings from January to June and  
would like one, please ask us.

John & Margaret



## Communal Christmas Card

Thank you to all who donated to All We Can and signed the large card in the Back Crush. £140.00 was raised.

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Easy Eco Tip – January:

The RSPB's Big Garden Birdwatch

(Friday 23-Sunday 25 January) is the world's largest garden wildlife survey! Last year, nearly 600,000 people took part and over nine million birds were counted. We've lost a staggering 38 million birds from UK skies in the last 60 years. With birds facing so many challenges, it's more important than ever to get involved in the Birdwatch. To take part, spend one hour counting the birds you see in one location – your garden, balcony or a local park. Submit your findings to the RSPB. You can download a free guide and ID chart to help you identify the birds you spot on the RSPB website. Find out more at: rspb.org.uk/whats-happening/big-garden-birdwatch



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## Ukraine

In spite of hopes and promises, Ukraine still desperately needs our help. Some of the urgent and ongoing needs are:

- Soap
- Shampoo
- Toothpaste
- Toothbrushes
- Paracetamol
- Washing Powder
- Nappies for babies
- Sanitary Towels
- As always, CANDLES (Preferably plain wax ones, either new or partly used)



If you can give just one of these items you will be making someone's life a little bit easier.

Many thanks.

## Thought for the week...



### Contact Details:

**Circuit Superintendent Minister:** **Rev David Newlove:** 07989 198487

or email: [revdavidnewlove@gmail.com](mailto:revdavidnewlove@gmail.com)

#### **Ministers in Pastoral Charge:**

**Rev Julia Reid:** 07483 932647 or email: [julia.reid@methodist.org.uk](mailto:julia.reid@methodist.org.uk)

**Rev Ros Watson:** 07923 044709 or email: [ros.watson@methodist.org.uk](mailto:ros.watson@methodist.org.uk)

**Pioneer Enabler: Morgan Tebb-Roger:** 07949 156051

or email: [outreach@penrithmethodist.co.uk](mailto:outreach@penrithmethodist.co.uk)

**East Fellside Local Lay-Pastor: Celia Ramnath:** 01768 639971

or email: [celia.ramnath@cumbriamethodists.org.uk](mailto:celia.ramnath@cumbriamethodists.org.uk)

**Circuit Pastoral Worker: Dean Lawson:** 07897 736024

or email: [dean.lawson@cumbriamethodists.org.uk](mailto:dean.lawson@cumbriamethodists.org.uk)

**Circuit Office:** 01768 862787 or email: [admin@penrithmethodist.co.uk](mailto:admin@penrithmethodist.co.uk)

(Open 9am - 1pm, Monday to Friday)

**Circuit Operations and Administrative Manager: Sarah Mulheron-Summers**

**Circuit Administrative Assistant: Niamh Ryan**

**Premises Manager: Lindsay Wilson**

**Eden Debt Centre Manager (CAP):** Jen Dixon: 07799 271710

or email: [jendixon@capuk.org](mailto:jendixon@capuk.org)

**Debt Coach:** Jo Varley: 07464 939138

or email: [jovarley@capuk.org](mailto:jovarley@capuk.org)

**Cottage Wood Centre - Please send a request to join our Facebook group.**

**East of Eden Mission Community Website:** [www.eastofedenmc.org.uk](http://www.eastofedenmc.org.uk)

**PMC Website:** [www.penrithmethodist.co.uk](http://www.penrithmethodist.co.uk)

**Find our Sunday services on YouTube**

**Follow us on Twitter @PMCmethodists and on Facebook**

**Let's stay connected with one another!**

