

# Penrith Methodist Circuit

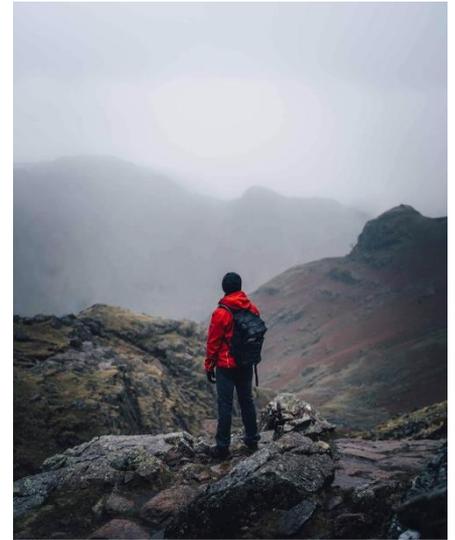
## Weekly Bulletin

### Sunday 24<sup>th</sup> July 2022



#### Standing the Test

A friend and I like going out and hiking in the lakes. We try to make a habit of it in the winter months when we've got a bit more time on our hands. Incidentally, we run into some pretty poor weather and more than once we have found ourselves walking up the side of a mountain slap bang in the middle of the storm (one of us should probably learn to check the weather forecast). However, through these experiences where we've been forced to put our heads down and carry on walking, we've seemed to have become conditioned to be quite resilient to whatever it is that the weather or indeed life has to throw at us.



Resilience isn't something we're born with. Like most things, we have to practice resilience and be willing to be put in situations where it is built up and strengthened.

I think resilience and faith go hand in hand. We live in a world today that calls us to stray from the teachings of Jesus and the lessons that we know keep us on the right path. We are constantly having to stand strong and say 'no, that's not the life that God calls me to lead'.

Flip that on its head. When it comes to the inevitable struggles and storms of life that are thrown at us, our faith is something that helps us to be resilient. That utter confidence that God is with us and that we are loved no matter what we are going through helps us to stand firm in those hard times and show our resilience.

James 1:12 says "Blessed is the person who remains steadfast under trial, for when they have stood the test they will receive the crown of life, which God has promised to those who love Him."

God blesses us because of our resilience and at the same time resilience is a blessing. However, we must be careful that resilience does not turn into stubbornness. Because believe it or not, there is a difference.

Resilience is defined as **'the capacity to recover quickly from difficulties; toughness.'** Whereas stubbornness is **'having or showing dogged determination not to change one's attitude or position on something, especially in spite of good arguments or reasons to do so.'**

Two very different things. When we are resilient, we are accepting the situation that we are in and dealing with it as we continue to flow with the river of life. When we are stubborn, we are fighting that current and refusing to move with that flow.

Stubbornness prevents us from having an open mind which in turn shuts us off from what God may be calling us to. Whereas resilience allows us to have an open mind and not have our entire faith shaken when something unprecedented comes along.

My prayer is that we can continue to set an example of resilience in our life and our faith so that others may learn and that future generations may grow up having a greater resilience to life's struggles and the big questions that come up on our journey of faith.

*Morgan Tebb-Roger  
Pioneer Minister*



**Penrith Methodist Church**

**10am - 10.20am** ~ Pre-Service Worship

**10.30am** ~ Morning Worship ~ Rev. Tim Cooke

**Readings:** Psalm 139: 1 - 12; Ephesians 3: 14 - 21

**Skelton Methodist Church**

**10.30am** ~ Morning Worship ~ Mr. Morgan Tebb-Roger

**Stainton Methodist Church**

**10.30am** ~ Morning Worship ~ Mrs Carolyn Dickinson

**Cottage Wood Centre**

**5pm** ~ Zoom Sharing Service ~ contact Carolyn Dickinson for log in details - (email: [fraser.carolyn4@gmail.com](mailto:fraser.carolyn4@gmail.com))

## Weekly Diary:

### Monday 25<sup>th</sup> July

**9.30am** ~ Monday Walks – Meet outside PMC

**11am** ~ 4Fs – Ullswater/PMC

**No** Choral Group

**7.30pm** ~ Monday Zoom Prayer

### Tuesday 26<sup>th</sup> July

**10am** ~ Midweek Service with Communion – Rev. Tim Cooke – Church/PMC

### Wednesday 27<sup>th</sup> July

**1.30pm** ~ Sewing Craft Group – Skelton Methodist Church  
Blencow HG – Please ring for further details (07711 088448)

### Thursday 28<sup>th</sup> July

**7.30pm** ~ Property Meeting – Beacon/PMC

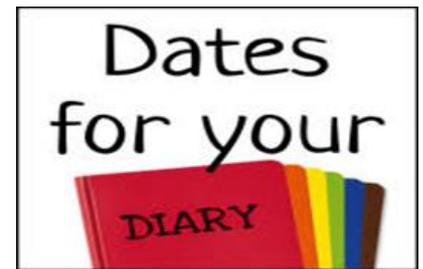
### Sunday 31<sup>st</sup> July

**Penrith: 10.30am** ~ Morning Worship & ACM ~ Rev. Tim Cooke

**Skelton: 10.30am** ~ Communion ~ Rev. David Milner

**Stainton: 10.30am** ~ Morning Worship ~ Mrs Lois Morton

**Cottage Wood: 5pm** ~ Early Evening Worship ~ Rev. David Milner



## Thought for the Week



## Reminders for this week

### Annual Church Meeting at PMC

We are incorporating this important meeting into our Morning Worship next Sunday, 31<sup>st</sup> July.

We invite all members and friends to attend to reflect on the last 12 months and spend time thinking about where God is leading us.

*The ACM Booklet containing all the group reports has been sent out by email and is on our website. There is also a printed copy in reception if you wish to have a look at it. If you require your own printed copy, please contact us in the Circuit Office.*



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### Afternoon Tea

Well, summer seems to have appeared at last and to celebrate this, Bryan and Ruth Gardiner are hosting an Afternoon Tea from 2.30pm to 5pm on Sunday 31st July at their home at 18 Croft Terrace, Penrith.

The event is open to all ages - those who wish to enjoy tea in their garden with splendid views over the Lakeland fells or the more energetic can join in games in the field above their home.

Whilst there is no specific charge for the event, donations in aid of 4Fs will be most welcome.

To assist with catering arrangements, it would be helpful if an indication of an intention to attend could be made to Ruth on Penrith 863412.

In the unlikely event of inclement weather, the event will still take place in the Ullswater Hall at PMC.

We are looking forward to an afternoon of delicious food, fun and fellowship.

Hope to see you there!



# MIDWEEK

FEED THE BODY • FEED THE SOUL

## Change of Venue for Tuesday Service

The service on **Tuesday 2<sup>nd</sup> August** will be at Stainton Methodist Church as Holiday Club will be taking place at PMC. Kathleen Williamson will lead this service.

If anyone can offer a lift or requires one, please contact the Circuit Office.

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## Carlisle Refuge Food Collection

A **BIG** thank you for a **BIG** collection of food, household items and cash donations  
*(it was more than a tin of beans!)*

Thanks,  
Keith and Jeanette Scott .



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## Coffee donations for Centrepoint

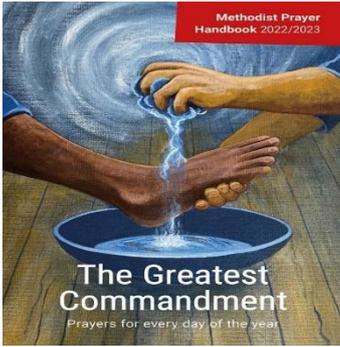
Last week, Centrepoint @PMC did the coffee after the Sunday service raising money for Centrepoint, the national charity who work to protect and support homeless youth in our big cities.

Having looked at the work of our namesake in a previous week, it seemed a fitting cause, as we sleep safe and secure in our own beds.

We are so grateful to the congregation at PMC for the donations you made this last week and for the coffee donation given to the cause the previous week. All in all, we will be sending a donation for £140.97.

From all at Centrepoint @PMC.





## Prayer Handbook 2022/23 – Final Reminder

'The Greatest Commandment', the new Prayer Handbook, will be available to order until **31st July** on the list in reception.

The price is £4.15 per copy for a bulk order.

Best wishes, Judith Joyce.

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**10AM-12PM AUG 1ST-5TH**  
**SIGN UP HERE:**

[www.penrithmethodistchurch.co.uk/holidayclub](http://www.penrithmethodistchurch.co.uk/holidayclub)

OR CONTACT:

[outreach@penrithmethodist.co.uk](mailto:outreach@penrithmethodist.co.uk)



## **The Chaplain at Methodist Homes for the Aged**

I am privileged to have been working for MHA for nearly four years as a Chaplain, in both a Care Home and a Retirement Living Complex. MHA is one of the few social care organisations who have Chaplains in nearly every location, due to its roots being in the Methodist Church since 1943, and it is now the largest charity care provider in the UK. Its mission is to enable people to 'live later life better'.

My role as Chaplain is to oversee the spiritual care of the residents, their families and the staff. This is far more than conducting services, prayer meetings or a bible study.

As Chaplain we are there for everybody – people of faith (whatever the denomination or religion) and also for people who do not acknowledge faith. Spiritual care encompasses not only the religious aspects, but the general sense of wellbeing and mood of an individual.

Getting to know people and building relationships does often require sitting drinking tea and chatting, not often about religious matters but life in general – things which matter to them, the news or nearly anything under the sun.

The changes each person experiences when moving into a care home or requiring a further level of support to live, is often a challenge to cope with or adjust to. Losing some level of independence whether physically, or of personal responsibility or mobility, is a form of bereavement and as Chaplain I am there to accompany them on the journey, to be their companion in the spiritual sense.

There is also the case for preparing for the final physical parting which death brings. A subject which as a nation we tend not to discuss and which MHA is working at to bring the conversation into the open. It is a privilege to accompany a person, and their family, through this emotional, personal time.

To be in a role where people invite me into the 'best of times and worst of times' is a privilege. One which allows me to live out my faith as a follower of Christ. Drawing on my life's experiences and skills each day to give to others and trust in God's mercies which are new every morning.

Tracy Temple, MHA Chaplain.

***\*Donations towards the work of MHA can be returned in the offering this Sunday. Please ask the stewards for an envelope if you missed getting one last week.***



## Recycling for Good Causes

A reminder that I will be sending off the final bag of these items in August so please fill the blue box in reception with as much as you can before the end of July.

Thank you for all your contributions over the years towards the work of Traidcraft.

Heather Tomlinson.

## Contact Details:

**Superintendent: Rev. Tim Cooke:** 01768 890465 or  
email: [tim.cooke@methodist.org.uk](mailto:tim.cooke@methodist.org.uk)

**Circuit Minister: Rev. David Milner:** 01768 863209 or email: [dave@revmilner.plus.com](mailto:dave@revmilner.plus.com)

**Missional Pioneer & Communities Lay Pastor: Morgan Tebb-Roger:** 07949 156051  
or email: [outreach@penrithmethodist.co.uk](mailto:outreach@penrithmethodist.co.uk)

**Circuit Office:** 01768 862787 or email: [admin@penrithmethodist.co.uk](mailto:admin@penrithmethodist.co.uk)  
(Open 9am - 1pm, Monday to Friday)

### Pastoral Team:-

**Angela Wicker:** 01768 881357; **David & Karen Lee:** 01768 868428

**Lucy Pullan:** 01768 898386; **Gareth & Averil Cozens:** 01768 210589

**Morgan Tebb-Roger:** 07949 156051; **Ruth Gardiner:** 01768 863412

**Eden Debt Centre Manager (CAP) ~ Jon Cook:** 07464 939138  
or email: [joncook@capuk.org](mailto:joncook@capuk.org)

**Cottage Wood Centre - Please send a request to join our Facebook group.**

**PMC Website:** [www.penrithmethodist.co.uk](http://www.penrithmethodist.co.uk) **All services are on You Tube**

**Follow us on Twitter @PMCmethodists and on Facebook**

**Let's stay connected with one another!**

